

## LENT PEACE THOUGHTS

This weekend marks Eid al-Fitr, the celebration that concludes the Islamic holy month of Ramadan for Muslims around the world.

This year, the season of prayer and fasting unfolded in the shadow of war and ongoing violence.

In the West Bank, many communities continue to face tensions and attacks from settlers and the Israeli Occupying Forces.

This week, a family of 6, was targeted by the IOF - mum, dad and two children, aged 5 & 7, were killed from shots to the head. Two other siblings survived. They were driving home from a shopping trip to buy their Eid clothes and gifts.

In the Gaza Strip, many families have broken their fast amid blockade, displacement, and severe shortages of food and basic necessities.

These realities remind us that faith is lived not only in prayer, but also in the daily struggle for dignity, justice, and the right of people to live in peace.

**God of justice and compassion,**

**we lift in prayer our Muslim siblings as they celebrate Eid.**

**In a world marked by injustice and violence, help us to stand with those who are oppressed, hungry, and displaced.**

**Bless the families and communities who gather to mark this holy occasion, and grant them protection, dignity, and moments of joy.**

**Strengthen in all of us the courage to resist injustice, to defend the sacredness of life, and to build a future rooted in justice, peace, and shared humanity.**

**Lord in your mercy..... hear our prayer.**

## TV WITH A CONSCIENCE

### SUNDAY 10.15pm ITV1: THE FOREVER CHEMICAL SCANDAL

Follows the residents of Bentham, North Yorkshire as they undergo tests to discover if dangerous chemicals from a local factory have entered their bodies.

### MONDAY 8.00pm BBC1: LIVING WITHOUT LIFE'S LITTLE LUXURIES

What are the consequences for communities and everyday life of the cost-of-living crisis?

### MONDAY 9.00pm BBC2: CLASH OF THE SUPERPOWERS

An exploration of how the USA and China have become locked in a battle for global power and influence.

### THURSDAY 7.30pm ITV1: BRITAIN'S STEROID BOOM

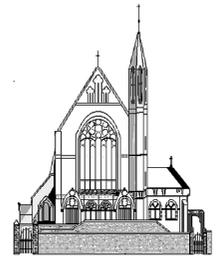
With nearly a million Brits suspected of using performance enhancing drugs, are the dangers of steroids being ignored?

Registered Charity **232709**



## **THE PARISH OF ST MICHAEL AND SACRED HEART**

**Fr. James Nugent Pastoral Area**  
St Michael's Church, Horne St, L6 5EH  
Sacred Heart Church, Low Hill, L7 8TN  
Tel: 0151 263 6578



## 21st & 22nd March 5th Sunday of Lent Year A p.171

### MASS TIMES

Monday 9.00am Sacred Heart

Tuesday 9.30am St Michael's

Tuesday Funeral Gary Parker 1.30pm Service St Michael's

Wednesday 12 noon Funeral Eileen Thompson St Michael's

Thursday 7.00pm St Michael's

Saturday 6.30pm Sacred Heart

Sunday 10.30am St Michael's

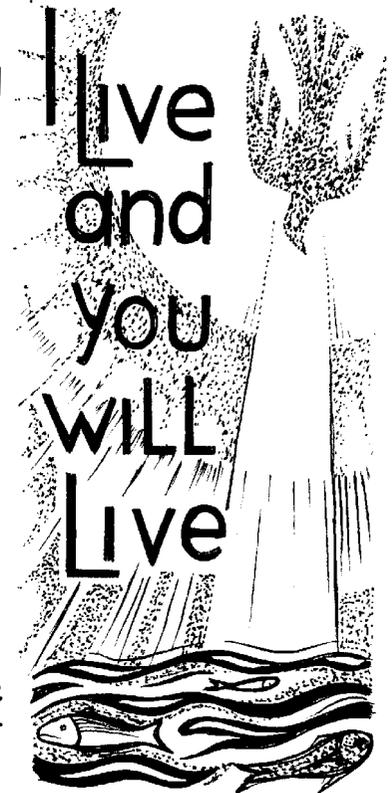
### GOSPEL THOUGHTS John 11:1-45

Tadpoles become frogs, eggs reveal chickens and caterpillars become butterflies. Grandchildren can be consoled by believing grandma is now one of those stars in the sky.

Jesus can see that some people are planning his death when an opportunity arises where he can help, not only his friends, but also himself to cope with his death.

