

# Lunch Menu - Week 2



w/c 10th June	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
<b>Main Meal</b>	Cheese & Onion plate pie with New Potatoes & Peas	Chinese Chicken Curry & Rice with Green Beans & Prawn Crackers	Cumberland Sausage Slice with Wedges & Beans*	Beef Chilli Tacos with Tortilla Chips and Sweetcorn	Fish Fingers with Chips & Garden Peas
<b>Veggie Main</b>	Cheesy Beans Pasta Bake	Vegetable & Lentil Stew	Cheese & Tomato Toasties	Vegan Jambalaya & Sweetcorn	Welsh Rarebit
<b>Chef Special</b>	Ask Chef about today's special!				
<b>Salad Bar</b>	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
<b>Dessert</b>	Fresh Fruit Salad	Rich 'Chocolate' Cookies	Iced Sponge Cake with Custard	Sticky Toffee pudding	Cheese & Crackers
	Fresh fruit & yoghurt available daily				

Please speak to a member of school staff about dietary requirements

\* Halal option available

# Lunch Menu - Week 3



w/c 17th June	<small>PROUDLY</small> <b>MEAT</b> <i>Monday</i> <b>FREE</b> <small>SUPPORTING</small>	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Pepper	Chinese Sweetcorn
Main Meal	Quorn Mince Cottage Pie	BBQ Chicken with Wholegrain Rice, Sweetcorn & White Cabbage	Chef Daniel's Beef & Bean Quesadillas with Wholemeal Wraps	Macaroni Cheese topped with Chilli Con Carne	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
Veggie Main	Broccoli & Cream Cheese Pasta Bake	Cherry Tomato Quiche with Sweetcorn & White Cabbage	Vegetarian Chilli & Rice	Vegetable Biryani	Veggie Sausage Roll
Chef Special	Ask Chef about today's special!				
Salad Bar	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily.				
Dessert	Fresh Fruit Salad	Scones & Cream	Sponge Cake with Jam & Whipped Cream	Apple Turnovers	Cheese & Crackers
	Fresh fruit & yoghurt available daily				

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# Lunch Menu - Week 4



w/c 24th June	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Pea Soup	Red Pepper Soup	Chef Choice	Chef Choice
Main Meal	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread & Cabbage	Meatball Sub with Tortilla Chips	Carbonara Penne Pasta Bake with Peas & Garlic Bread*	Sausage & Mash with Carrots*	Homemade Battered Fish with Chips & Beans
Veggie Main	Vegetarian Chilli with Rice & Cabbage	Spanish Omelette with Crisp Salad	Vegetable Rice Enchiladas	Falafel pittas with Carrots	Veggie Sausage Rolls with Beans
Chef Special	Ask Chef about today's special!				
Salad Bar	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily.				
Dessert	German Apple Cake	Fresh Fruit Pavlova	Sticky Toffee Pudding	Shortbread	Rich 'Chocolate' Cookies
	Fresh fruit & yoghurt available daily.				

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# Lunch Menu - Week 5



w/c 1st July	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Red Pepper	Chinese Sweetcorn
Main Meal	Tomato & Basil Pasta	Ham Roast Dinner with Seasonal Veg & Roast New Potatoes*	Caribbean Beef Curry with Wholegrain Rice	Chicken pie with Mash & Carrots	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
Veggie Main	Red Pepper Quiche	Vegetable Paella	Pesto Pasta	Quorn Mine Cottage Pie & Peas	Veggie Burger in a Bun with Chips
Chef Special	Ask Chef about today's special!				
Salad Bar	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
Dessert	Scones with Strawberries & Cream	Vanilla Cheesecake	Pineapple & Coconut Sponge	Oat Cookies	Cheese & Crackers or Popcorn
	Fresh fruit & yoghurt available daily				

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# Lunch Menu - Week 6



w/c 8th July	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chef Choice	Leek & potato	Red Pepper Soup	Tomato & Basil	Chef Choice
<b>Main Meal</b>	Cheesy Beans Pasta Bake	Chef Daniel's Beef & Bean Quesadillas with wholemeal wraps	Chicken Korma with Rice, Green Beans & Naan Bread	Wholemeal Spaghehetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Mushy Peas
<b>Veggie Main</b>	Cherry Tomato & Cheese Quiche with Crisp Salad	Asian Noodles	Macaroni Cheese with Green Beans	Cheese & Onion plate pie with peas	Veggie Fingers
<b>Chef Special</b>	Ask Chef about today's special!				
<b>Salad Bar</b>	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
<b>Dessert</b>	Sponge Cake & Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Cheese & Crackers
	Fresh fruit & yoghurt available daily				

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# Lunch Menu - Week 7



w/c 15th July	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
<b>Main Meal</b>	Broccoli & Cream Cheese Pasta Bake	Chinese Chicken Curry with Rice & Prawn Crackers	Cumberland Sausage Slice with Wedges & Beans*	Beef Chilli Tacos with Tortilla Chips	Fish Fingers with Chips & Garden Peas
<b>Veggie Main</b>	Meat Free Burritos	Vegetable & Lentil Stew	Tomato & Basil Pasta	Vegan Jambalaya	Veggie Sausage Roll
<b>Chef Special</b>	Ask Chef about today's special!				
<b>Salad Bar</b>	Jacket potatoes with tuna, cheese or beans, salad and hummus available daily				
<b>Dessert</b>	Fresh Fruit Salad	Apple Flapjack	Iced Sponge Cake with Custard	Sticky Toffee pudding	Cheese & Crackers
	Fresh fruit & yoghurt available daily				

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