

Rationale

'I HAVE COME THAT YOU MIGHT HAVE LIFE AND HAVE IT TO THE FULL'
(Jn.10.10)

We are involved in Relationship, Sex and Health Education (RSHE) precisely because of our Christian beliefs about God and about the human person. The belief in the unique dignity of the human person made in the image and likeness of God underpins the approach to all education in a Catholic school. Our approach to RSHE therefore is rooted in the Catholic Church's teaching of the human person and presented in a positive framework of Christian ideals.

At the heart of the Christian life is the Trinity; Father, Son and Spirit in communion, united in loving relationship and embracing all people and all creation. As a consequence of the Christian belief that we are made in the image and likeness of God, gender and sexuality are seen as God's gift, reflect God's beauty, and share in the divine creativity. RSHE, therefore, will be placed firmly within the context of relationship as it is there that sexuality grows and develops.

Following the guidance of the Bishops of England and Wales and, as advocated by the DFE, RSHE will be firmly embedded in the PSHE/RSHE framework as it is concerned with nurturing human wholeness and integral to the physical, spiritual, emotional, moral, social and intellectual development of pupils. It is centred on Christ's vision of being human as good news and will be positive and prudent, showing the potential for development, while enabling the dangers and risks involved to be understood and appreciated.

All Relationship, Sex and Health Education RSHE will be in accordance with the Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from. It will also prepare pupils for life in modern Britain.

Intent

St. Michael's Catholic Primary School aims to provide a suitable programme that follows the statutory need to include RSHE into their curriculum from September 2021 which meets the ethos of its Catholic identity and mission.

The purpose of this Relationship, Sex and Health Education (RSHE) policy is to set out the ways in which the school's provision supports pupils through their spiritual, moral, social, emotional and physical development, and prepares them for the opportunities, responsibilities and experiences of life growing up in today's world.

Our School's mission embraces the spiritual, physical, intellectual, emotional, moral and social development of children and young people, and, through an agreed approach to Relationship and Sex Education (RSE) using the Archdiocesan recommended resource 'Journey In' Love 2020, we believe that we can promote the development of the whole child, so that children can grow in virtue, wisdom and stature, understanding both the emotional, social and physical aspects of growing spiritually, as well as moral aspects of relationships within a context of a Christian vision for the purpose of life.

The other aspects of the Statutory curriculum intent will be met by using a cross curricular approach. There are many opportunities throughout the curriculum, but the subjects most involved in providing discrete opportunities for teaching and learning of the RSHE curriculum are RE, though the Come and See programme, PSHE including No Outsiders, Science, PE and Computing.

For further details on how this will be covered in each year group, please see the curriculum maps in appendices.

Aim

The aims of Relationship, Sex and Health Education (RSHE) at St Michael's are to:

- Provide a framework in which sensitive discussions can take place.
- Help pupils develop feelings of dignity, self-worth, self-respect, confidence and empathy.
- Prepare pupils for puberty and give them an understanding of sexual development and the importance of health and hygiene.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.

Statutory Requirements

At St Michael's, we must provide Relationships Education to all pupils as per section 34 of the Children and Social work act 2017.

In teaching Relationship and Sex Education, we must have regard to:

- Catholic Education Service guidance issued by the Bishops Conference of England and Wales 2017.

- The statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996 Appendix A.
- The statutory guidance from the Department for Education Equality Act 2010.

Policy Development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review: Alyson Rigby (Head-Teacher), Nicola Birch (RE Co-Lead), Kami Lester (RE Co-Lead), Hannah Deans (PSHE Lead), Governors and Julie Rourke (Primary Adviser, Archdiocese of Liverpool Christian Education Team).
2. Staff consultation: All school staff were given the opportunity to look at the policy and make recommendations.
3. Parent/stakeholder consultation: Parents were invited to attend meetings about the program of study (during Covid restrictions this has been on-line consultation and documentation outlining intended program and intent).
4. Pupil consultation – we investigated what exactly pupils want from their Relationship Sex and Health Education.
5. Ratification – once amendments were made, the policy was shared with governors and ratified.

