

# Headteacher's Message

Friday 7th February

Dear Parents and Carers,



The Y6 children have had a wonderful 3 days at their PGL Residential. We will be back next week with a full update on what they got up to in the Newsletter. For now, here are a few photos of just some of the exciting activities. We know we've made some lovely core memories that will last a lifetime!



## Valentines raffle



We will have a Valentines raffle for pupils next week. There will be loads of raffle prizes for children e.g. valentines chocolates/treats/toys/ gifts. Children can buy a maximum of one raffle ticket for 50p and all tickets will go in a draw next Friday 14th February.

All money raised will go to **Zoe's place**.

**Bring your Parent/Carer to lunch :** The next date for Bring your Parent/Carer to lunch is Thursday 13th February for Year 4. The lunch for the adult is free. One adult per child (parent/carer/ family member 18+).

A google sign up form has been sent to year 4 group parents/ carers. You must sign up to join us. We need to have numbers in advance for catering , safeguarding and risk assessment purposes.

The google form will include the menu for the day. Please make sure to ask questions if you have any allergies or intolerances.

Year Group	Date	Time
Year 4	Thursday 13 <sup>th</sup> Feb	12.15pm
Year	Thursday 6 <sup>th</sup> March	12.15pm
Year 6	Thursday 27 <sup>th</sup> March	12.15pm
Year 2	Thursday 8 <sup>th</sup> May	11.45pm
Year 1	Thursday 19 <sup>th</sup> June	11.45pm
Reception	Thursday 3 <sup>rd</sup> July	11.45pm

**Spring Half Term:** School closes at 3.20pm on Friday 14th February and Re-opens on Tuesday 25th February 2025

Have a lovely weekend.

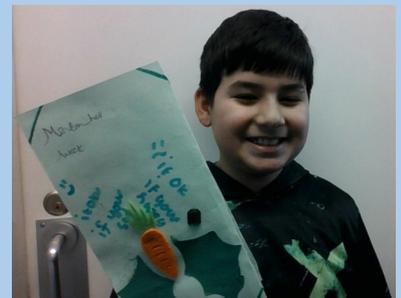


## Panathlon: Boccia

On Monday, we had two teams entered into the Panathlon Boccia tournament at Greenbank Sports center. The children really enjoyed the competition and did themselves proud. We had one team go out admirably at the group stages, and another team made it through to the quarter finals. The winners and runners up would go to the regional finals, so the standard of competition was very high. We are very proud of their achievements.



As part of Children's Mental Health Week 2025, we have been taking part in workshops, online zooms and lessons based around mental health. Some of the work the children have produced has been really insightful. We all wore green on Friday to raise awareness that children's mental health is of utmost importance.



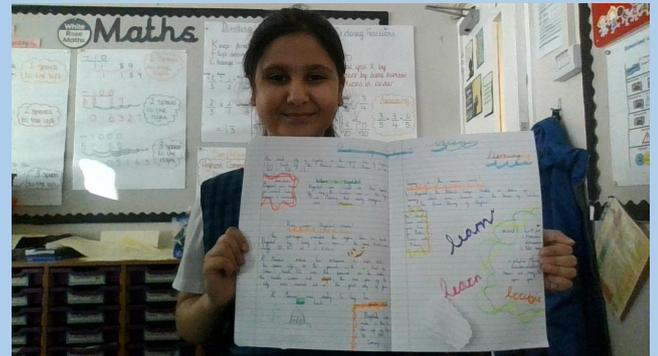
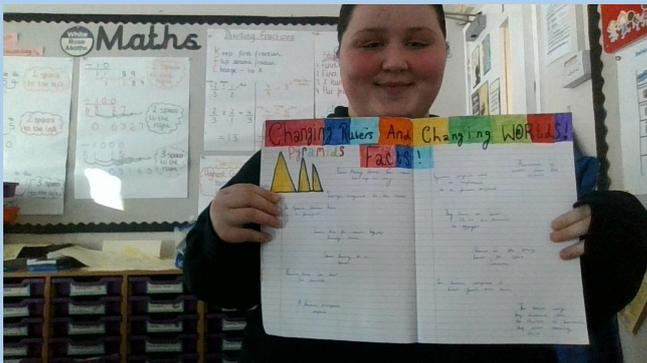


