



## Headteacher's Message

Friday 22nd March

Dear Parents and Carers,

### **Easter Craft Activity Workshops for Infants and Juniors ... what a success!**

Wow! What two wonderful events for parents/carers and children. We were delighted to see so many family members attend and join in the craft making activities. The selection of decorated Easter hats, crowns, decorated eggs, Easter Cards were full of colour and creativity.

It was great to see everyone having such a fun filled time and have something to take home at the end of the workshop. Thank you to Ms Murray, our Art Subject Lead teacher who planned and organised these events, and all the staff who helped at the workshops.

These wonderful and very popular craft workshops are now a regular feature of our annual school calendar.

Please see the lovely selection of photos below.





## Headteacher's Message

### Holy Week leading us to Easter Sunday

This Sunday marks the beginning of Holy Week with Palm Sunday. Throughout Holy Week in school children will be hearing about the EASTER story through scripture, stories, drama and song. The story of Easter will also be shared in our Spring and Easter assemblies.



Infant Spring and Easter Assembly	Tuesday 26 <sup>th</sup> March 9.15am	Year 1 and Year 2	Parents/Carers Welcome
Year 3 and 4 Spring and Easter Assembly	Wednesday 27 <sup>th</sup> March at 9.15am	Year 3 and Year 4	Parents/carers Welcome
Year 5 and 6 Spring and Easter Assembly	Wednesday 27 <sup>th</sup> March at 2.15pm	Year 5 and Year 6	Parents/carers Welcome

All parents and Carers are welcome to join us.

### LENT

We are now in Week Five of LENT. We are supporting the work of the international charity CAFOD who help our global neighbours.

At school we are doing a LENT WALK.

During our final week of term the children will do a daily lap of the school playground. When they return to class they will mark the walk on their class chart. We ask that for a £1 sponsorship to complete the total walk for your child/children. All donations will be given to CAFOD. Keep an eye on your child's class twitter page (X) to see how they are getting on with the walks.



A prayer for LENT you may want to use with your family:

God our Father,  
Through our prayers, words and actions this Lent,  
we share your love with the world.  
Help us to always remember  
how much we are loved by you  
and help us to follow your Son, Jesus.  
We make this prayer through Jesus Christ, our Lord.  
**Amen**

### Easter Raffle for children

To help raise a few more funds for CAFOD charity we will have an Easter raffle for the children.

From Tuesday the children can buy a maximum of **one** raffle ticket =**50p** and all tickets will go in a draw on Thursday. Prizes will be a range of Easter treats donated by all the staff.







## Headteacher's Message

### EASTER GARDENS JUNIORS

We invite children to make an Easter Garden and bring into school on Tuesday and Wednesday. An Easter garden certificate for every creation. These will be displayed in the junior Hall.



### EASTER BONNET/HAT PARADE INFANTS

We invite children to bring in a hat/bonnet for the parade on Thursday at 1pm. Parents and carers are welcome to attend this on the infant playground.

### Spring and Easter Activities

Activity	Date/Time	Year group	
World Book Day	Thursday 7 <sup>th</sup> March	All Children	Children welcome to dress up as favourite book character
Mothers' Day Assembly	Friday 8 <sup>th</sup> March at 9.15am	Reception Class	Parents/Carers Welcome
Enterprise Sale	Friday 8 <sup>th</sup> March	All children	
Parent/Carer Evening	Thursday 14 <sup>th</sup> March 3.30-6.30pm	All children	Parents/Carers Welcome
Easter Bonnet/Hat making craft workshop	Friday 22 <sup>nd</sup> March 9.15am Infants	Reception/year 1/year 2	Parents/Carers Welcome
Easter Card making craft workshop	Friday 22 <sup>nd</sup> March 2.30pm Juniors	Juniors	Parents/Carers Welcome
Infant Spring and Easter Assembly	Tuesday 26 <sup>th</sup> March 9.15am	Year 1 and Year 2	Parents/Carers Welcome
Year 3 and 4 Spring and Easter Assembly	Wednesday 27 <sup>th</sup> March at 9.15am	Year 3 and Year 4	Parents/carers Welcome
Year 5 and 6 Spring and Easter Assembly	Wednesday 27 <sup>th</sup> March at 2.15pm	Year 5 and Year 6	Parents/carers Welcome
Easter Bonnet/Hat parade	Thursday 28 <sup>th</sup> March at 1pm	Reception/Year 1/Year 2	Parents/carers Welcome



School closes for the Easter Holiday on Thursday 28<sup>th</sup> March at 1.30pm

School Re-Opens on Monday 8<sup>th</sup> April

Best Wishes and have a lovely weekend.

Mrs. Alyson Rigby (Headteacher)



### Class Focus: Champions

This week, the Champions have certainly lived up to their name! Everyone in our class has worked amazingly hard across all subjects this week.

