



Headteacher's Message

Friday 18th October 2024

Dear Parents and Carers

A wonderful residential trip to CHET (Year 4)

Last week our year 4 children went on their first school residential to a beautiful educational centre in Little Crosby. They said their goodbyes on Monday morning and returned on Wednesday afternoon. The children had a truly wonderful time! They took part in a wide range of outdoor and indoor activities around the centre and in the stunning surrounding woods.

Here are just some of the activities to give you a flavour of what the children participated in:

Adventure Course, Zip wire, Night Walk, Climbing, Pizza making, Curling, Campfire, Shelter Building, Low Ropes and lots more!

Each evening after the night time activity the children enjoyed a cup of Hot Chocolate (with marshmallows and cream!) and a biscuit. Well done to all the children – often showing courage and resilience to try new things – we are so proud of you all.

A special shout out to all the staff who went with the children. Ms Forbes (Lead for trip), Ms Sharpes, Ms Cornett, Ms Haynes, Ms Butterworth and myself! On behalf of the school and all the parents/carers who attended I sincerely thank this group of staff for leaving their own families and joining this trip. What a terrific job they all did! Without the commitment of our staff and the support of our families we would not be able to do these residential trips.

Here a few quotes:

Ms Forbes *“CHET is always a wonderful opportunity for children to challenge themselves, find courage to overcome their fears and to deepen their relationships with peers and staff. Well done to our Queen of CHET Peggy and our King Ethan.”*

Peggy: *“It was amazing. I liked the climbing and the zip wire was so much fun. I think I faced my fears because I was brave on really high things. It was so good that I want to go again!”*

Ethan: *“I really enjoyed my time there. At the start I was nervous but when I got used to it I loved it. I liked going on the zip wire and doing the rock-climbing. The archery was amazing and a few times I hit the Bullseye! I learned a lot about being safe when doing activities and I felt brave when I did things!”*

Ms Sharpes *“It has been fantastic to see all of our year 4 children thrive at Chet, showing determination, resilience and great attitudes. We have had such fun and laughter in every activity, it has been thoroughly enjoyed by everyone!”*

Dixie-*“I really enjoyed being at Chet, I had so much fun and made the best memories with my friends.”*

Please see below, page 5, for some photos of the trip

Current Nursery children can now apply for Reception places starting in September 2025.

Please note: MIND Breakfast postponed until Autumn 2

Headteacher's Message

Friday 11th October 2024

Harvest 2024

This time of year we start thinking about Harvest celebrations and the meaning of Harvest.

Every Harvest we raise money for charity. Sometimes we support a charity that is local and on other occasions we support a charity that helps our global neighbours -usually through CAFOD.

This year we are supporting a local children's charity that is part of Alder Hey Hospital.



MEDICINE APPEAL

This is state-of-the-art cinema inside the children's hospital.



The specially designed in-hospital cinema, opened in 2024, will be funded exclusively by Alder Hey Children's Charity and MediCinema and it is the only solely paediatric hospital in the UK and the first in the North West. The colourful cinema will accommodate beds, wheelchairs, and medical equipment and show the latest movies for free to transform the hospital experience for children and young people at Alder Hey.

It would be great as a school to support this charity.

Wednesday 23rd October

- Children can attend school in non-uniform
- Staff and children to donate cakes for a cake sale in the morning
- Children will have a cinema experience in their classes – enjoy a film with popcorn and ice-cream

We ask each child to donate £1 which they will use to buy a cake in sale and enter their class cinema. All donations will be given to this local charity.





Headteacher's Message

School Photographs – Wednesday 13th November

The photographer will be in school on this day. Please keep a note of this date in your diary.

Harvest, Advent and Christmas

Here are the Assemblies and Celebration Evens for the Autumn Term. They maybe variable to changes.

Feast or Special Event	Year group	DATE	Parents
St Michael's Feast DAY	Year 5 and 6	Tuesday 1 st October (Actual Feast Day is 29 th September)	9.15am parents/yr4 11am yr1/2/3
Harvest	Year 1 and 2	Thursday 24 th October	9.15am parents
Harvest	Juniors 3 and 4	Friday 25 th October	9.15am parents 11 am – yr5&6
Advent 1	Year 3	Monday 2 nd December	9.15am parents/yr4&5 11am yr1/2/6
Advent 2	Year 4	Monday 9 th December	9.15am parents/yr3&5 11am yr1/2/6
Advent 3	Year 5	Monday 16 th December	9.15am parents/yr3&4 11am yr1/2/6
Advent 4 and Nativ-ity	Year 6	Thursday 19 th December	9.15am parents/yr3&4 11am yr1/2/5
Nativity	Nursery	Tuesday 10 th December	9.15am parents 2.30pm parents
Nativity	Reception	Tuesday 17 th December	9.15am parents
Nativity	Infants (1&2)	Thursday 12 th December	9.15am parents 2.15pm parents

Here are the Assemblies and Celebration Events for the Autumn Term. They may be variable to changes.

