

PEACE SUNDAY THOUGHTS

On Peace Sunday, Pope Leo encourages us:

'Dear friends, with the grace of Christ, let us begin today to build a year of peace, disarming our hearts and refraining from all violence.'

'If you wish to draw others to peace, first have it yourselves; be steadfast in peace yourselves. To inflame others, you must have the flame burning within yourselves.'

'In an age of fear, division, and rising militarization', the Pope urges 'a disarmament of the heart,' inviting every person and community to become a house of peace, where love is stronger than power and goodness disarms the world'.

Lord, make me a channel of disturbance.
Where there is apathy, let me provoke;
where there is compliance, let me bring questioning;
where there is silence, may I be a voice;
where there is too much comfort and too little action,
grant disruption;
where there are doors closed and hearts locked,
grant the willingness to listen.
When laws dictate and pain is overlooked,
when tradition speaks louder than need,
grant that I may seek rather to do justice
than to merely talk about it.
Disturb us, O Lord, to be with, as well as for, the alienated;
to love the unlovable as well as the lovely.
Lord, make me a channel of disturbance!
Make me a channel of your peace!

Author Unknown

TV WITH A CONSCIENCE

MONDAY 8.00PM BBC1: MAXED OUT: THE CREDIT CARD TRAP

Explores the hidden risks of easy credit, asks if regulators are doing enough to help and, using personal stories, explains how to avoid unnecessary debt.

TUESDAY 9.00PM C4: ZOMBIE KNIVES

Shocking investigation into the epidemic of knife crime violence in the UK, which has left 97 young people murdered in the past year.

TUESDAY 10.00pm C4: THE SECRET OF ME

Incredible story of Jim Ambrose, whose search for answers about his sexuality, uncovered a disturbing global medical scandal.

THURSDAY 10.00PM C4: PALESTINE ACTION: TRUTH ABOUT THE BAN

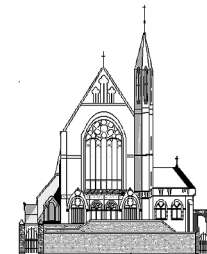
Investigates why the government proscribed them alongside ISIS and neo-Nazis.

Registered Charity **232709**



THE PARISH OF ST MICHAEL AND SACRED HEART

Fr. James Nugent Pastoral Area
St Michael's Church, Horne St, L6 5EH
Sacred Heart Church, Low Hill, L7 8TN
Tel: 0151 263 6578



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MASS TIMES

Monday 9.00am Sacred Heart
Tuesday 9.30am Communion Service St Michael
Wednesday 12noon Unity Service Sacred Heart
Thursday 7.00pm St Michael
Saturday 6.30pm Sacred Heart
Sunday 10.30am St Michael's

GOSPEL THOUGHTS

It is in families, where love and service are practised, that safety, comfort and peace are to be found. During Mass we all wish each other "The peace of the Lord" and turn to each other with a sign of peace.

Peace, to people of faith, is evidence of God's presence. The power of God is made present among us at every mass when Jesus, full of love and forgiveness, serves the whole global family with giving us a share in God's Eternal Life.

In our present 'dark times,' we are asked to believe that Peace is only possible by possessing lots of guns and nuclear weapons. That kind of "peace" is sustained with threats of violence and destruction and built on fear. Such peace is only for 'some' and not for 'all'. The Catholic Church teaches a reconciliation for the family of all humanity; God's gift made clear in the Easter story.



REMEMBERED...during Mass

Stephen McGuinness, Veronica McArdle, Andrew Howarth,
Margaret Cushion, John Cox,
Please keep these families in your prayers.

WE CELEBRATE PEACE SUNDAY!

Today, our masses, will help us reflect on Pope Leo's World Peace Day Message, 'Peace be with you: Towards an Unarmed and Disarming Peace', using specially chosen prayers and hymns to help us pray for peace in our hostile world.

Visit the Children's Memorial on Our Lady's Altar
and light a candle for peace!