## Focus on: Year 6

Even though some of us stayed in school, we've still been super busy and had lots of fun. We've been working on a history project that could be based on any of the units that we've studied in KS2. We've written reports on Islam, Egypt, The Vikings, Anglo Saxon Britain, WW 2... and lots more. We enjoyed playing dodgeball during PE and got to attend a mental health and wellbeing zoom assembly with singing in class.

On Wednesday morning, Food for Thought came in and taught us how to cook. We learned how to use knives sensibly, how to chop vegetables and how to use a hob. The recipe we made was called Trench Stew. It is a stew that they used to make during WW2 as it was quick, simple and nutritious. Some of our lucky parents and carers may have been able to sample the ones that we took home.

We looked at how to build a circuit in Science and successfully made circuits that light up and use switches and capacitors. We enjoyed Spanish with Senorita Worrall and we finished on Friday by watching a film about emotions for Children's Mental Health Week. We also enjoyed some really fun quizzing on Kahoot.





## Celebration

### SCIENTIST OF THE WEEK



### MATHEMATICIAN OF THE WEEK



### Head Teacher Awards

Reception	Thea	Johaam
Year 1	Mikayla	Narjis
Year 2	Chimdumaga	Ayo
Year 3	Poppy	Yasmin
Year 4	Morewa	Justin
Year 5	Shanell	Janith

### ABOVE AND BEYOND



These Children have gone Above and Beyond this week. They have been rewarded with a certificate and a hot chocolate with cream, marshmallows and biscuits. Well done!

### Reader of the Week



### PHONICS STAR OF THE WEEK





After School Clubs	
Monday	Tutoring Y6- Mrs Sillitoe Ball Skills - Y3 and Y4
Tuesday	Tutoring Maths Y6- Mrs Sillitoe Craft Club for KS2- Miss Cornett
Wednesday	Chess Club for Y6- Mr Smith Yoga & Mindfulness- KS2 Around the world / Arabic for Y5 & Y6
Thursday	Y6 Tutoring - C Howard Maths Club for Y4- Miss Sharpes
Friday	Y5 Basketball

PE Days	
R	Tuesday
Year 1	Friday
Year 2	Tuesday
Year 3	Friday
Year 4	Monday
Year 5	Swimming Thursday PE Friday
Year 6	Monday

**Courage & Aspiration: Nahum 1:7**  
Children's Mental Health Week

The LORD is good;  
he protects his people in times of trouble;  
he takes care of those who turn to him.

Who can you turn to when you feel sad or alone, worried or anxious, misunderstood?




WHEN I NEEDED A NEIGHBOUR

Class prayer time

Dear Lord,  
When I am sad, calm my heart.  
When I am worried, calm my mind.  
Calm me so I may be filled with your peace and feel your love for me.  
Amen

Read the [Parish of St Michael & Sacred Heart Newsletters'](#) and [The Wednesday](#)

**School Family Support Worker**  
**Erin Devereaux**



Erin is available to talk privately about any concerns or issues.

**Drop ins every Tuesday at 9:00am**  
Erin Devereaux 07598068682  
[erin.devereaux@liverpool.gov.uk](mailto:erin.devereaux@liverpool.gov.uk)  
Ask at reception for more details

**HAPPY BIRTHDAY!**

Fabeon                      Arta  
Oliver                      Jana  
Fabian                      Janel  
Joel                          Jashaiah  
Nasiha





# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

## Attendance



WIN A BIKE!!! THE CHILDREN WITH THE BEST ATTENDANCE OVER THE YEAR WILL BE ENTERED INTO A PRIZE DRAW IN JULY!