We close at normal time (3.20pm) on Friday 25th October.

School re-opens on Monday 4th November.

Have a great weekend and Best Wishes

Mrs Rigby



St. Michael's Catholic Primary School
Guion Street
Liverpool L6 9DU
Tel: 0151 263 8460 Fax: 0151 263 4120
Headteacher Mrs Alyson Rigby

Email michaels-ao@st-michaels.liverpool.sch.uk
www.stmichaelscatholicprimary.co.uk

Friday 18th October 2024



*"With Jesus, we can
achieve what we
dream and believe"*



Spotlight on Punctuality & Attendance



We have an in on time & 100% Attendance week starting on Monday 21st October-Friday 25th October

If you're in school every day and ontime, you will win a golden circle on Friday. You have a chance of winning some fantastic prizes.

You have to be in it to win it.....

Mrs Hayes & Mr Smith





Focus on: Year 4 Chet

On the 14th - 16th October, Year 4 travelled to Crosby to complete a 3 day residential trip. The children had an amazing time and enjoyed all the fun activities such as archery, low ropes, obstacle courses, night walks, orienteering, curling, pizza making, and campfire singing and so much more. Please enjoy these photos of them having a wonderful time and engaging in so many special learning and bonding experiences.





St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

Focus on: Year 4 Chet





St Michael's Catholic Primary School

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Focus on: Year 4 Chet





Celebration

SCIENTIST OF THE WEEK



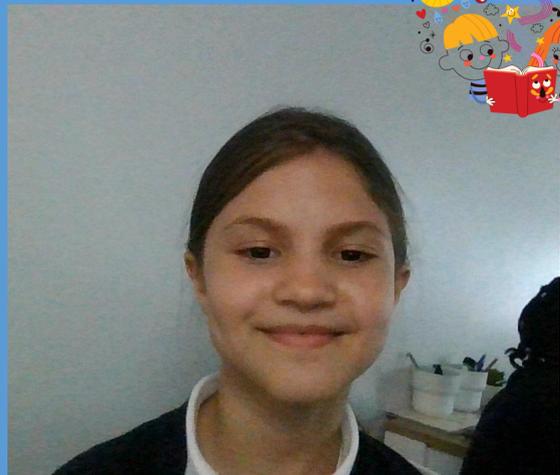
MATHEMATICIAN OF THE WEEK



Reader of the Week



PHONICS STAR OF THE WEEK





After School Clubs

Autumn	
Monday	Ms Cornett Book Club KS 2 Coach Sam Multi Sports Y2
Tuesday	Choir - Mrs O'Kane & Rosy
Wednesday	Mr Smith Chess Club Y5/6 Ms Briggs Ms Butterworth Book Club
Friday	Fitness - Coach Sam

PE Days	
Reception	Tue & Fri
Year 1	Mon & Fri
Year 2	Wed & Fri
Year 3	Tue & Fri
Year 4	Thur & Fri
Year 5	Tue & Fri
Year 6	Wed PE Thur Swim

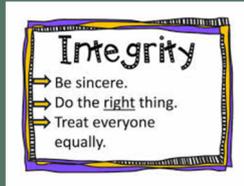
Integrity

Share what you have.

Isaiah 58:6-8

⁶ "The kind of fasting I want is this: Remove the chains of oppression and the yoke of injustice, and let the oppressed go free. ⁷ Share your food with the hungry and open your homes to the homeless poor. Give clothes to those who have nothing to wear, and do not refuse to help your own relatives.

⁸ "Then my favour will shine on you like the morning sun, and your wounds will be quickly healed. I will always be with you to save you; my presence will protect you on every side.



This Little Light of Mine



Our Father



Our Father, who art in heaven, hallowed be thy name.



Thy kingdom come; thy will be done on earth as it is in heaven.



Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us.



And lead us not into temptation, but deliver us from evil. Amen.

Read the [Parish of St Michael & Sacred Heart Newsletters'](#) and [The Wednesday Word](#)

School Family Support Worker

Erin Devereaux



Erin is available to talk privately about any concerns or issues.

Drop ins every Tuesday at 9:00am

Erin Devereaux 07598068682

erin.devereaux@liverpool.gov.uk

Ask at reception for more details

HAPPY BIRTHDAY!

