

Message from the Headteacher

Dear Parents and Carers

Welcome back to our final half term of this school year and what a busy one I think it is going to be! We have trips booked, Aspire and Achieve Week, a variety of sports activities and lots more. You will find some event dates

below. We will send out, via our School App, regular reminders –so please watch out for the alerts.



Bikeability

'Bikeability is the Department for Transport's national award provider for cycle training in England.'

Children across year 5 are taking part in a 'Bikeability' programme to learn how to safely ride a bicycle on local roads and gain practical cycling skills. The children have a training session for a full morning on the school grounds and then assessed to see if they are confident and competent to go out on the local roads. The children are thoroughly enjoying it, are learning lifelong cycling skills and most importantly how to keep safe on public roads.

The team of staff from Bikeability, who have been delivering this programme, have commented all week about the excellent behaviour and positive 'can do' attitude of our children.

A big well done to all the children involved – this programme continues for another week.



Parent and Carer Voice Meeting

On Wednesday (8th June) we invited parents and carers into school for a cuppa, a biscuit and a chat about further ideas on how we can keep developing and improving our school. We had great attendance and some super ideas were



improving our school. We had great attendance and some super ideas were

discussed. Some of these suggestions will be put into action very soon. The minutes of this meeting are on our school website. *We truly want to listen to your thoughts, suggestions and ideas.*

Friends of St Michael's Group

We want to establish a group consisting of parents, carers and staff to be called 'Friends of St Michael's'. The remit of this group would be to organise social and fund raising events, to buy resources and equipment for school but also very importantly give families opportunities to get together and have fun! If you are keen to get involved with this group please chat to Mrs Birch, Mrs Roscoe or myself.

'This week our <u>Collective Worship</u> theme has been **Respect for our Planet**. We began the week with Pentecost when Christian's believe that Jesus sent a helper - the Holy Spirit - to the disciples. The children had the opportunity to reflect on things that they would like help with. For the remainder of the week we reflected on the Earth as our common home, and how we should protect and take care of it for all people. Children were invited to join Pope Francis in his Prayer for our Earth. You can join this too here by clicking on the clip.



The children below have gone <u>Above and Beyond</u> in school this week. They have been rewarded with a certificate and a hot chocolate with cream, marshmallows and biscuits. Well done!



Interview with the Miss Lafferty—School Receptionist

What inspired you to be a receptionist at our school? I love to interact with people. What is your biggest achievement? Working my way up to the position I am in now. What would be your dream job? My dream job would be a lawyer. Do you have a favourite motto you live by? Yes, anything is possible. How many years have you worked at our school? Over 27 years. All the way back to the 90's!



Happy Birthday Kai Elliot Diyari Karzan

Porsha Williams Maya Ghali



Year 4—Hotshots

We have had another busy week in the Hot Shots!



@HotShotsSTM2020

<image>

We have worked hard to finish our set designs for the ballet of Alice in Wonderland and can't wait to display these in the model box next week.









We have also learnt about pitch in science, by putting different amounts of water into a bottle and blowing over the top to create a sound. We discovered that a little bit of water meant that the molecules had more space to move around and vibrated slowly, creating a low pitched sound. When we added more water the pitch became higher as the molecules vibrated more quickly.

Thank you to our parents and carers for your continued support and remember to follow our twitter page to keep up to date with our class.



Important

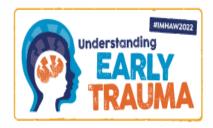
Dates



Data	Front
Date	Event
Tuesday 14th June	Year 3 Walker Art Gallery Trip
Wednesday 15th June	Year 1 Walker Art Gallery Trip
Friday 17th June	Year 6 Walker Art Gallery Trip
Thursday 23rd June	Year 6 Animate Trip
	Year 2 Liverpool Museum Trip
Friday 24th June	Year 5 Walker Art Gallery Trip
Tuesday 5th July	Nursery Farm Trip (morning children)
Thursday 7th July	Year 4 Walker Art Gallery Trip
Friday 8th July	Year 2 Walker Art Gallery Trip
	Year 1 Formby Beach Trip
Monday 11th	Sports Day
	Infant (morning)
	Junior (afternoon)
Tuesday 12th July	Nursery Farm Trip (afternoon children)
Wednesday 13th July	Reception Walker Art Gallery Trip
Thursday 14th July	Junior Prize Giving (morning)
	Year 6 Prom
Friday 15th July	Reception Farmer Ted's Trip
Monday 18th July	Infant Prize Giving (morning)
	Year 4 Safari Trip
Tuesday 19th July	Year 6 Leavers Assembly







Infant Mental Health Awareness Week 2022

FRESH CAMHS Events:

<u>Tuesday 14th June</u> (9.30-11am) "**Understanding Early Trauma.**" At Everton Children Centre. Held by Kim Embra, Helen Honor & Rachel Wilson for parents of local children centres (Limited spaces available).