Please also, take a copy of Pope Leo's message from the back of church or find it, and other peace resources at www.paxchristi.org.uk

PEACE LECTURE, 2.00PM, TODAY AT ST. VINCENT'S, L1 5JN.

Dr Joanna Frew will speak on the theme. All are welcome.

ARCHDIOCESAN YOUNG ADULT GROUP

The young adult group meetings resume at the Pauline Book Centre, Church Street, L1 3AY, 6.30-8.00pm, for more faith-based talks on:

Tuesday, 3rd February, with Fr. Peter McGrail

Tuesday, 17th February, with Fr. Ron Johnson

All, aged 18-35, are welcome to attend.

ACTION FOR PALESTINE

LEAFLETING: Barclays Bank, Lord Street, Monday 19th & 26th January, 1.30pm, highlighting the bank's role in financing Israeli apartheid and inviting customers to move their accounts.

CHILDREN'S WALK FOR GAZA, Saturday, 24th January, Sefton Park, 1-3pm. A family-friendly children's walk bringing communities together to support vital aid for Gaza. Just turn up on the day. All are welcome!

PEACE MARCH: Sunday, 1st February, 2.00pm starting at the RC Cathedral.

CONFIRMATION REGISTRATION IS OPEN!

Any young person (Year 8 and above) who wishes to be confirmed in 2026, should complete the registration form with their parent/guardian at: www.liverpoolcalled.co.uk/confirmation. You will be contacted after 13th February when registration closes (probably after Easter), with news about meetings in our area. Any queries, please see Fr. Fitz.

SVP

The SVP is an important part of parish outreach.
The collection is the first weekend of each month.
You are very generous. Thank you.

UPCOMING ACTIVITIES

WEEK OF PRAYER FOR CHRISTIAN UNITY 12NOON

Monday 19th January, L'Arche, Lockerby Road

Tuesday 20th Jan. St Francis of Assisi, Newsham Park
(must arrive early to sign in)

Wednesday 21st Jan. Sacred Heart Church, Nr the hospital

Thursday 22nd Jan All Saints, Sheil Rd.

Friday 23rd Jan. Alive Believers, Boaler Street.

For prayers and fellowship (Soup & baps)

COMPANIONS FOR EUCHARISTIC MINISTERS

Safeguarding regulations insist that Eucharistic Ministers do not visit people alone. We are therefore asking for people who are not Eucharistic Ministers but who have some time to give to this work each month to consider this role. Accompanying our Eucharistic Ministers will be a way of serving those in our community who are unable to attend church but wish to receive the sacrament. Please let Fr. Fitz know if you can be part of this.

MARRIAGE AND FAMILY LIFE MASS

Sunday 8th February 2026, 11.00am at the RC Cathedral.

It will include the renewal of marriage vows and a special blessing for those celebrating significant anniversaries. Refreshments afterwards.

If you are celebrating a significant wedding anniversary, please register online for a certificate, which you can collect on the day

at: [HTTPS://FORMS.OFFICE.COM/E/UE6AMHRQ6W?ORIGIN=LPRLINK](https://forms.office.com/E/UE6AMHRQ6W?ORIGIN=LPRLINK)

For more info. contact Moses at: m.mui@rcaol.org.uk

'OLD AND NEW' REFLECTIONS ON THE GOSPEL OF MATTHEW

at the Irenaeus Centre, Great George's Road, L22 1RD,

10:30-12:noon on, 21st, 28th, January and 4th February.

Zoom links are available from jenny@irenaeus.co.uk

DEANERY SYNODAL PROCESS

Any parishioners interested in representing the deanery at Synodal Meetings and learn more about decision making.

Please speak to Fr Fitz or Ann O Connell
who can tell you more about the role.

KNITTING / CROCHETING FOR THOSE IN NEED

Thank you to all those who have used their skills to contributed with knitted /crocheted squares, blankets and wool.
In 2025 we have sent over 150 blankets to Armenia, Africa and Gaza.
A fantastic achievement!