# EVERY SCHOOL DAY COUNTS

Year Group	% Attendance
SHINING STARS - RECEPTION	97.2%
SUPERSTARS - RECEPTION	95.4%
<b>QUICK THINKERS - YEAR 1</b>	<b>98.3%</b>
RECORD BREAKERS - YEAR 1	97%
GOLDEN WONDERS - YEAR 2	91.8%
WORLD BEATERS - YEAR 2	95%
HEROES - YEAR 3	90%
OLYMPIANS - YEAR 3	97.9%
HOTSHOTS - YEAR 4	96%
INSPIRATIONS - YEAR 4	95.3%
HIGH ACHIEVERS - YEAR 5	98.7%
HIGH FLYERS - YEAR 5	90.2%
WHIZZKIDS - YEAR 6	97.1%
<b>CHAMPIONS - YEAR 6</b>	<b>99.4%</b>
Totals	95.7

Well done to the **QUICK THINKERS** and **THE CHAMPIONS** for achieving the highest attendance this week. Let's keep on pushing for 100% attendance, 100% of the time!

These classes have won this week's mini disco & crisps for best Class attendance. Well done



Regular attendance at school is the single most important factor in a child/children making appropriate progress and achieving success. Good,

regular and punctual attendance means doing well academically, developing better rela-

tionships with other positive behaviour. It good habits for when enter into work and

children and also sets up young people life.



**Should I keep my child off school?**

**Yes** Until...

- Chills/fever:** at least 5 days from the onset of the rash and until all blisters have crusted over.
- Diarrhoea and vomiting:** 48 hours after their last episode.
- Gold and Flu like illness (including COVID-19):** 7 days from the start of symptoms or 2 days after the last episode, whichever is longer.
- Impetigo:** Once sores have crusted and healed, or 48 hours after they crusted completely.
- Measles:** 4 days after the rash first appeared.
- Mumps:** 5 days after the swelling started.
- Scarlet:** They no longer have a fever.
- Scrub typhus:** 48 hours after they started taking antibiotics.
- Whooping Cough:** 48 hours after they started taking antibiotics.

**No** But make sure you let their school or nursery know about...

- Head lice
- Hand, foot and mouth
- Shingles
- Strep throat
- Scarlet fever
- Strep throat
- Strep throat

**Advice and guidance:** To find out more, search for health protection in schools or scan the QR code or visit <https://go.nhs.uk>

We aim for average school attendance to be 97% There are 190 days in a school year which leaves 175 days to spend on family time, shopping, appointments and other things.

### IMPORTANT INFORMATION

In the interest of your child's safety and well being, a named adult needs to be contactable at all times. Please ensure the school has at least 3 up to date telephone numbers. If school are unable to contact you and have concerns we may call the police and request a welfare check.

Can you please call school at the beginning of the day if your child is going to be absent.





## Parenting, SEN and other support

Aspire Education offer further education opportunities, providing high-quality destinations enabling positive next steps post-course completion. Due to huge success of the Aspire School Support Course, we have received further funding to further develop school support knowledge. We want to provide the next career progression route by offering the following:

- **NCFE CACHE Level 3 Early Years Foundation Stage - Children and Young Peoples Workforce**

The Level 3 Early Years Foundation Stage Skills Bootcamp enhances school support CV even further, recognizing and developing your knowledge and understanding and establish personal, learning and employment goals within the education sector.

Click below for more information

# Early Years Bootcamp

[CLICK HERE](#)



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**Guaranteed  
1:1  
Interview**  
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**6 Week  
FREE  
Course**

**Early Years Staff Urgently Needed!  
Hybrid learning: Classroom & Homebased  
Free DBS check provided  
upon successful interview!**



## Parenting, SEN and other support



Arts4Us

### Become a Member of our Young Arts4Us Panel

#### ARE YOU?

Are you currently between the ages of **9 and 13** with previous experiences of challenges with your mental health?

#### OR?

Are you currently between ages **14-24** but had previous experience of mental health difficulties when you were aged 9-13?

Are you interested in **creative arts** (e.g., drawing, music) and how they can support mental health?