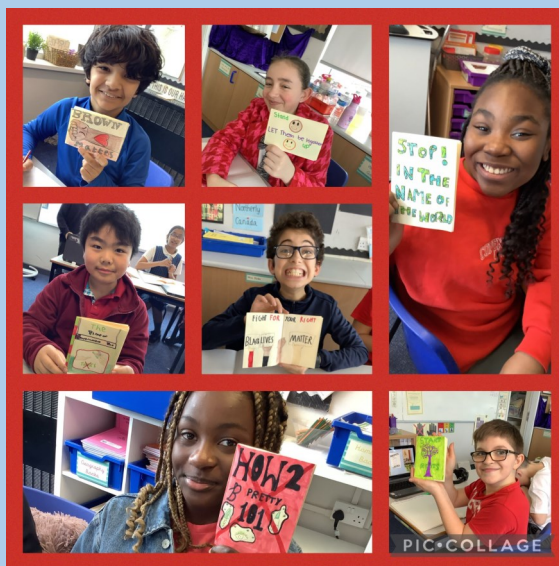
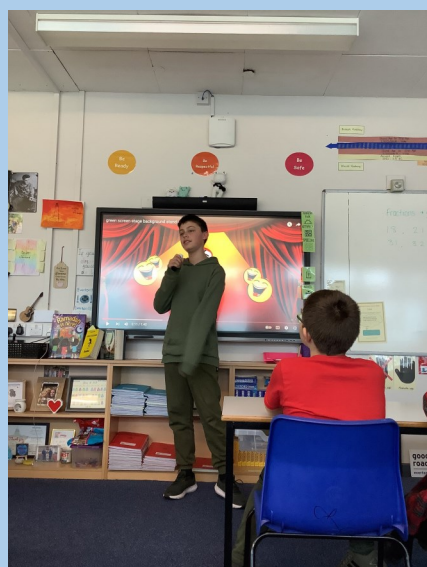
In Maths, we have taken on measurement and angles, which has included a lot of fact retrieval as well as using our four operations knowledge. We have become very competitive with ourselves in our Arithmetic tests and strive to beat our own scores week in, week out.

We have loved our Writing lessons for the past couple of weeks - we are fully immersed in our text, Hamlet. We have analysed language, used imagery and had a lot of fun writing our own poems and descriptions about witches.

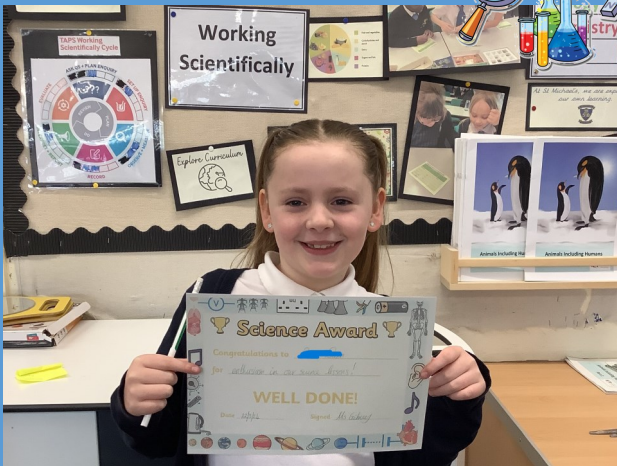
We were lucky enough to visit our parish church this week, where we read about Palm Sunday, celebrated the Feast Day of Joseph and made promises to ourselves to keep during Lent.

All week, we have been ready to learn new information and take on new challenges - an absolutely brilliant week for the Champions!

Well done, everyone! From Mrs Birks & Mrs Briggs







## Head Teacher Awards

<i>Year 1</i>	<i>Melvin</i>	<i>Samuel</i>
<i>Year 2</i>	<i>Rediet</i>	<i>Ainshiyan</i>
<i>Year 3</i>	<i>Oreofe</i>	<i>Fatima</i>
<i>Year 4</i>	<i>Poppy</i>	<i>Lawson</i>
<i>Year 5</i>	<i>Lucie</i>	<i>Olivia</i>



# PHONICS STAR OF THE WEEK







## After School Clubs

<b>Mon</b>	Reading Tutoring	Ms. Ghazali Ms. Briggs Ms. Birks Ms. Sillitoe	Y6
	Reading Tutoring	Ms. McEntee Ms. Duncan	Y1
	Reading Tutoring	Ms. Forbes	Y4
<b>Tue</b>	Craft Club	Ms. Cornett	KS2
	Choir	Ms. Haynes Ms O'Kane	KS2
	Bingo & Games	Ms. Davison Ms. Ms. Collins	Y2
	Reading Tutoring	Ms McEntee	Y1