Caught up in the fear and grief that comes with death, Jesus confuses the whole situation and mixes life and death in a shocking episode.

It is our turn to meet horrible death when it comes - confused yet hopeful, with Jesus help.



### REMEMBERED...during Mass

John Peers, Gary Parker, Eileen Tompson,  
Anthony Hughes, Anthony Perry, Eamonn Burke.

Please keep these families in your prayers.

### STATIONS OF THE CROSS

Stations of the Cross, Fridays during Lent, 6.30pm at St Michael's Church.

### CAFOD LENT FAMILY FAST

This Lent, let's live out the Gospel call to love our neighbour.

By fasting and giving what we save, we join in Christ's compassion to help other families put food on their table. Your donation will help families around the world grow food in difficult conditions. Please take a CAFOD envelope to bless others with your support and return at the Offertory Collection.

You can also donate online at [cafod.org.uk/envelope](http://cafod.org.uk/envelope)  
or call 0303 303 3030. Thank you!

### LIVERPOOL FRIENDS OF PALESTINE

Gwyn Daniel, eminent psychotherapist and member of the UK- Palestine Mental Health Network will speak on **'TRAUMA AND COLLECTIVE 'SUMUD' (STEADFASTNESS) IN A TIME OF GENOCIDE'** on **Wednesday 25<sup>th</sup> March, 6.30pm** at the Crawford Centre, Upper Warwick Street, L8 3DN (use Gwent Street entrance).  
All are welcome.

### LEAFLETING:

At Barclays Bank, Lord Street, Monday 23<sup>rd</sup> March, 1.30pm, highlighting the bank's role in financing Israeli apartheid and inviting customers to move their accounts.

### PALESTINE MONTHLY MARCH

Sunday, 5<sup>th</sup> April at 2.00pm from the RC Cathedral to Derby Square where there will be speakers.

### SPRING FORWARD

A gentle reminder that the clocks go forward 29 March 2026 at 1:00am going to 2:00am for the start of British Summer Time.

### EASTER SERVICES

The most important feast of the year is Easter.

The ceremonies of Palm Sunday, Holy Thursday, Good Friday and Easter Sunday are very special for all of us.

A procession on Palm Sunday, washing of feet on Thursday, vigil at the Cross on Good Friday and Mass (Saturday night into Sunday morning) with all the happiness of Easter Sunday. Please join us!

### UPCOMING ACTIVITIES

Stations of the Cross Each Friday during Lent 6.30pm St Michael's

### HOLY WEEK

PALM SUNDAY 29<sup>th</sup> March

HOLY THURSDAY: 7.00pm St. Michael's

GOOD FRIDAY: 3.00pm Sacred Heart

EASTER VIGIL: 11.00pm St. Michael's

EASTER SUNDAY MORNING: 10.30am St. Michael's

### COMPANIONS FOR EUCHARISTIC MINISTERS

We are asking for adult visitors to the housebound, if you have a spare hour.  
Please let Fr. Fitz know if you can be part of this.

### SAFEGUARDING TEAM

The DBS is an essential process to be completed.  
All our parishioners who support the children, housebound and vulnerable in our parish are being checked.

### LECTIO FOR YOUNG ADULTS

A lectio prayer group for young adults meets every Friday at 6:00pm at St Vincent's Church, L1 5JN. For more information, contact James: [djmoroney@cantab.net](mailto:djmoroney@cantab.net) or call 07546667394.

### LENT TALK AT ST FRANCIS XAVIER

On Monday, 23<sup>rd</sup> March, 7-8pm, join Fr Chris McCoy at SFX for a talk about making sense of the Resurrection.

For more info. contact

Sarah McGeehan on [s.mcgeehan@rcaol.org.uk](mailto:s.mcgeehan@rcaol.org.uk) or 07415 099048

### PILGRIMAGE THROUGH LENT

You are invited to a series of Lenten Evenings at the Irenaeus Centre, 32, Great Georges Road, L22 1RD on Tuesdays at 7pm, 24<sup>th</sup> March. You can join via Zoom. For more info. contact [centreirenaeus@gmail.com](mailto:centreirenaeus@gmail.com) or ring Jenny on 0151 949 1199

### SVP

The SVP is an important part of parish outreach. The collection is the first weekend of each month. You are very generous.

Thank you.

### CUPPA AFTER MASS

Please join us after mass in the Parish Room on Sunday mornings for a cuppa, a biscuit and a chat. All are welcome.