Definition

Relationship, Sex and Health Education involves a combination of sharing information, and exploring issues underpinned by our Catholic values.

Relationship Sex and Health Education is about the emotional, social and cultural development of pupils, and involves learning about personal relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

Curriculum

We have developed our curriculum with recommendations from the Archdiocesan Education Department to ensure that they meet with Catholic Church teaching.

After consultation with parents Relationship Sex Education will be covered using the Archdiocesan recommended resource 'Journey in Love' 2020 this includes *sexual intercourse at Year 6. (See right of withdrawal)

We have considered the age, stage and feelings of pupils and have consulted with parents and staff to ensure we are offering a quality curriculum which is adequately catered to meet their needs. We have adapted the PSHE Association Primary Scheme of Work.

If pupils ask questions outside the scope of our curriculum, teachers will respond in an appropriate manner so they are fully informed and do not seek answers online.

Delivery of RSHE

Relationship and Sex Education (RSE) is taught both discretely and within the Personal, Social and Health Education (PSHE) curriculum lessons. Some aspects of the RSHE curriculum may be touched upon in other lessons as it shares links with Religious Education, Science and Physical Education.

Our RSHE will ensure that content is relevant to the age, experience and maturity of pupils.

The new statutory guidance for Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me.
- Caring friendships.
- Respectful relationships.
- Online relationships.
- Being safe.

These areas of learning are taught within the context of 'family life' and could include married or single parent families, same sex parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures, along with reflecting sensitively that some children may have a support structure around them (for example: looked after children or young carers).

As a school, we promote equality of opportunity and foster good relations. Our school environment uniformly applies values of inclusion and respect to all pupils and their families. All staff are proactive in promoting positive relationships and receive regular training.

Equal Opportunities

All pupils have access to the RSHE curriculum. Where pupils have specific educational needs, arrangements for support may be made as follows:

- Place2Be: A comfortable, safe place for our children, where they can speak and listen, relax and speak to a member of staff about any worries or concerns.
- Healthy and trusting relationships with all members of staff within our school.
- Learning mentors who conduct timetabled activities for communication, social and speaking and listening skills.
- Intervention and provisions in class, 1:1 or small group sessions with Class Teacher or LSA/HTLA.

Roles and Responsibilities

The Governing Body will approve the RSHE policy and hold the head-teacher to account for its implementation.

The Head-teacher is responsible for ensuring that RSHE is taught consistently across the school and for managing requests to withdraw pupils from the non-statutory element of Relationship and Sex Education in Year 6* (see right of withdrawal)

Staff do not have the right to opt out of teaching RSHE as this forms part of the Teaching Standards. Any staff who have concerns about teaching RSHE are encouraged to discuss this with the head-teacher. Staff are responsible for:

- Delivering RSHE in a sensitive way which complies with Church teaching.
- Modelling positive attitudes to RSHE.
- Monitoring progress.
- Responding to the needs of individual pupils.
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE.

Pupils are expected to engage fully in RSHE and, when discussing issues related to RSHE, treat others with dignity, respect and sensitivity.

Parents have **the right to withdraw** their children from the non-statutory component of sex education in Year 6. This is where sexual intercourse is taught discretely as part of the Physical aspect within Journey in Love the Archdiocesan recommended resource.

Requests for withdrawal should be made in writing and addressed to the head-teacher. The head-teacher will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from RSE.

Parents do not have the right to withdraw their children from Statutory Relationships Education as set out in the DFE guidance 2020.

Monitoring Arrangements

The delivery of RSHE is monitored by Nicola Birch and Kami Lester (RE Co-Leads) and Hannah Deans (PSHE Lead) by undertaking learning walks, staff and pupil consultations, planning and scrutiny of work evidenced through half-termly PowerPoint, and questionnaires.

Pupils' development in RSE is monitored by class teachers as part of our internal informal assessment systems.