<b>Tue</b>	Reading Tutoring	Ms. Briggs Ms Ghazali Ms Sillitoe	Y6
	Fun Club	Ms. Collins Ms. Potter	Rec
<b>Wed</b>	DT	Miss Duncan	Y3
	Bingo & Games	Ms. Davison Ms. Collins	Y2
	Chess	Mr. Smith	Y6
<b>Thu</b>	Mini Vinnies	Ms. Roscoe & Ms. Birch	Y5 & 6
	Reading	Ms. Forbes	Y4
	Reading	Ms. Duncan	Y1
	Reading Tutoring	Ms. Birks	Reading Tutoring
	Multi Skills	Jake	Y5/6
<b>Fri</b>	Football	LFC	Y 1/2
	Basketball	Coach Sam	Y3 & 4

### Easter Stories: Mark 14:22-26

#### The Last Supper



##### The Lord's Supper

<sup>22</sup> While they were eating, Jesus took a piece of bread, gave a prayer of thanks, broke it, and gave it to his disciples. "Take it," he said, "this is my body."

<sup>23</sup> Then he took a cup, gave thanks to God, and handed it to them; and they all drank from it.



<sup>24</sup> Jesus said, "This is my blood which is poured out for many, my blood which seals God's covenant. <sup>25</sup> I tell you, I will never again drink this wine until the day I drink the new wine in the Kingdom of God."

<sup>26</sup> Then they sang a hymn and went out to the Mount of Olives.



God our Father,  
through our prayers, words and actions this Lent,  
we share your love with the world.  
Help us to always remember  
how much we are loved by you  
and help us to follow your Son, Jesus.  
We make this prayer through Jesus Christ, our Lord.  
**Amen**

Read the

Parish of St Michael & Sacred Heart Newsletters'  
and The Wednesday Word



**Jaime Cranham**  
**Our Family**  
**Support**  
**Worker**

Jamie is available to talk privately about any questions, concerns or issues you may have. Come along for a private chat.

**Drop in sessions every Tuesday at 9:00am**

**Jaime Cranham 07712235803**

**jaime.cranham@liverpool.gov.uk**

**or see Mrs Birch**

**Ask at Reception for further details**







# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

## Attendance



WIN A BIKE!!! THE CHILDREN WITH THE BEST ATTENDANCE OVER THE YEAR WILL BE ENTERED INTO A PRIZE DRAW IN JULY!

# EVERY SCHOOL DAY COUNTS

Year Group	% Attendance
SHINING STARS - RECEPTION	95%
SUPERSTARS - RECEPTION	97.2%
QUICK THINKERS - YEAR 1	97.9%
RECORD BREAKERS - YEAR 1	94.5%
GOLDEN WONDERS - YEAR 2	95.5%
WORLD BEATERS - YEAR 2	96.1%
HEROES - YEAR 3	96.4%
OLYMPIANS - YEAR 3	96.8%
HOTSHOTS - YEAR 4	94.7%
INSPIRATIONS - YEAR 4	97.7%
HIGH ACHIEVERS - YEAR 5	98.7%
HIGH FLYERS - YEAR 5	98%
WHIZZKIDS - YEAR 6	93.8%
CHAMPIONS - YEAR 6	95.3%
Totals	95.9%

Well done to the **Quick Thinkers and High Achievers** for achieving the highest attendance this week. Let's keep on pushing for 100% attendance, 100% of the time!

These classes have won this week's mini disco & crisps for best Class attendance. Well done

### Attendance Ladder



Regular attendance at school is the single most important factor in a child/children making appropriate progress and achieving success. Good, regular and punctual attendance means doing well academically, developing better relationships with other children and positive behaviour. It also sets up good habits for when young people enter into work and life.



We aim for average school attendance to be 97% There are 190 days in a school year which leaves 175 days to spend on family time, shopping, appointments and other things.

It is also important to arrive at school on time. If a child arrives late to school every day, their learning begins to suffer. This graph shows how being late to school every day over a school year adds up to lost learning time.

Should I keep my child off school?

**Yes**

Until...

Chickpox: at least 5 days from the onset of the rash and until all blisters have crusted over

Diarrhoea and Vomiting: 48 hours after their last episode

Cold and Flu like illness: 48 hours after their last episode and they are no longer symptomatic

Impetigo: 10 days after their last episode and they are no longer symptomatic

Measles: 4 days after the rash first appeared

Mumps: 5 days after the swelling started

Scarlet: they have been their first episode

Scrub typhus: 10 days after they started taking antibiotics

Whispering Cough: 48 hours after they started taking antibiotics

**No**

but make sure you let your school or nursery know about...