<u>Thursday 16th June</u> (9:30am-12:30pm) "What is Trauma?" At Belle Vale venue. Held by Jackie Lunt for practitioners currently working with families in the early years. (Limited spaces available, must be able to attend for the full 3 hours).

<u>Friday 17th June</u> (9:30am-12:30pm) "What is Trauma?" At Prescot Venue. Held by Jackie Lunt for practitioners who currently work with families in the early years. (Limited spaces available, must be able to attend for the full 3 hours).

<u>Thursday 16th</u> June (14:30pm-4pm) **ACEs online workshop** held by Jackie Lunt on Microsoft Teams can be accessed via this link: <u>https://teams.microsoft.com/l/meetup-join/19%</u> <u>3ameeting_MGFIOTQ3M2QtN2ViZi00OWExLWIyMGMtNGFjNTM3MTI2MTc4%40thread.v2/0?context=%7b%22Tid%</u> <u>22%3a%22473ccf1b-3957-4eb0-82ba-be8a6aa1f64a%22%2c%22Oid%22%3a%221e109d05-dfb1-45cc-a085-</u> 9e00121cf28c%22%7d

Whole city event:

Saturday 18th June (10am -1pm) Liverpool Earl Years festival 2022. At Cheavsse Park, Liverpool One. Lots of staff, services, activities, and families. No booking required. All welcome! Further details to be forwarded.

If parents would like to attend the session on Tuesday 14th June, please ask parents to contact Everton Children Centre reception on 0151 233 1969 to book a place.

If you would like to attend either of the sessions on the 16th and 17th June, please contact Naomi.watson@alderhey.nhs.uk

Please include your:

- Name.

- Role.

Place of work.

- Date you wish to attend.

Twitter hashtags to raise awareness:

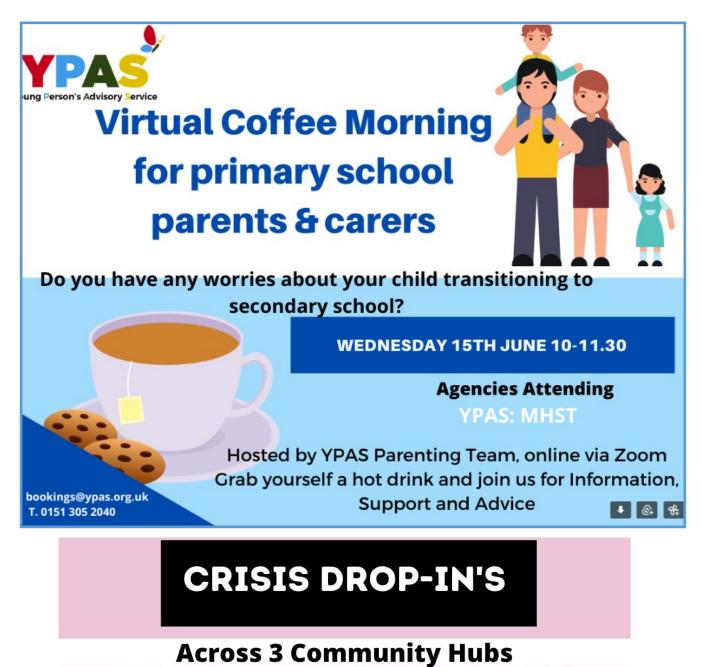
#IMHAW2022

#Understandingearlytrauma



Infant Mental Health AWARENESS WEEK

13-19 June 2022





We can support you through times of crisis

Young Person's Advisory Service

- STRUGGLING WITH YOUR MENTAL HEALTH?
- YOU OR YOUR CHILD ARE IN A CRISIS?
- FEELING LONELY & ISOLATED?
- NEED A LISTENING EAR?
- NEED A SAFE SPACE?



Please see our website for the latest times

Working together to support you and your child

We understand that now is a difficult time for you because you may be dealing with your own feelings. And we believe that you have a vital role to play in supporting your child following their experience of domestic abuse.

As you complete the programme, you may need to be patient with your child, as they often need more time to make sense of the work we are doing. To keep on top of things, it will be helpful if you let us know about your child's reaction to the work, or about any changes in their behaviour or about any other significant events.

This'll help us to work together, getting better support to you both.

Where to get support

If you have any worries about a child, the NSPCC helpline offers advice and support 24 hours a day. You don't have to say who you are. And the sooner you call, the sooner it's off your mind.

Call 0808 800 5000 or email help@nspcc.org.uk

Get in touch

To find out more about the DART programme in your area, contact us today:

NSPCC North West Hub Hargreaves Centre 112 Great Homer Street Liverpool L5 3LQ Tel: 0151 556 1000 email: merseycpt@nspcc.org.uk

NSPCC



INFORMATION FOR MOTHERS

Domestic Abuse Recovering Together (DART)

Helping children and families recover from domestic abuse.