This policy will be agreed annually by the governors and reviewed every three years.

Resources

See Appendix A for details of where the following resources are used across the RSHE curriculum.

- The PSHE Association www.pshe-association.org.uk
- Journey in Love 2020 <https://www.mccrimmons.com/shop/books/a-journey-in-love-volume-1--book/>
- No Outsiders: Teaching the Equality Act in Primary Schools <https://no-outsiders.com/>
- The Underwear PANTS Rule www.nspcc.org.uk
- CEOP – National Crime Agency Command www.thinkuknow.co.uk
- CAFOD <https://cafod.org.uk/Education/Education-resources>
- Come & See <https://www.comeandseere.co.uk/>
- St Michael's SMSC Overview

Appendix 1

St Michael's RSHE Curriculum Map

EYFS

EYFS: Autumn Term					
PSHE Opportunities: Links to ELG		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links
<p>Show Self-confidence and self-awareness:</p> <p>Children are confident to try new things. They can say when they like or dislike activities. Children can vocalise when they need help.</p> <p>Manage feelings and behaviour:</p> <p>Children can talk about their feelings and behaviour. They understand that behaviour has consequences. They know to adjust behaviour depending on the situation.</p> <p>Make relationships: Laugh and have fun with others.</p> <p>Form positive relationships with adults and peers</p>	<p>Domestic Church Family Myself God knows and loves each one of us. <i>Why am I precious?</i></p> <p>Baptism/ Confirmation Belonging Welcome Baptism; a welcome to God's family. <i>Why is welcome important?</i></p> <p>Other Faith Islam Special days / Ritual objects.</p> <p>Advent/ Christmas Loving Birthday Looking forward to Jesus' birthday. <i>Why do we celebrate birthdays?</i></p>	<p>Social & Emotional LO:</p> <p>To recognise the joy of being a special person in my family.</p>	<p>'No Outsiders' You Choose - LO I can choose what I like Red Rockets and Rainbow Jelly - LO It's Ok to like different things.</p> <p>European Day of Languages (Sept)</p> <p>Enterprise Week (Nov)</p> <p>Children In Need Appeal (Nov)</p> <p>Anti Bullying Week(Nov)</p> <p>Road Safety Week (Nov)</p>	<p>Joy & Happiness: Celebrating each of us as unique individuals Equality & Friendship: Showing kindness to everyone. Forgiveness: Exploring the meaning of forgiveness. Joy & Integrity: Celebrating Harvest Festival & the world as God's creation. Courage & Peace: Our community Integrity & Honesty: Follow your conscience. Integrity: Including everyone & sharing Friendship & Nurture: I bring value to the people among whom I live Happiness: The Beatitudes Tolerance & Respect: Inter-faith week. Respect: Anti-bullying week. Preparing for Jesus: Hope, Love, Joy & Peace.</p> <p>Equality <i>'The Big Umbrella'</i> by Amy June Bates <i>'Lily & the Paper Man'</i> by Rebecca Upjohn</p>	<p>St Teresa of Calcutta & International Day of Charity: 5th September</p> <p>International Day of Peace: 21st September</p> <p>CAFOD Brighten up for Harvest.</p> <p>St Michael: 29th September</p> <p>National Smile Day: 1st October</p> <p>Black History Month: October</p> <p>St Francis of Assisi: 4th October</p> <p>UN Day for the Eradication of Poverty: 17th October</p> <p>All Saints/All Souls: 1st November</p> <p>Remembrance: 11th November</p>