#### WHY your voice is important?

Young people will help **lead** the project, **work together** with researchers, community groups, and healthcare staff to understand what **arts activities** young people want, and how they support young people's **mental health**.



#### WHAT would you be asked to do?

As a Young Arts4Us Member you would:

- join a group of young people to **share** your ideas and opinions, meeting up to 6 times a year (either online or in person).
- provide **feedback** on relevant documents
- **co-design** creative research outputs



#### HOW would you benefit from this?

Young Arts4Us members also receive:

- payment of **up to £25 per hour** or equivalent in vouchers
- **travel expenses** to cover in person meetings at Edge Hill University
- **training, support and mentorship** in research methods, leadership, and other life skills for the future
- **certificates** and other forms of recognition

**Arts4Us** is a research project which is about **supporting** the mental health of young people aged 9-13 through arts activities such as drawing, music and dancing. These activities can make it easier for young people to handle big challenges as they grow up.

The project will create a **digital platform** (e.g. a website, or App) where young people and their families can easily find and join these arts activities.



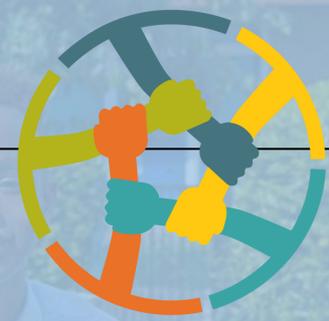
**CLICK HERE**



#### Contact

[YoungArts4Us@edgehill.ac.uk](mailto:YoungArts4Us@edgehill.ac.uk) for more information **or** scan the QR code to show your interest.





## Parenting, SEN and other support



# WINTER TIMETABLE

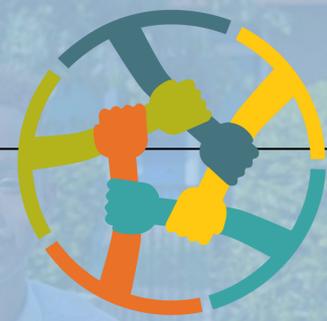
Talks are delivered online via zoom 7pm to 9pm £24 each

If you can't make the date ask for the link to the recording, available for 48 hours afterwards

Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

go to the PARENT page

<b>FREE - Decreasing Depression</b> <b>FREE - Anxiety Explained</b>	<b>25 NOV</b> <b>20 JAN</b>
What is ACT?	26 NOV, 21 JAN
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC, 2 JAN
Understanding Anger	16 DEC, 13 JAN
Facing Defiance	17 DEC, 14 JAN
Supporting Healthy Screen Use	19 DEC, 16 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN
Raising Self-Esteem	27 JAN
Supporting Healthy Sleep	28 JAN
Improving Family Communication	4 FEB
Introduction to OCD	18 FEB



## Parenting, SEN and other support

If you are interested in the following Parent course, please speak to Mrs Reilly and she can refer you on to the course:

### **ROCKPOOL – Adult ACE's Parent Group.**

A 10-week evidence-based group intervention for parents who have been impacted by trauma or Adverse Childhood Experiences (ACE's) themselves as children growing up. The group is a Psychoeducational approach to understanding the impact of ACE's and the adverse effects such experiences can have on us as individuals, and on our children.

This is an opportunity to gain new insight, knowledge and understanding on how trauma affects people's lives and to learn new strategies with shared understanding in a supportive confidential environment. Parent(s) are encouraged to take part using a collaborative approach with group leaders and other participants but this does not include the sharing of personal trauma.

There are handouts that are supplied each week for parents to use for reflection in session, and to practice their new skills and understanding at home. The group will consist of ten sessions. Each session will last for approximately 120 minutes, face-to-face in a designated location.

### **Our group starting February 26 th 10am -12pm and will be at: YPAS North Hub, Croxdale Road West, Liverpool, L14 8YA.**

Both parents can attend the group wherever possible, but those wanting to attend must agree to commit to attending all group sessions. The group will be facilitated by staff from the Mental Health Support Team, employed by Alder Hey Children's NHS Foundation Trust.