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Contact Mrs Birch for further details—0151 263 8460

This booklet tells you all about DART and what you can expect from the programme.

Who's it for?

DART is here for you and your child following domestic abuse. It gives you the opportunity to strengthen your relationship with each other. Over a 10-week structured group work programme, you explore your issues within a safe and friendly environment, promoting openness and honesty.

Currently the programme works with one mum and one child per family. But if you have more than one child, you may be offered the opportunity to complete the programme with your other children at a different time. In any case, to attend the group, your child must be between 7-14 years old.

Who runs the service?

To bring DART to you and your family, the NSPCC is working in partnership with many agencies across the country. In your area, they're working with:

What do we mean by domestic abuse?

The definition that DART works with is: "Domestic abuse (also called domestic violence) happens when one person hurts or bullies another person who is or was their partner or who is in the same family. It can happen between people who are going out together, living together, have children together or are married to each other. It can happen either when people live together or separately.*

"We create a safe space for

children and for mums." - Ahmed, DART practitioner

What happens in a DART group?

You will explore: • what domestic abuse is

- why it's okay to talk about domestic
- abusesome strategies to protect you and
- your family from domestic abuse • why you are not to blame for the
- domestic abuse

 some ways of building your own and
- your child's self esteem
- how you and your child can constructively express your feelings and emotions such as anger.

Each weekly session will last approximately two hours and will offer space for you and your child to work both together as well as separately. Women and children will work together for the first hour of the session before dividing into separate groups. Please note that it is important that you feel safe enough to participate. Due to the nature of the programme, the perpetrator of domestic abuse must not be living within the family home and you can only access the service if you are no longer living with domestic abuse.

How does domestic abuse affect children and relationships?

Domestic abuse can have a huge impact on children. Their responses to witnessing such abuse can be very different, and some are affected more than others. These effects may be short or long-term and can impact on many aspects of your family's life.

Often domestic abuse is not discussed between family members, which can have an impact on how women and children relate to each other.

Getting to know you and your child

Before joining the programme we need to find out a little bit more about your family and how the domestic abuse has affected you and your child. In order to do this, your allocated worker will need to meet with you and your child on four separate occasions.

This is also an opportunity for you to get to know us and ask any questions or talk about any worries relating to the programme. We sometimes find that families are not ready to start the group, for various reasons.

After meeting with you and your child we will let you know if DART is right for you. If we think that it's not the best time for you to come, then we will see if we can find some different support for you and your family.





Term Dates 2021-2022

Autumn Term 2021



Term: Thursday 2nd September to Tuesday 21st December 2021 Half term: Friday 22nd October to Friday 29th October 2021 (school closed) Terms ends: Tuesday 21st December 2021

Spring Term 2022



Term: Wednesday 5th January 2022 - Friday 8th April 2022 Half term: Monday 21st February – Friday 25th February 2022 (school closed) Term ends: Friday 8th April 2022

Summer Term 2022



Term: Monday 25th April to Tuesday 19th July 2022 Half term: Monday 30th May to Monday 6th June 2022 (school closed) Term Ends: Tuesday 19th July 2022 May Bank Holiday: Monday 2nd May 2022 (school closed)

Staff Development Days (School closed for pupils)

Wednesday 1st September 2021 Friday 17th September 2021 Friday 22nd October 2021 Monday 28th February 2022 Two extended twilight sessions

Guion Street, Liverpool, L6 9DU. 0151 263 8460 michaels-ao@st-michaels.liverpool.sch.uk

'With Jesus we can **achieve** what we **dream** and **believe**'

St Michael's Catholic Primary School

Term Dates 2022-2023



Autumn Term 2022



Term: Thursday 1st September to Wednesday 21st December 2022 *Pupils: Autumn Term 1 – Monday 5th September to Friday 21st October* Half term: Monday 24th October to Friday 28th October 2022 *Pupils: Autumn Term 2 – Monday 31st October to Wednesday 21st December* Terms ends: Wednesday 21st December 2022

Spring Term 2023



Term: Wednesday 4th January - Wednesday 5th April 2023 *Pupils: Spring Term 1 – Wednesday 4th January to Thursday 9th February* Half term: Monday 13th February – Friday 17th February 2023 *Pupils: Spring Term 2 – Monday 20th February to Wednesday 5th April* Term ends: Wednesday 5th April 2023

Summer Term 2023



Term: Monday 17th April to Thursday 20th July 2023 *Pupils: Summer Term 1 – Monday 17th April to Friday 26th May* Half term: Monday 29th May to Friday 9th June 2023 *Pupils: Summer Term 2 – Monday 12th June to Thursday 20th July* Term Ends: Thursday 20th July 2023 May Bank Holiday: Monday 1st May 2023

Staff Development Days (School closed for pupils)



Thursday 1st September 2022 Friday 2nd September 2022 Friday 7th October 2022 Friday 10th February 2023 Two extended twilight sessions