

St Michael's Catholic Primary Schoo

With Jesus we can Achieve what we Dream and Believe!



Saturday 12th February 2022

Contact Us



Guion Street, Liverpool, L6 9DU





https:// stmichaelscatholic primary.co.uk/

Diary Dates

Mon 14th-Wed 16th February
Year 6 at Colomendy

Friday 18th February

School closes for half term

Tuesday 1st March

School reopens

Click here to apply for free school meals.



0151 263 8460

contact @stmichaelscatholic

primary.co.uk



@STMTuebrook



Message From The Headteacher

Dear Parents and Carers

A warm welcome to Mr Doyle the fairly new 'patrol crossing' man for our school.

I went out to meet and welcome him on Thursday with a couple of chocolate bars for him to enjoy at the end of his shift! He was lovely and commented how polite and friendly our children and families are. Today he came into school to meet our head and deputy pupils. They interviewed him to find out more about his job.

School crossing patrols make sure that pedestrians cross the road safely during the school day. They assess the area, during the morning and afternoon, to monitor vehicle flow and pedestrian movement. They will also report to the council any concerns with safety hazards for children and adults crossing the road

To help with safe crossing parents and carers must park safely on Boaler Street and not too close to where Mr Doyle waits to help children and adults to cross the road. Cars parked too close could block his view of the road, possibly causing an accident.

We are delighted Mr Doyle has joined our school community and we wish him well in this post.



Colomendy Residential (Year 6)

On Monday Year 6 pupils and a group of staff will travel to North Wales to stay for three days and two nights at Colomendy.

Colomendy is an outdoor and indoor activity centre. It is set

within an area of outstanding natural beauty and a site of special scientific interest in beautiful woodland with views of Moel Famau. The activities are integrated into the stunning woodland.

We are very excited - especially because this our first residential trip since the COVID pandemic. I will be going with the group, so **Ms Nuttall** will be leading the school in my absence. **Ms Birch** is the lead for the trip. **Ms Gordon, Ms Sillitoe, Ms Ghazali,** and **Ms Haynes** will be accompanying the children.

We always have an amazing time in Colomendy and I know these children will have happy memories of the trip for many years. I am off now to start my packing for the trip!

Have a great weekend - Alyson Rigby



Interview with our Lollipop Man

by Head Pupils



Do you enjoy your job?

Almost 6 years

Do you enjoy your job??

Yes, it's great. I love it. I have some many people saying good morning and good afternoon to me.

What do you like most about your job?

Seeing new people everyday and watching everyone smile as they walk past going to school.

Do you enjoy reading? If so, what do you like to read?

I do a lot of reading in my spare time. I love to read detective stories especially European.

Thank you for your time, we have enjoyed getting to know you a little more.

Mr Doyle







'This week our Collective Worship themes have been **Courage and Aspiration.** As this is Children's Mental Health Week, in Collective Worship, the children have had an opportunity to be still and rest, to reflect on those people around them they can turn to and to think about the courage they need to reach for their aspirations.'















Family Support Dawn Foxon, our school Family Support Worker, is available to talk privately about any concerns or issues. Call Dawn Foxon 07712235811 dawn.foxon@liverpool.gov.uk



National Storytelling Week #stmstorytelling

This week we have been lucky enough to take part in the Liverpool Children's Reading festival, where we

listened to lots of different authors, illustrators and poets talk about their work and, most importantly, why they love what they do!













In year 6, we loved listening to Rashmi Sirdeshpande's session, and we've already got a queue of pupils in y6 eager to read her book Good News! This was not only a fantastic session, it linked in perfectly with Mental Health week, as the book is based on celebrating the good things in the world rather than focusing on the negativity. We are already looking forward to next week's live sessions, where we'll meet even more authors and have the opportunity to read their books,

including Simon James Green, Tom Palmer (We have some HUGE fans of his in Y5 & Y6!) and Sharna Jackson.



