#### PEACE THOUGHTS

Place your foot on the surface of the earth the way an emperor would place his seal on a royal decree. A royal decree can bring happiness or misery to people. It can shower grace on them or it can ruin their lives. Your steps can do the same.

If your steps are peaceful, the world around you will have peace.

If you can take one peaceful step, you can take two,
and if you can take two, you can take hundreds of such steps!

Go and make the world a better place!

Thich Nhat Hanh

The Sufis advise us to speak only after our words have passed through three gates.

At the first gate, we ask ourselves, 'Are these words true?'

If so, we let them pass on; if not, back they go.

At the second gate we ask, 'Are they really necessary?'

At the last gate, we ask, 'Are they kind?'

Eknath Easwaren

#### TV WITH A CONSCIENCE

### SUNDAY 10.00pm BBC4: CHILDREN OF THE CARIBBEAN REVOLUTION

Showing as part of Black History Month, this film examines the lives of four unsung and inspirational revolutionary black leaders.

MONDAY 8.00pm BBC1: WILL THE NHS TAKE CARE OF ME? Investigates why people with learning disabilities are more than twice as likely to die from avoidable causes than the rest of the population.

MONDAY 11.05pm C4: ARE OUR WARDS SAFE?
Reports on the safety of patients on mental health wards.

WEDNESDAY 11.40pm ITV1: FOOTBALL'S WINDRUSH STORY
Celebrates the legacy of the Windrush generation and examines the impact that Caribbean migration to Britain has had on the national game.

FRIDAY 7.30pm C4: UNREPORTED WORLD: CHILDREN FOR SALE Follows those trying to rescue teenagers from the sex trafficking underworld of Houston, Texas.

Registered Charity 232709



## THE PARISH OF ST MICHAEL AND SACRED HEART

Fr. James Nugent Pastoral Area St Michael's Church, Horne St, L6 5EH Sacred Heart Church, Low Hill, L7 8TN Tel: 0151 263 6578 Confessions: Saturday 12noon St Michael's



8th/9th October 2022 28th Sunday in Ordinary Time P.85

#### MASS TIMES

Monday 9.00am Sacred Heart Tuesday 9.30am St Michael Wednesday 12noon Sacred Heart, School Harvest Service Thursday 7.00pm St Michael

> Saturday 6.30pm Sacred Heart Sunday 10.30am St Michael

GOSPEL THOUGHTS Luke 17: 11-19

The child not chosen to play on either football team feels left out. Without the right pair of trainers a teenager can feel vulnerable.

To be gathered in the warmth of shared laughter is to be free of embarrassment; to feel loved and wanted.

Is it a sign of the Prescence of God's plan that we can feel comfortable with each other; that grace is flowing around?

Jesus had a preference for anyone marginalized. Healing lepers was part of his revealing God's plan and presence. Nine

felt entitled but it was a foreigner who returned to thank Jesus. Despised twice; as leper and foreigner his gratitude sealed his relationship with Jesus.

Feeling happy in God's company is meant to complete us and make us comfortable.



# REMEMBERED ...during Mass

Maeve Welsby, Irene Kennedy, Olaniyi Oladigbo, Michael Williams, Lilian Atherton, Betty McDonald and all our family and friends who have gone before us.

#### PASTORAL PLAN

Deanery Synodal Council has had a first meeting

Representatives consist of a nine lay people from different Parishes and three priests. Their agenda will be, how to be the Church among and for the local families and their concerns.

Our parish representative has reported back.

The next meeting will be 12th October.

http://liverpoolpastoralplan.org.uk

#### EMMAUS GROUP

'God for Grownups.' An hour for adults to look at our faith for our own time. A chance for conversations about our life in the light of the gospels. Interested?

Our next block of meetings will be

4.00pm Sundays 9th 16th 23rd October.

And also

Journeying together in faith

A programme to explore, deepen and discern our own faith.

Begins Monday 26th September 7pm,

SFX, Salisbury Street, Liverpool, L3 8DR

#### Communion Procedure

After discussion with the stewards we have re-established the return to the usual time for distribution of Communion followed by a return to the benches for your prayers of thanksgiving and the dismissal. Thanks for bearing with us.

Only leave your seat when all the people in the seats in front of you have gone to Communion before you.

Keep a safe distance from those in front of you when queueing.

Family Fast Day

...was on <u>Friday 7th Oct</u>. Get your friends and people at work and put some money in the CAFOD envelope.

Bring your envelopes to church.

#### SOCIAL JUSTICE GROUP MEETING

This will take place on Tuesday, 11<sup>th</sup> October at 5.00pm in St. Michael's Parish Rooms, Horne Street.

Do come along, find out what we do and maybe get involved yourself. You are very welcome!

#### PAX CHRISTI

Our next meetings are: all Thursdays 2pm,, 6th October, 3rd November and 8th December. in St Michael's Parish Rooms. You are welcome.

We are offering <u>a day exploring Gospel nonviolence</u> on Saturday 15th October.

The venue is Irenaeus, Great Georges Road, Waterloo More info see poster in church or ring Jan on 07591 082195.

## THE IRISH CENTRE 'What's On' in October

Wednesdays in October Over 55's Club 12 - 2pm

Thursday 13th and 27th October Tea, Bingo and a Chat 1pm -3pm

<u>Christian Churches in our district</u> work well together. One of many events is an enjoyable day of reflection at 'IRENAEUS' Sunday 16th October 1pm-6pm For more information and a bus ride ring 0151 298 1911

**Energy Bills** 

Don't be alone with your worries. Use less.

Keep your Bills. Get in touch with your supplier.

Join a Credit Union. Speak to a Benefits Adviser.

Advice and support is available from the following:

Citizens Advice Bureau 0300 330 1196

Kensington Fields Community Centre 0151 708 9107

BIG HELP Boaler Street 0808 275 9931