Nada Annmia
 Reece Ruben
 Michael Zuriel
 Isaac Janith
 Oreofe Sean
 Darren



St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

Attendance



WIN A BIKE!!! THE CHILDREN WITH THE BEST ATTENDANCE OVER THE YEAR WILL BE ENTERED INTO A PRIZE DRAW IN JULY!

EVERY SCHOOL DAY COUNTS

Year Group	% Attendance
SHINING STARS - RECEPTION	94.6%
SUPERSTARS - RECEPTION	90%
QUICK THINKERS - YEAR 1	98.7%
RECORD BREAKERS - YEAR 1	99.3%
GOLDEN WONDERS - YEAR 2	97.3%
WORLD BEATERS - YEAR 2	100%
HEROES - YEAR 3	99.4%
OLYMPIANS - YEAR 3	96.6%
HOTSHOTS - YEAR 4	97.3%
INSPIRATIONS - YEAR 4	92.7%
HIGH ACHIEVERS - YEAR 5	98.3%
HIGH FLYERS - YEAR 5	94.3%
WHIZZKIDS - YEAR 6	97.4%
CHAMPIONS - YEAR 6	99.4%
Totals	97.3%

Well done to the **World Beaters, Heroes and Champions** for achieving the highest attendance this week. Let's keep on pushing for 100% attendance, 100% of the time!

These classes have won this week's mini disco & crisps for best Class attendance. Well done



Regular attendance at school is the single most important factor in a child/children making appropriate progress and achieving success. Good, regular and punctual attendance means doing well academically, developing better relationships with other children and positive behaviour. It also sets up good habits for when young people enter into work and life.



Should I keep my child off school?

Yes

Until...

- Chickpox: at least 5 days from the onset of the rash and until all blisters have crusted over.
- Diarrhoea and Vomiting: 48 hours after their last episode.
- Cold and the flu (see the Breeding COVID-19): 7 days after their last episode.
- Measles: 7 days after their last episode.
- Scarlet fever: 24 hours after they start taking antibiotics.
- Shingles (chicken pox): 48 hours after they start taking antibiotics.

No

But make sure you let your school or nursery know about...

- Head lice
- Hand, foot and mouth
- Headlice
- Scarlet fever
- Shingles
- Strep throat
- Strep throat

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://go.nhs.uk>

We aim for average school attendance to be 97% There are 190 days in a school year which leaves 175 days to spend on family time, shopping, appointments and other things.

It is also important to arrive at school on time. If a child arrives late to school every day, their learning begins to suffer. This graph shows how being late to school every day over a school year adds up to lost learning time.



IMPORTANT INFORMATION

In the interest of your child's safety and well being, a named adult needs to be contactable at all times. Please ensure the school has at least 3 up to date telephone numbers. If school are unable to contact you and have concerns we may call the police and request a welfare check.

Can you please call school at the beginning of the day if your child is going to be absent.



Parenting, SEN and other support

In partnership with Knowsley CLCs, all parent/carers are invited to an:

Online Safety Information Session

This session is delivered virtually so can be watched from anywhere! We will share the link with you privately.

Current trends - what children are doing online and what apps/games are popular amongst children.

Understanding the Risks - a look at the risks associated with using technology, in particular when using social media, online gaming & live streaming.

What can you do? - suggestions on how you can support your child with their online lives and what parental controls are available to help you.

Further Support - signposting to services that are available to help you.

**WEDNESDAY
2ND OCTOBER
2024**

4PM - 4.45PM



Are you over State Pension Age? or Do you have a friend or neighbour over State Pension Age? They may be missing out on money they are ENTITLED to.

880,000 pensioners are NOT claiming Pension Credits and are ENTITLED to.

Please get in touch for FREE advice on how to claim this entitlement.



On 0151-260-1297 or Direct Message the team at L6



SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE SESSIONS	
Supporting Kids with School Anxiety	26 SEP
Introduction to Facing Defiance	24 OCT
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV

facefamilyadvice.co.uk info@facefamilyadvice.co.uk



Are you looking for some new strategies?