Head Teacher Awards

Year 1	Emediong	Olívía E
Year 2	Offure	Alora
Year 3	Natalia	Freya
Year 4	Albert	Antonía
Year 5	Antony	Naeb
Year 6	Bobbí-Jo	Janine









Year 1—Quick Thinkers



The Quick Thinkers have loved participating in the wonderful activities on offer this week to broaden our awareness of our mental health and how we're feeling. This week we have completed our class shout out board where we can post kind messages to our friends and it's already full! We played pass the compliment and talked about how compliments make us and our friends feel. We also focused very heavily on our emotions and how it's important to understand what we're feeling and what we can do to help us by looking at our zones of regulation.



In English we have been reinventing the story "Where the Wild Things Are". We have spoke about possible characters that could enter our story and how they might behave. We love our story maps so much that some of the children in our class have started creating their own! We are super impressed in the Quick Thinkers classroom this week.



We've also been sharing our favourite stories with our class. Some of the children have volunteered to read their most loved story books to their friends. We were so attentive while listening to our friends and can't wait to hear even more of us reading!

In Maths this week we have been exploring subtraction using concrete and pictorial resources. We've really got the hang of taking away within 10! Miss McAleenan was so impressed with us!











In PE, we've been learning all about Taekwondo! We have had so much fun learning the different moves and have even been practising counting to 10 in Korean!

Thank you to our parents and carers for your continued support and remember to follow our twitter page to keep up to date with our class.

































Wow what an amazing, powerful and thought provoking week we have had at St Michael's for children's mental health week. All classes have been thoroughly involved in a range of activities to promote their own positive mental health. The week has been jammed packed with dancing, mindfulness, yoga, peer massage, kindness notes, shout out boards, class novels, drama the list is endless. Well done to all children and staff for fully embracing this week.





Drama Workshops: Through drama we got to explore the importance of kind words and being kind to each other.

We learnt that their is always someone who is going to need our help and how kind word can make someone's day.





<u>Sensory Circuits:</u> children have had the opportunity to engage in fun sensory circuit activities. This allows children a safe space to release their energy and learn some movement techniques.



Talking Mental Health Animation

TALKING MENTAL HEALTH

Talking Mental Health is an animation designed to help begin conversations about mental health in the classroom and beyond.

The animation and accompanying resources have been created by a team of animators, children, teachers and clinicians, and is being taught to year 5 and 6 children around the UK.

The animation and resources are freely downloadable from www.annafreud.org



Finding support

ChildLine: For 18s and under 0800 1111

NSPCC: 0808 800 5000

YoungMinds Parent Helpline: 0808 802 5544

Youth Wellbeing Directory: youthwellbeing.org

About the Anna Freud National Centre for Children and Families

The Anna Freud National Centre for Children and Families has developed and delivered pioneering mental health care for over 60 years.

Our aim is to transform current mental health provision in the UK by improving the quality, accessibility and effectiveness of treatment.

We believe that every child and their family should be at the heart of the care they receive, working in partnership with professionals.

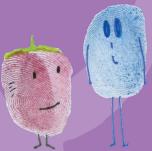


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Anna Freud National Centre for Children and Families



Tips for talking for parents and carers

An introduction from our Patron. **HRH The Duchess of Cambridge**

As parents, we all want our children to have the best possible start in life. Encouraging children to understand and be open about their feelings can give them the skills to cope with the ups and downs that life will throw at them as they grow up.

> It's important that our children understand that emotions are normal, and that they have the confidence to ask for help if they are struggling.

This is why I am proud to support the You're never too young to talk mental health campaign by the Anna Freud National Centre for Children and Families, which is being rolled out across primary schools

The campaign's resources are excellent tools to support parents. They demonstrate how we can help children express their feelings, respond appropriately, and prevent small problems from snowballing into bigger ones.



What is mental health?

We all have mental health. Mental health is about our feelings, our thinking, our emotions and our moods. Looking after our mental health

We all have small feelings every day: These sometimes feel strong and overwhelming, whether happy or sad, but they go away before too lona.

