

St. Michael's Catholic Primary School
Guion Street
Liverpool L6 9DU
Tel: 0151 263 8460 Fax: 0151 263 4120
Headteacher Mrs Alyson Rigby
Email michaels-ao@st-michaels.liverpool.sch.uk
www.stmichaelscatholicprimary.co.uk



*“With Jesus, we can
achieve what we
dream and believe”*

17th July 2022

Dear Parents/ Carers,

Exceptionally high temperatures are expected from Sunday through to Tuesday.

We have received the following advice from the Local Authority which we will follow for the last two days of term. Some of this advice can also be followed at home during hot weather.

- Ensure there is plenty of ventilation in rooms.
- Close over blinds or curtains to reduce the rate at which the temperatures rise in a room.
- Children to wear sunhats or caps when outside.
- Children to wear sun cream. Please put sun cream on your child before they come into school. We have sun cream in school for them to reapply or you can send some in with your child.
- Children should bring water bottles to school. This will help them to not only keep hydrated but taking on water also helps someone to regulate their temperature. Children will be reminded to drink water throughout the day.
- Children will be discouraged from high intensity activities at lunchtime and break time.
- Children do not have to wear uniform. They can wear PE kits on Monday and Tuesday is own clothes day.

Further NHS heatwave advice can be found [here](#).

In addition, children and families should be aware about the dangers of open water swimming. Over the years a number of children or adults have died having initially decided to ‘cool off’ in a river, pond, canal or reservoir and then quickly becoming distressed and then at risk.

Further advice can be found here:

<https://www.rlss.org.uk/pages/category/open-water-safety-tips>

Best Wishes

Alyson Rigby
Headteacher



MUSIC MARK
SCHOOL