Head, feet and mouth: 48 hours after their last episode

Head lice: until they have been treated

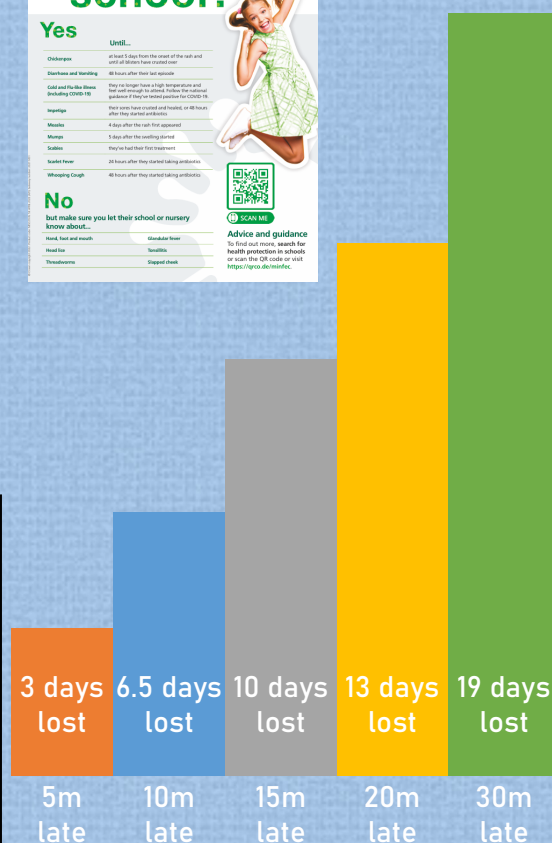
Throat issues: 48 hours after their last episode

Advice and guidance: To find out more, search for health protection in schools or scan the QR code or visit <https://go.vicinfo.co.uk>

### IMPORTANT INFORMATION

In the interest of your child's safety and well being, a named adult needs to be contactable at all times. Please ensure the school has at least 3 up to date telephone numbers. If school are unable to contact you and have concerns we may call the police and request a welfare check.

Can you please call school at the beginning of the day if your child is going to be absent.







# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

## Parenting, SEN and other support



March 2024

### Newsletter

FACE it!



Available to book now!

Approved CPD training for anyone who works with children or teenagers.

**National Standards CPD accredited with certificate**

Monday  
18 March  
19:00 - 21:00  
£24



#### Autism: Improving Communication

Small changes can lead to huge improvements with your ability to communicate with someone on the spectrum.

Tuesday  
19 March  
19:00 - 21:00  
£24



#### What is ACT?

An introduction to Acceptance and Commitment Therapy  
A different approach to supporting Anxiety, Anger, OCD & Neurodiversity

Thursday  
28 March  
19:00 - 21:00  
£24



**Supporting a child with ADHD**  
challenging the stereotypes and giving practical advice

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)

# SWIMSOUND

SWIM SAFE | SWIMSOUND

## SWIMMING LESSONS IN SPRINGWOOD HEATH L19 4TL

BOOK  
ONLINE  
NOW!!



[www.swimsound.co.uk](http://www.swimsound.co.uk)

Winter Edition Liverpool Parenting Newsletter January  
– March 2024





# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

## Safeguarding & Support

**Safeguarding Team**

If you are feeling sad, upset, hurt or scared you can talk to any member of staff.

 Mrs Birch Designated Safeguarding Lead	 Mrs Gordon Co-designated Safeguarding Lead	 Mrs Pigby Deputy Safeguarding Lead	 Mrs Reilly Safeguarding Team Member	 Ms Riley Safeguarding Governor
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If you have any safeguarding concerns or queries please speak to a member of the team.



**Worried about a Child or Young Person?**

If a child or young person is at risk of harm, abuse or neglect please report it to:

**CARELINE**  
Call 0151 233 3700

**NSPCC**

**Worried about a child?**

**0808 800 5000**  
[help@nspcc.org.uk](mailto:help@nspcc.org.uk)

**TALK TO US**

If things are getting to you

**116 123** FREE  
[jo@samaritans.org](mailto:jo@samaritans.org)  
[samaritans.org](http://samaritans.org)

**SAMARITANS**

Call in for advice and support

**BIG HELP PROJECT**




Monday	Tuesday	Wednesday	Thursday	Friday
Hope Place, 410 East Prescott Road, L14 3EQ 11am - 1pm	Deysbrook Community Centre, 2 Deysbrook Way, L12 4XF 9am - 12pm	Friends of Eaton Street Park @ Eaton Street, Prescott, L34 6DH 11:30am - 1:30pm	Croxteth Family Matters @ 35 Moss Way, L11 0BL 9am - 3pm	Croxteth Family Matters @ 35 Moss Way, L11 0BL 10:30pm - 12:30pm
Joseph Loppin Centre, Mill Lane, Old Swan, L13 5TF 12pm - 2pm	Community Hub, The Craft, Stockbridge Village, L28 1NR 12pm - 2pm	The Drive, 235B Finch Lane, L14 4AE 12pm - 3pm	Deysbrook Community Centre, 2 Deysbrook Way, L12 4XF 9am - 12pm	The Drive, 235B Finch Lane, L14 4AE 12pm - 3pm
Big Help Project, 212H Booter Street, Kensington 1:30pm - 3:30pm	Market Stalls No. 118-119, Market Square, Kirkby, L32 8RQ 12pm - 2pm	St George's Church, 46 Primrose Drive, L36 8DW 10am - 1pm	Community Hub, The Craft, Stockbridge Village, L28 1NR 10:30am - 12:30pm	St Michael's Hutton Parish Church Hall, Bluebell Lane, L36 7SE 12pm - 2pm
Marybone Youth Centre, Addison Way, L3 2EW 1pm - 4pm	Walton Vale Community Shop, 105 Walton Vale, Walton, L9 4SR 1:30pm - 3:30pm (Book for 5:30 - 6:30 slot at waltonvaleshop.co.uk)	The Flowers @ 1 Citron Close, L9 1LG 2:30pm - 4:30pm	Charlotte's Brightside @ New Brighton Community Centre, 1A Hope Street, CH45 2LN 12pm - 3pm	Roby Community Centre, Merton Cres, Hayton, L36 4LD 12pm - 2pm
Charlotte's Brightside @ New Brighton Community Centre, 1A Hope Street, CH45 2LN 12:30pm - 3:30pm	Care Merseyside Tower Hill Community Centre, Ebony Way, L33 1XT 12:30pm - 2:30pm	The Drive, 235B Finch Lane, L14 4AE 4pm - 6pm	Walton Vale Community Shop, 105 Walton Vale, Walton, L9 4SR 1:30pm - 3:30pm (Book for 5:30 - 6:30 slot at waltonvaleshop.co.uk)	Big Help Project, 212H Booter Street, Kensington 1:30pm - 3:30pm
	Charlotte's Brightside @ New Brighton Community Centre, 1A Hope Street, CH45 2LN 12pm - 3pm	Roby Community Centre, Merton Cres, Hayton, L36 4LD 12pm - 2pm	Market Stalls No. 118-119, Market Square, Kirkby, L32 8RQ 12pm - 2pm	Big Help Cymru, 31 Vale Road, Rhyl, LL18 2BT 12pm - 2:30pm
	Big Help Cymru, 31 Vale Road, Rhyl, LL18 2BT 12pm - 2:30pm			

**BIG HELP PROJECT Food Clubs**

Food Clubs offer members good quality fresh food that would otherwise go to landfill. Members pay £3.50 a week and choose up to 10 items, or pay £5 for up to 15 items.  
\*subject to change - check our social media every Monday for our

**Find out more about Big Help:**

Big Help Project  
@bighelpproject  
@bighelpproject

bighelpproject.com  
0151 482 6089  
212 Booter St L6 6AF

## FIND A MEAL

**Bootle**  
Tuesdays at 7pm  
St Matthew's  
410 Stanley Road  
L20 5AE

**Dingle**  
Wednesdays at 7pm  
St Cleopas Church  
400 Mill Street  
L8 4RF

**Old Swan**  
Thursdays 7pm  
The Salvation Army  
Prescot Road  
L13 3BT



**Come in for a free meal**  
No referral needed, just turn up!

[www.foodcycle.org.uk](http://www.foodcycle.org.uk) | 02077 292 775  
Registered charity number: 113423



# Measles: Are there different MMR vaccines?



You have probably heard a lot about measles in the news. There is a large outbreak in Birmingham mainly affecting children under 10 years old. Many children have needed to be admitted to hospital. Measles can cause serious problems including meningitis and hearing loss and can cause death.

The best way to protect against measles is to get two doses of the MMR vaccine.

There are two different versions of the MMR vaccine that are available for free through your GP. One of them contains gelatine and the other one doesn't.

They are both very effective and safe.

If you don't want the vaccine which contains gelatine, don't worry. You can still have the vaccine.

All you have to do is ring ahead to your GP practice and let them know, so they can have the right one ready for you. It's as simple as that.

There is more information about vaccines and porcine gelatine at this [link](#):

Children are invited for their first dose of the MMR vaccine when they are between 12 and 13 months old and the second dose is given around 3 years and 4 months. Children can receive the vaccine at any age after this, so if your child has missed either of these doses or you are not sure just contact your GP practice.

For more information, visit: <https://www.nhs.uk/conditions/measles/>

## MEASLES

Don't let your child catch it  
- get them vaccinated with the MMR vaccine

- measles outbreaks happen when not enough children have been vaccinated
- measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill
- your child is at risk of measles if he or she hasn't had the MMR vaccination
- 2 doses of MMR vaccine are needed to get the best protection

- if your child is due to have had 2 doses of MMR but has not yet received them, no matter what age they are, you should contact your GP to get them vaccinated as soon as possible\*
- if you can't remember if your child has had any, 1 or 2 doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to your GP
- if you don't know how many doses your child has had, it's better to have 2 doses of MMR vaccine now rather than risk leaving them unprotected

\*In response to a local outbreak then the 2 doses can be given one month apart from the age of 18 months.