Sometimes we experience big feelings: These feel strong and overwhelming for a long time. They stop us doing what we want to in our lives.



Make conversations about mental health a normal part of life: Anywhere is a good place to talk; in the car, walking the dog or cooking together. Model everyday talk about feelings such as by talking about a TV character's feelings.



Give your full attention: We all know it's horrible to be half listened to. Keep eye contact, focus on the child and ignore distractions.

Check your body language: Try to keep it open and relaxed and make sure you come down to the child's level.

Take it seriously: Don't downplay what the child is saying or tell them they're "just being silly". Resist the urge to reassure them that everything is fine.

Ask open questions: Such as "How did your day go today?" This will help to extend the conversation.



Calmly stay with the feelings that arise: It can be our automatic reaction to steer away from difficult emotions.

Offer empathy rather than solutions: Show that you accept what they are telling you but don't try to solve the problem.

Remember we are all different: Respect and value the child's feelings, even though they may be different to yours.

> Look for clues about feelings: Listen to the child's words, tone of voice and body language.

Some ways to start a conversation about 10 feelings might be:

"How are you feeling at the moment?"
"You don't seem your usual self. Do you

want to talk about it?' "Do you fancy a chat?"

"I'm happy to listen if you need a chat."











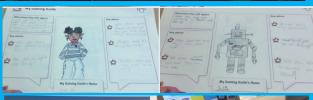


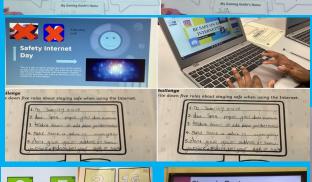




Safer Internet Day 2022 was a real success here at St Michael's. We spent the morning completing sessions headed by our wonderful eCadets: we learnt about online risks, online hate and how to silence it, safe and secure password making, and also how to game safely online. In the afternoon we had the wonderful Altru to perform a show that tackled important issues that face children today when using the internet. It was a fantastic show that contained lots of humour but also many important pieces of advice to the children about how to behave online. #stmsaferinternet22

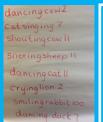














Safer Internet Support for Parents and Carers



Two sites we would like to share with all parents are - CEOP (the Child Exploitation and Online Protection Centre) which is often referred to as an

online 999. By clicking on the button, young people and parents can get advice on a range of issues such as viruses, hacking and dealing with bullying online. The ThinkUKnow website offers parents and carers advice about online safety. You can also find out more about Internet Safety Day by visiting the UK Safer Internet Centre website.

REMINDER: Online Safety Guidelines Please share with your child.



- 1. Be the change Play your part in making the Internet a better place. Be positive, show respect and help people if they are upset.
- 2. Be sensible Always tell a trusted adult if you are ever worried or upset by something that happens online. They are always there for you to ask for help if you are unsure about anything you see online.
- 3. Be careful Keep your personal information safe and check with an adult before you share anything online. Personal information includes your email address, phone number and your passwords.
- 4. Be aware Make sure you know the rules about how to behave and stay safe on the sites, games and apps you use. Look out for buttons that let you block, mute and report other users who aren't behaving.
- 5. **Be a delective** The internet is full of brilliant things to watch, explore and learn from but not everything or everyone online can be trusted. Think carefully by checking at least three different websites for your information and talking to someone about what you have seen to see if they agree.
- 6. Be safe Never agree to meet up offline with someone you only know online. No matter how friendly they might seem or how well you think you know them, they are still a stranger. Always tell a trusted adult if someone online asks to meet up.



Finally

While all parents are taking responsibility for their children's safety online, there may be an occasion when your child comes across something online that is concerning or upsetting, for example, clicking on a seemingly innocent web link that led to a site with inappropriate content. In such an instance, you should encourage

your child to speak to you so you can support them and report the site. Children can also visit Childline to share their feelings, get support, be creative with Art Box, post messages on the Good Days message board, get involved in "Fun Stuff" and visit the Calm Zone if they are feeling anxious.