There will be a short 1 to 1 assessment completed with each parent and use of questionnaires alongside goals to measure progress.

### **Aims of the course**

The course is designed to provide guidance on protective factors and helps with practical methods for parents to develop the resilience they need for themselves and their children. The main aims are:

- For parents to better understand the impact that living with ACEs has had on them and on their children
- For parents to develop strategies for building their resilience and that of their children
- For participants to have increased understanding and implementation of healthy living skills

### **Weekly sessions.**

Session 1: Introductions, aims and self-assessment.

Session 2: What we mean by Childhood ACE's, Protective factors & Maslow.

Session 3: Toxic Stress and our bodies response

Session 4: Resilience & Self Esteem

Session 5: Attachment

Session 6: Support Networks

Session 7: Anger and Emotional Regulation

Session 8: Child Development

Session 9: Relationships

Session 10: Review and celebration



## Safeguarding & Support



### Safeguarding Team



If you are feeling sad, upset, hurt or scared you can talk to any member of staff.

Designated  
Safeguarding Lead



Mrs Birch

Co-designated  
Safeguarding Lead



Mrs Gordon

Deputy  
Safeguarding Lead



Mrs Rigby

Safeguarding  
Team Member



Mrs Reilly

Safeguarding  
Governor



Ms Riley

If you have any safeguarding concerns or queries please speak to a member of the team.



#### Worried about a Child or Young Person?

If a child is at risk of harm, abuse or neglect please report it to:

**Children's Advice & Support Service**

**CASS- 0151 459 2606**



# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

## St Michael's Catholic Primary School

### Term Dates 2024 -2025

#### Autumn Term 2024

Term: Tuesday 3rd September – Friday 20th December

Pupils: Autumn Term 1 – Tuesday 3rd September to Friday 25th October

Half term: Monday 28th October to Friday 1st November

Pupils: Autumn Term 2 – Monday 4th November to Friday 20th December

Terms ends: Friday 20th December 2024



#### Spring Term 2025

Term: Monday 6th January – Thursday 10th April

Pupils: Spring Term 1 – Monday 6th January to Friday 14th February

Half term: Monday 17th February – Monday 24th February

Pupils: Spring Term 2 – Tuesday 25th February to Thursday 10th April

Term ends: Thursday 10th April 2025



#### Summer Term 2025

Term: Tuesday 22nd April to Friday 18th July (May Bank Holiday: Monday 5th May)

Pupils: Summer Term 1 – Tuesday 22nd April to Friday 23rd May

Half term: Monday 26th May to Friday 6th June

Pupils: Summer Term 2 – Monday 9th June to Friday 18th July

Term Ends: Friday 18th July 2025



### Staff Development Days – School closed for pupils

Monday 2nd September 2024

Monday 24th February 2025

Six extended twilight session



# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

## St Michael's Catholic Primary School

### Term Dates 2025-2026

#### Autumn Term 2025

Term: Wednesday 3rd September – Friday 19th December

Pupils: Autumn Term ° – Wednesday 3rd September to Wednesday 22nd October

Half term: Thursday 23rd October to Friday 31st October

Pupils: Autumn Term 2 – Monday 3rd November to Friday 19th December Terms ends:  
Friday 19th December 2025

#### Spring Term 2026

Term: Monday 5th January – Wednesday 1st April

Pupils: Spring Term 1 – Monday 5th January to Friday 13th February Half term: Monday  
16th February – Friday 20th February

Pupils: Spring Term 2 – Monday 23rd February to Wednesday 1st April Term ends:  
Wednesday 1st April 2026

#### Summer Term 2026

Term: Monday 13th April to Tuesday 21st July

Pupils: Summer Term 1 – Monday 13th April to Friday 22nd May Half term: Monday 25th  
May to Friday 5th June

Pupils: Summer Term 2 – Monday 8th June to Tuesday 21st July Term Ends: Tuesday 21st July

### Staff Development Days – School closed for pupils

Monday 1st and 2nd September 2025

Six extended twilight sessions