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the safest way to protect your child

Some common questions about measles and the MMR vaccine are listed on the back of this leaflet

## MEASLES

Nu vă lăsați copilul să se îmbolnăvească  
- imunizați-l cu vaccinul MMR (impotriva rujelei, oreionului și a rubeolei)

- Rujeola a revenit în actualitate. Au existat focare epidemice grave în țara Gallor și Anglia, iar numărul copiilor care se îmbolnăvesc de rujeolă este în creștere.
- Rujeola poate fi o boală foarte gravă, care poate duce la infecții la nivelul urechilor și al toracelui, crize, diaree și leziuni ale creierului. Rujeola poate ucide.
- Copiii dumneavoastră este expus riscului îmbolnăvirii cu rujeolă dacă nu a fost imunizat împotriva rujelei, oreionului și rubeolei.
- Sunt necesare două doze de vaccin MMR împotriva rujelei, oreionului și rubeolei pentru a obține cea mai bună protecție.

- Dacă copilul dumneavoastră trebuie să se administreze cele două doze de vaccin MMR împotriva rujelei, oreionului și rubeolei, dar încă nu le-a primit, indiferent de vârsta acestuia, trebuie să vă adresați medicului de familie pentru a-l vaccina cât mai curând posibil. \*
- Dacă nu vă puteți aminti dacă copilul i s-a administrat una sau două doze de vaccin MMR împotriva rujelei, oreionului și rubeolei, verificați fișa medicală a copilului (Cartelul Roșu). Dacă acest lucru nu vă ajută, adresați-vă medicului de familie.
- Dacă nu știți câte doze i s-au administrat copilului dumneavoastră, este mai bine ca să primiți acum cele două doze de vaccin MMR împotriva rujelei, oreionului și rubeolei decât să riscați să îl lăsați neprotejat.

\*Ca răspuns la un focar epidemic local, cele două doze pot fi administrate la o lună distanță între ele, începând cu vârsta de 18 luni.

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cea mai sigură cale de a vă proteja copilul

Unele dintre întrebările frecvente despre rujeolă și vaccinul MMR împotriva rujelei, oreionului și rubeolei sunt trecute pe reversul acestei broșuri.

## MEASLES

Ochroń swoje dziecko przed zarażeniem się  
- zaszczep je przeciw odrze, śwince i różyczce (szczepionka MMR)

- Odra znów pojawia się w wiadomościach. Na terenie Wali i Anglii odnotowano znaczny wzrost zachorowań, zwiększa się liczba dzieci zarażonych odrą.
- Odra jest groźną chorobą, która może prowadzić do zapalenia ucha, infekcji dróg oddechowych, drgawek, biegunki oraz uszkodzenia mózgu. Odra może prowadzić do śmierci.
- Zachorowaniem na odrę zagrożone są dzieci, którym nie podano szczepionki MMR.
- Najlepszą ochronę zapewniają dwie dawki.

- Jeżeli dziecku nie podano zalecanych dwóch dawek szczepionki MMR, należy skontaktować się z lekarzem pierwszego kontaktu i zaszczepić je jak najszybciej, niezależnie od jego wieku. \*
- W razie niepewności, czy dziecko zostało zaszczepione lub czy podano mu jedną, czy dwie dawki szczepionki MMR, należy sprawdzić jego książeczkę zdrowia (Red Book). Można również skontaktować się z przychodnią lekarską.
- Jeżeli nie wiadomo, ile dawek szczepionki otrzymało dziecko, lepiej podać mu dwie dawki szczepionki MMR niż ryzykować pozostawienie go bez ochrony.

\*Dlatego w odpowiedzi na lokalny wzrost zachorowań można podać dziecku dwie dawki szczepionki w odstępie jednego miesiąca po ukończeniu przez nie 18. miesiąca życia.

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najbezpieczniejszy sposób ochrony zdrowia dziecka

Na odwrocie niniejszej ulotki podano często zadawane pytania na temat odry i szczepionki MMR

## MEASLES

لا تدعها تصيب طفلك  
- افرم بتحصينهم بلقاح MMR

- إذا كان من المقرر أن طفلك يتلقى جرعتين من MMR ولكن لم يتلقاها بعد، بغض النظر عن العمر، يجب عليك الاتصال بطبيبك للحصول على تطعيم في أقرب وقت ممكن. \*
- إذا كنت لا تستطيع تذكر ما إذا كان طفلك قد تلقى أي جرعة أو اذ جرعة واحدة أوجرتين من تطعيم MMR، فتتحقق من سجل صحة الطفل الشخصي (الدفتر الأحمر). إذا لم يساعد ذلك، فتحدث إلى طبيبك.
- إذا كنت لا تعرف عدد الجرعات التي قد تلقاها طفلك، فمن الأفضل إعطائهم جرعتين من لقاح MMR الآن بدلاً من المخاطرة بتراكم دون حماية.