Facing Defiance



Six week course: 6 online Teach session (Sundays 3 - 4pm)
plus applying the strategies at home during the week
£72 (1 or 2 parents can attend)

for more info and to book

info@facefamilyadvice.co.uk

FIND A MEAL



Bootle

Tuesdays 7pm
St Matthew's
410 Stanley Road
L20 5AE

Hornby Road
bus stop
(2 min walk)



Dingle

Wednesdays 7pm
St Cleopas Church
400 Mill Street
L8 4RF

Bessemer Streer
bus stop
(1 min walk)



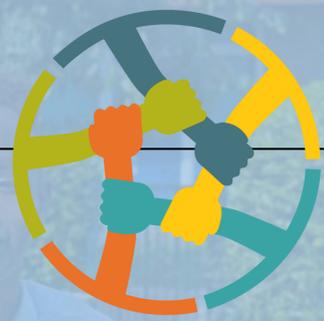
Old Swan

Thursdays 7pm
The Old Library
Green Lane
L13 7EB

Tyrwald Hill
bus stop
(2 min walk)

FoodCycle's Liverpool-based free communal meals' services are still going strong in Bootle, Dingle and Old Swan - and we would like to welcome more Guests to share these hearty vegetarian meals every week. The meals are completely free and anyone can just turn up; typically our Guests include low-income families, isolated older people, the vulnerably housed and people just struggling to 'make ends meet'.

Autumn Edition
Liverpool Parenting Newsletter
October - November 2024



Parenting, SEN and other support



Think Pharmacy First

To all parents and carers in Cheshire and Merseyside

Did you know... as well as offering advice and over the counter treatments for lots of childhood illnesses, pharmacies can now offer clinical appointments and prescription medications (if needed) for these four common conditions in children?

- Ear ache (children aged 1-17)
- Sore throat (age 5 and over)
- Infected insect bites (age 1 and over)
- Impetigo (age 1 and over)

This **Pharmacy First** service is available at most community pharmacies in Cheshire and Merseyside.

Fast advice and treatment

When your child is feeling unwell and off school with one these conditions, you want the right help as quickly as possible.

Pharmacies can often provide a **same day consultation with a trained clinical professional**, giving you access to advice and medication all in one place, without the need for a GP appointment first.

This means they could be on the road to recovery and back at school much sooner.



Think pharmacy first



So remember:

If your child has an ear ache, sore throat, symptoms of impetigo or a suspected infected bite, **think Pharmacy First!**

For more information visit: www.nhs.uk/thinkpharmacyfirst



Parenting, SEN and other support

Stronger Relationships Online Course

For parents and other adult carers
living together or apart



- Do you want to get some new ideas to help you be an even better parent ?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?



6 online sessions



6 group discussions



Certificate on completion



Information on strategies to identify and reduce arguments



Hear from other parents and carers



Downloadable worksheets and handouts



Videos, quizzes and interactive activities



Do sessions at a time that works for you



Weekly support from our course experts

TOPICS COVERED

- Healthy adult relationships
- Identifying and managing disagreements
- Understanding how conflict affects your children
- Enhancing parent-child relationships
- Managing stress, anger and emotions
- Strategies to resolve conflict and create a parenting agreement

GROUP DISCUSSION

1. Speak to a course expert and get answers to some of the questions you might have
2. Talk about how the strategies are going at home and how to adjust them for you
3. Address other difficulties relating to your relationships
4. Hear from others about what works for them

Find out more or register for the course by scanning this QR code or email us at:



sfscparent@racefound.org.uk



Parenting, SEN and other support



 **Go to**
<https://strengthening-families.net/reducing-parental-conflict/> **STEP 01**

STEP 02 Select a course, either:

- parenting and living together
- parenting and living apart



 **Select a day of the week and select a time for your group discussion** **STEP 03**

STEP 04 Complete your contact details 

 **Answer a short questionnaire** **STEP 05**

STEP 06 Click on 'your profile' and you can start your course 

If you need any help, email us at sfscparent@racefound.org.uk or call us on 07708360561



Parenting, SEN and other support

Reducing Parental Conflict



Free Online Course with weekly facilitated group discussion

The SFSC Reducing Parental Conflict course is evidence based and provides a mixture of self study and group work discussion. The course is suitable for co-parents and other main adult carers of children aged up to 18. **Two courses are available: one for co-parents living together and one for those living apart**

SFSC Reducing Parental conflict online course provides parents with the key concepts and techniques to reduce the effects on children of harmful conflict which is 'frequent, intense and poorly resolved' including:

- What harmful conflict is and how it affects children's wellbeing and development
- Tools to reflect upon personal values, vulnerabilities and strengths and identify areas of conflict with their co-parent
- Techniques to enhance adult relationships for co-parents and carers living together and improve communication for those living apart
- Skills to manage stress and anger and resolve conflict
- Information for co-parents living apart to work towards a parenting agreement
- Techniques to enhance the parent child relationship for parents whose children do not live with them permanently

The course consist of six online modules and a weekly facilitated group discussion. The individualised online session are released one at a time on a weekly basis (so over six weeks) and take around one hour to complete. Parents/carers can complete each session in one sitting or as and when they have time to do so. They can revisit sessions at any point.