Attentance Intiative

As part of St Michael's attendance initiative, all pupils who achieve 100% attendance for the next 2 weeks will win a smiley face to post in their class attendance post box commencing:

Monday 7th February-Friday 11th February
 Monday 14th February-Friday 18th February

At the end of the term pupils can win some fantastic prizes including:



Valentines Hamper
Valentines Chocolates
Family Bag of Prizes



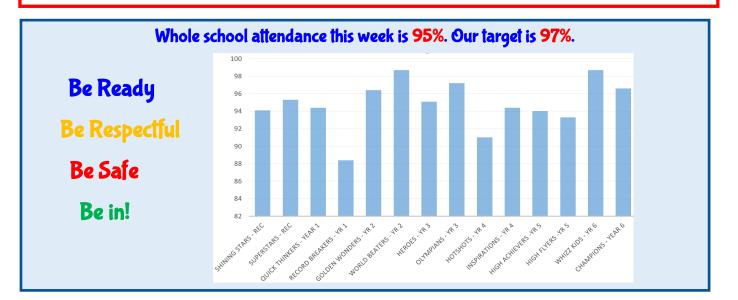
We have 1 week remaining for this term.

The more you are in school the more tickets, thus chances you have of winning one of the amazing prizes.

COME ON ST MICHAEL'S LET'S SEE HOW MANY WEEKS WE CAN ACHIEVE

100 % ATTENDANCE

Ms Hayes & Mrs Birch



Everton Nursery School and Family Centre Activities Time Table



Welcome to Play

9.30am - 11.30am

An opportunity to develop your understanding of play and why play is important for your child. A 6 week course



Stay and Play

10.00am-11.00am

Fun and interactive sessions for adults and children age 1-3 years old.

All sessions are bookable, please contact reception to book your place Call: 0151 233 1969

TUESDAY

Sleep workshop

9.30-11.00am

Third Tuesday of every month.

Toilet Training

9.30-11.00am

First Tuesday of every month

Development matters

1.00pm-2.00pm

Second Tuesday of every month A monthly Session for parents who have any concerns in all aspects of your child's development.

Swan

1.00pm-2.00pm

Last Tuesday of every month. Join us for a supported play session for babies and children who have special needs to explore new play. Opportunities to ask questions.

Nurture programme Coming soon

Helps parents and children to understand and manage feelings and behaviour. Improves relationships at home and school. 10 week course.

All about baby Under 1's stay and play

1.30pm-2.30pm

Come along to our under 1's group. Fun session for parents and babies with age appropriate activities.

WEDNESDAY

You and Me Mum

9.30am-11.30am

Supporting families who have lived with domestic abuse

10 week course and crèche is available.

In Harmony

11.00am-11.45am

For children 0-3 years old. Music making session for children and parents with musicians from the Liverpool philharmonic.

Stay and Play 1.00pm-2.30pm

Fun and interactive sessions for adults and children age 1-3 years old.



np birth and beyond

1.00pm-2.30pm

Support for parents to be in learning what to expect with your new baby. Sessions: 2nd March

9th March

Everton Nursery School and Family Centre Activities Time Table

THURSDAY

Cooking on a budget

Plan and prepare healthy family meals



Baby Massage

10.00am-11.00am

9.30am-11.30am

A five week course of promoting positive touch between you and your baby.

10.00am-12.00pm

To help you to understand the feelings underneath your child's behaviour so that you can decide how to respond best to what your child needs.

Induction 17th Feb

Start date 3rd March

This course runs for 20 weeks and crèche is available.



Baby Massage

1.00pm-2.00pm

A five week course of promoting positive touch between you and your baby.



ESF Ways to Work

Drop in 9.30am-10.30am

Advice and support with returning to employment Appointments available upon request. Please contact Angela on 0151 233 1969.