- الحصية في الأخبار مرة أخرى. كانت هناك تفشيات خطيرة في ويلز والجنوب و عدد الأطفال المصابين بالحصية في ارتفاع.
- يمكن أن تكون الحصية مرضًا خطيرًا جدًا، مما يؤدي إلى التهاب الأذن والصدر، وتشنجات، وإسهال، وتلف المخ. يمكن للحصية أن تقتل.
- يكون طفلك معرضًا لخطر الحصية إذا لم يكن قد تلقى لقاح MMR.
- هناك حاجة إلى جرعتين من لقاح MMR للحصول على أفضل حماية.

\*استجابة لتفشي المرض المحلي، يمكن إعطاء الجرعتين ويتم إعطائهما أيضًا إذا لم يتجاوز عمر 18 شهرًا.

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طريقة الأسهل لحماية طفلك

بعض الأسئلة الشائعة حول الحصية ولقاح MMR مترجمة على ظهر هذه النشرة

## MEASLES

Ma muk to chavo te astarel ola  
- Vakcinirin olen MMR vakcina

- I tikni luludi/ o morbillia palem si ande nevimata. Sikaville bare epidemie ando Vels thaj Anglicko thaj o gindo katar chavre kola astarde tikni luludi/morbillia barol.
- I tikni luludi/ o morbillia šaj te ovel seriozno nasalvipe sano indžarol kori kanenge thaj kolineske infekcie, tmaniba/konvulzie, diareja thaj rumbe ki godi. I tikni luludi/ o morbillia šaj te mudaren.
- Turnaro chavo si po risiko katar tikni luludi/morbillia te či lila MMR vakcina.
- Duj doze katar ki MMR vakcina trubun vaš majmisto protekcia/ arakhipen.

- Turnaro chavo te trubujasa te len duj doze katar MMR numaj sa panda či lila len, bi dikhindor leske bresa.tuman trubun te keren kontakto turnare doktorosa te vakcinisaren le so majsig šaj. \*
- Te či dijen tunen godi lila vaj na turnaro chavo jak vaj duj doze katar ki MMR vakcina, dikhen lesko/lako personalno chavresko sastimosko kartono (O lolo Lil). Te či mažutisarda tunen kado, den duma turnare doktorosa.
- Te či džanglen sode doze lila turnaro chavo, majmisto si te lel akana duj doze katar MMR vakcina ki ma te muken pes po risiko te achen bi protektivime.

\*Sar responso pe lokalno epidemia, le duj doze šaj te den pes jekhe chonasar vrama maskar le doze katar ke 18 čhona.

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La majmisto drom te protektivisaren te chavre

Varesave sakodživeske pučimata vaš tikni luludi/morbillia thaj i MMR vakcina šaj te arakhen po agor taro akak liloro

## خسرہ

اپنے بچ کو اس میں مبتلا ہونے نہ دیں۔  
- انہیں MMR ویکسین لٹائیں۔

- خسرہ ایک بہت سنگین بیماری ہو سکتی ہے، جس سے کان اور سینے میں انفیکشن، دورے، اسہال، اور دماغ کو نقصان پہنچ سکتا ہے۔
- آپ کے بچ کو خسرہ کا خطرہ لاحق ہے اگر اس نے MMR ویکسینیشن نہ کروائی ہے۔
- بہترین تحفظ حاصل کر کے آپ کے بچ کو MMR ویکسین کی دو ڈوز درکار ہیں۔
- اگر آپ کے بچ کو MMR کی دو ڈوز لگنے والی ہیں، لیکن ابھی تک نہیں ملے ہیں، چاہے وہ کتنی ہی عمر کا کوون نہ ہو، آپ کو اپنے بچ کے لیے رابطہ کرنا چاہیے تاکہ اسے جلد از جلد ویکسین لگوائیں. \*

- اگر آپ کو یاد نہیں کہ آیا آپ کے بچ نے MMR ویکسین کی گولی، ایک یا دو ڈوز لیں، تو اس کا ذاتی جائلڈ ہیلتھ ریکارڈ (ریڈ بک) چیک کریں۔ اگر اس سے مدد نہیں ملتی تو اپنے بچ کے پدے بات کریں۔
- اگر آپ نہیں جانتے کہ آپ کے بچ کو کتنے ڈوز دیے گئے ہیں، تو بہتر ہے کہ آپ MMR ویکسین کی دو ڈوز دیں بجائے اس کے کہ اسے غیر محفوظ رہنے کا خطرہ لاحق ہو۔
- مکمل کرنے میں کبھی دیر نہیں ہوتی۔ تمام بچوں اور نوجوان بالغوں کو MMR ویکسین کی دو ڈوز دیں۔ یہ کسی بھی لیے شخص کی حفاظت کرتا ہے جو بہت کم عمر، حاملہ یا بہت کمزور ہے جس کو MMR ویکسین دی جائے۔