The course activities include, video content, scenarios, drag and drop activities, quizzes and other interactivity.

Participants also attend a weekly online group discussion facilitated by one of the SFSC team and attended by up to six others who are at the same stage of the course. This is an opportunity for parents to

- Review and check on their learning
- ask any questions; and
- hear from other parents

At the end of the course, participants who have completed all six sessions will be provided with a certificate and signposted to further help.

How will parents sign up?

Parents will sign up online. They can either register themselves or can be referred by an agency such as their school or early help team. Parents will be talked through what to do stage by stage and there is a help email and telephone number to support them.

Parents will be reminded via email and text message about completing sessions and joining online group discussions.

This course will be free until November 2024.

Refer a parent on the email address below or tell them to sign up here:

<https://strengthening-families.net/reducing-parental-conflict/>

Further information: Eleni or Antoinette
sfsc-parent@racefound.org.uk
07708360561 or 07926696502



Safeguarding & Support



Safeguarding Team



If you are feeling sad, upset, hurt or scared you can talk to any member of staff.

Designated
Safeguarding Lead



Mrs Birch

Co-designated
Safeguarding Lead



Mrs Gordon

Deputy
Safeguarding Lead



Mrs Rigby

Safeguarding
Team Member



Mrs Reilly

Safeguarding
Governor



Ms Riley

If you have any safeguarding concerns or queries please speak to a member of the team.



Worried about a Child or Young Person?

If a child is at risk of harm, abuse or neglect please report it to:

Children's Advice & Support Service

CASS- 0151 459 2606



St Michael's Catholic Primary School

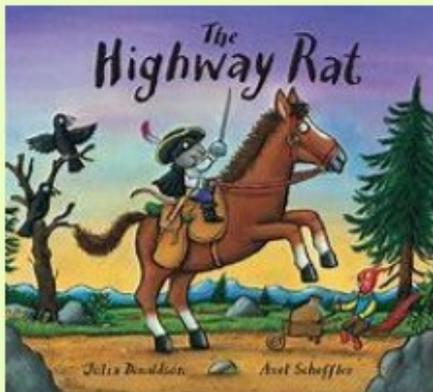
With Jesus we can Achieve what we Dream and Believe!



Storytime @ St Michael's

Scan a code, snuggle up and listen to a story!

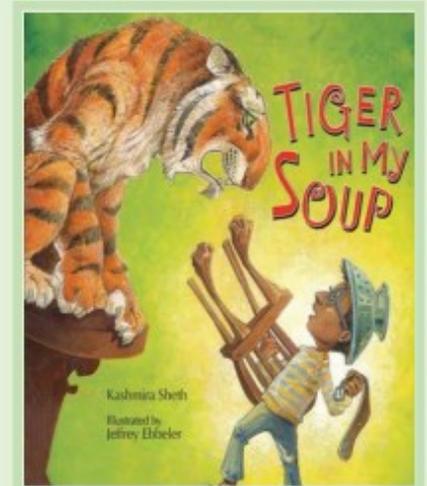
The Highway Rat by Julia Donaldson and Axel Scheffler



Scan the QR code to listen to...

"Tiger in my Soup"

By Kashmiri Sheth
Illustrated by Jeffrey Ebbeler





St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!



St Michael's Catholic Primary School

Term Dates 2024 -2025

Autumn Term 2024

Term: Tuesday 3rd September – Friday 20th December

Pupils: Autumn Term 1 – Tuesday 3rd September to Friday 25th October

Half term: Monday 28th October to Friday 1st November

Pupils: Autumn Term 2 – Monday 4th November to Friday 20th December

Terms ends: Friday 20th December 2024



Spring Term 2025

Term: Monday 6th January – Thursday 10th April

Pupils: Spring Term 1 – Monday 6th January to Friday 14th February

Half term: Monday 17th February – Monday 24th February

Pupils: Spring Term 2 – Tuesday 25th February to Thursday 10th April

Term ends: Thursday 10th April 2025



Summer Term 2025

Term: Tuesday 22nd April to Friday 18th July (May Bank Holiday: Monday 5th May)

Pupils: Summer Term 1 – Tuesday 22nd April to Friday 23rd May

Half term: Monday 26th May to Friday 6th June

Pupils: Summer Term 2 – Monday 9th June to Friday 18th July

Term Ends: Friday 18th July 2025



Staff Development Days – School closed for pupils

Monday 2nd September 2024

Monday 24th February 2025

Six extended twilight session