

# Whole school PE Overview

| Equality    |                                   |  |                                    |
|-------------|-----------------------------------|--|------------------------------------|
| Diversity   |                                   |  |                                    |
| Aspirations |                                   |  |                                    |
|             | Autumn                            | Spring   | Summer                             |
| Year 1      | Gymnastics<br>Dance               | Ball skills<br>Fitness                             | Athletics<br>Fielding and striking |
| Year 2      | Gymnastics<br>Dance               | Net and wall<br>Fitness                            | Athletics<br>Fielding and striking |
| Year 3      | Gymnastics<br>Dance               | Hockey<br>Basketball                               | Athletics<br>Rounders              |
| Year 4      | Gymnastics<br>Dance<br>OAA (CHET) | Tag rugby<br>Badminton                             | Swimming<br>Athletics<br>Rounders  |
| Year 5      | Gymnastics<br>Dance               | Swimming<br>Netball<br>Tennis<br>OAA (Barstondale) | Athletics<br>Cricket               |
| Year 6      | Football<br>Swimming              | Gymnastics<br>Basketball                           | Athletics<br>Rounders              |

**Equality:** When playing any sport children must adhere and abide by the same rules. We are all equal and the same rules apply to us all.

**Diversity:** In St. Michael's children are given a wide range of sporting opportunities. During dance they are introduced to dances from around the world. Specialists come into school to teach the children how to play football, gymnastics and tae kwondo. Our PE curriculum is as diverse and rich in culture as the children who attend our school.

St Michael's Catholic Primary School  
2022-2023

Aspirations: Children are taught to aim high, and reach for their sporting goals, to challenge themselves every day. To compete against themselves and each other. "With Jesus we can achieve what we dream and believe."