Early Communication

Support to help you understand and support you child with speech and language. Please call the centre for more information. Appointments available on request

Sensory room sessions available throughout the week phone to book.

Swimming pool sessions also available throughout the week phone to book session.

All sessions are bookable, please contact reception to book your place Call: 0151 233 1969



The Liverpool ASD Training Team



The Liverpool ASD Training Team are providing a series of virtual drop in advisory sessions via zoom plus telephone consultation.

They are for parent/carers wishing to talk in a private one to one setting about any questions or concerns they may have about their child. You do not require a diagnosis of ASD to book your place.

Please contact the team directly to book a suitable date and time. email: asdtrainingteam@liverpool.gov.uk

School Coffee Morning/Afternoons

The Liverpool ASD Training Team are offering face to face or zoom base coffee morning/afternoon for parents' who will be supported by a school staff member. This is an opportunity for parent/carers whose children have or are awaiting an Autism Spectrum Diagnosis and wish to talk in a group setting about any questions or concerns they may have about their child.

Schools will book one of the sessions, we would then send you a link for the meeting that the school can forward onto parents who may benefit from attending the session.

Do not hesitate to contact the team if you have further questions To book your place please email your choice of date and time to asdtrainingteam@liverpool.gov.uk

Dates for March 2022

Times for each date

Monday 7th March

Tuesday 8th March

Wednesday 9th March

Thursday 10th March

Friday 11th March

Morning 10am – 11.30am

Afternoon

1pm - 3pm

There is some flexibility with these times.





St Michael's Catholic Primary School



Term Dates 2021-2022



Autumn Term 2021

Term: Thursday 2nd September to Tuesday 21st December 2021

Half term: Friday 22nd October to Friday 29th October 2021 (school closed)

Terms ends: Tuesday 21st December 2021



Spring Term 2022

Term: Wednesday 5th January 2022 - Friday 8th April 2022

Half term: Monday 21st February – Friday 25th February 2022 (school closed)

Term ends: Friday 8th April 2022



Summer Term 2022

Term: Monday 25th April to Tuesday 19th July 2022

Half term: Monday 30th May to Monday 6th June 2022 (school closed)

Term Ends: Tuesday 19th July 2022

May Bank Holiday: Monday 2nd May 2022 (school closed)

Staff Development Days (School closed for pupils)

Wednesday 1st September 2021

Friday 17th September 2021

Friday 22nd October 2021

Monday 28th February 2022

Two extended twilight sessions

Guion Street, Liverpool, L6 9DU. 0151 263 8460 michaels-ao@st-michaels.liverpool.sch.uk



St Michael's Catholic Primary School

Term Dates 2022-2023



Autumn Term 2022



Pupils: Autumn Term 1 – Monday 5th September to Friday 21st October

Half term: Monday 24th October to Friday 28th October 2022

Pupils: Autumn Term 2 – Monday 31st October to Wednesday 21st December

Terms ends: Wednesday 21st December 2022

Spring Term 2023

Term: Wednesday 4th January - Wednesday 5th April 2023

Pupils: Spring Term 1 – Wednesday 4th January to Thursday 9th February

Half term: Monday 13th February – Friday 17th February 2023

Pupils: Spring Term 2 – Monday 20th February to Wednesday 5th April

Term ends: Wednesday 5th April 2023

Summer Term 2023

Term: Monday 17th April to Thursday 20th July 2023

Pupils: Summer Term 1 – Monday 17th April to Friday 26th May

Half term: Monday 29th May to Friday 9th June 2023

Pupils: Summer Term 2 – Monday 12th June to Thursday 20th July

Term Ends: Thursday 20th July 2023

May Bank Holiday: Monday 1st May 2023

Staff Development Days (School closed for pupils)

Thursday 1st September 2022 Friday 2nd September 2022 Friday 7th October 2022 Friday 10th February 2023 Two extended twilight sessions