\*مقامی وائرس جواب میں 18 ماہ کی عمر پر دو ڈوز ایک بار دیگر کیے گا۔

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the safest way to protect your child

خسرہ اور MMR ویکسین بابت میں کچھ عام سوالات اس لیفلٹ کی پشت پر درج ہیں۔





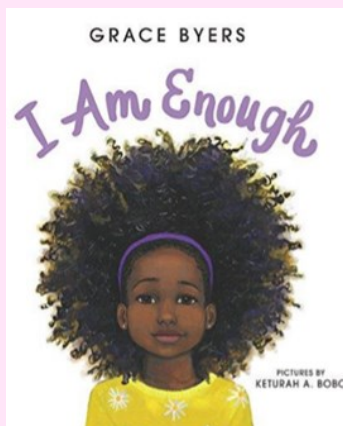
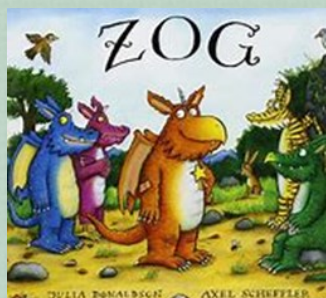
## Dates for your Diary/Upcoming Events

Activity	Date/Time	Year group	
Science Week	11th March	Whole School	
Parents' Evening	14th March	Whole School	
Winmarleigh Hall	20th - 22nd March	Year 5	Residential Trip
Easter Bonnet Making Workshop	22nd March	KS1	Parents/Carers Welcome
Infant Spring and Easter Assembly	Tuesday 26th March 9:15am	Year 1 and 2	Parents/Carers Welcome
Year 3 and 4 Spring and Easter Assembly	Wednesday 27th March 9:15am	Year 3 and 4	Parents/Carers Welcome
Year 5 and 6 Spring and Easter Assembly	Wednesday 27th March 2:15pm	Year 5 and 6	Parents/Carers Welcome
Easter Bonnet Parade and finish for Easter holidays	28th March	Reception/Year 1/Year 2	Parents/Carers Welcome

## Storytime @ St Michael's

Scan a code, snuggle up and listen to a story!

Zog by Julia Donaldson  
and Axel Scheffler



Scan the QR code to listen  
to...

"I am Enough."

By Grace Byers







# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

## St Michael's Catholic Primary School

### Term Dates 2023 -2024

#### Autumn Term 2023

Term: Monday 4th September – Thursday 21st December

Pupils: Autumn Term 1 – Monday 4th September to Thursday 26th October

Half term: Monday 30th October to Friday 3rd November

Pupils: Autumn Term 2 – Monday 6th November to Thursday 21st December

Terms ends: Thursday 21st December 2023

#### Spring Term 2024

Term: Monday 8th January – Thursday 28th March

Pupils: Spring Term 1 – Monday 8th January to Friday 9th February

Half term: Monday 12th February – Monday 19th February

Pupils: Spring Term 2 – Tuesday 20th February to Thursday 28th March

Term ends: Thursday 28th March

#### Summer Term 2024

Term: Monday 8th April to Friday 19th July

Pupils: Summer Term 1 – Monday 8th April to Friday 24th May

Half term: Monday 27th May to Friday 7th June

Pupils: Summer Term 2 – Monday 10th June to Friday 19th July

Term Ends: Friday 19th July

May Bank Holiday: Monday 6th May



### Staff Development Days – School closed for pupils

Friday 1st September 2023

Friday 27th October

Monday 19th February 2024

Four extended twilight sessions (22nd Dec & 22 July)





# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

## St Michael's Catholic Primary School

### Term Dates 2024 -2025

#### Autumn Term 2024

Term: Tuesday 3rd September – Friday 20th December

Pupils: Autumn Term 1 – Tuesday 3rd September to Friday 25th October

Half term: Monday 28th October to Friday 1st November

Pupils: Autumn Term 2 – Monday 4th November to Friday 20th December

Terms ends: Friday 20th December 2024

#### Spring Term 2025

Term: Monday 6th January – Thursday 10th April

Pupils: Spring Term 1 – Monday 6th January to Friday 14th February

Half term: Monday 17th February – Monday 24th February

Pupils: Spring Term 2 – Tuesday 25th February to Thursday 10th April

Term ends: Thursday 10th April 2025

#### Summer Term 2025

Term: Tuesday 22nd April to Friday 18th July (May Bank Holiday: Monday 5th May)

Pupils: Summer Term 1 – Tuesday 22nd April to Friday 23rd May

Half term: Monday 26th May to Friday 6th June

Pupils: Summer Term 2 – Monday 9th June to Friday 18th July

Term Ends: Friday 18th July 2025



### Staff Development Days – School closed for pupils

Monday 2nd September 2024

Monday 24th February 2025

Six extended twilight session