EYFS: Spring Term					
PSHE Opportunities: Links to ELG		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links
<p>Show self-confidence and self-awareness and know and appreciate the importance of independence and responsibility.</p> <p>Build confidence to speak in a familiar group. Use their own ideas to choose resources for activities</p> <p>Manage feelings and behaviour:</p> <p>Manage and talk about feelings and behaviour</p> <p>Make relationships:</p> <p>Children play cooperatively with each other, taking turns, listening to each other and showing sensitivity to others' feelings. Adapt to change. Know what to do if they are hurt or see anyone else being hurt. To stand up for themselves without hurting others. To be fair.</p>	<p>Local Church Community: Celebrating People celebrate in Church. <i>What & why do people celebrate?</i></p> <p>Eucharist Relating: Gathering The parish family gathers to celebrate the Eucharist. <i>Why do people gather together?</i></p> <p>Lent/Easter Giving: Growing Looking forward to Easter. <i>How & why do things grow?</i></p>	<p>Physical LO:</p> <p>To recognise that we are all different and unique.</p>	<p>'No Outsiders' Hello Hello - LO I know in my class we are not all the same/I know we are different. I know I can make friends with different people/I know how to make friends. The Family Book - LO I know who is in my family/I know all families are different.</p> <p>Young Carers Week(Jan)</p> <p>Children's Mental Health Week(Feb)</p> <p>Safer Internet Day (Feb)</p> <p>International Mother Language Day (Feb)</p> <p>Chinese New Year (Feb)</p> <p>Random Acts Of Kindness (Feb)</p> <p>Red Nose Day (March)</p> <p>St. Patrick's Day (Mar)</p> <p>Mother's Day (Mar)</p>	<p>Integrity & Honesty: New beginnings & resolutions. Diversity & Respect: Showing respect for other faiths. Equality: Martin Luther King. Forgiveness & Respect: Love thy neighbour Courage & Aspirations: Children's Mental Health Week. Friendship & Nurture: Forming good friendships. Integrity: Doing the right thing for others. Courage: Women of the Bible Aspirations: Inspirational women. Lent & Easter: Passion of Christ & His Resurrection</p>	<p>Epiphany of the Lord: 6th January</p> <p>World Religion Sunday: January</p> <p>MLK Day: January</p> <p>Conversion of St Paul: 25th January</p> <p>Holocaust Memorial Day: 27th January</p> <p>Presentation of the Lord: 2nd February</p> <p>Our Lady of Lourdes: 11th January</p> <p>Fairtrade Fortnight: 22nd February-7th March</p> <p>CAFOD Fairtrade Assembly</p> <p>Women's History Month & Int. Women's Day: March</p> <p>St Patrick: 17th March</p>

EYFS: Summer Term					
PSHE Opportunities: Links to ELG		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links
<p>Show Self-confidence and self-awareness:</p> <p>Manage feelings and behaviour:</p> <p>Make relationships:</p>	<p>Try new activities and give an opinion. Speak about opinions in a familiar group</p> <p>Talk with confidence about thoughts and feelings. Acknowledge behaviour and consequences of actions. Understand rules in different situations and adapt behaviours and to changes in routine.</p> <p>Understand transition and how things will change going into a new year group.</p> <p>Build positive relationships with adults and children through turn taking, cooperation and showing sensitivity to the needs, thoughts and feelings of others.</p>	<p>Pentecost Serving Good News Passing on the Good news of Jesus. <i>What is good news?</i></p> <p>Other Faith Judaism Special days / Ritual objects.</p> <p>Reconciliation Inter-relating Friends Friends of Jesus. <i>Is it good to have friends?</i></p> <p>Universal Church World Our world God's wonderful world. <i>What makes our world so wonderful?</i></p>	<p>Spiritual LO:</p> <p>To celebrate the joy of being a special person in God's family.</p>	<p>'No Outsiders' Mummy, Mama and Me - LO I know the people in my family are special/I can tell you who loves me. Blue Chameleon - I know everyone is different in my class/I can make friends with anyone.</p> <p>St George's Day (Apr)</p> <p>Rule of Law (May)</p> <p>Eid ul-fitr: 13th May</p> <p>Father's Day (Jun)</p> <p>Child Safety Week (Jun)</p> <p>Aspire & Achieve Week (June)</p> <p>Children's Art Week (Jun)</p> <p>Diversity Week (Jun)</p>	<p>Joy & Happiness: Be Healthy, Be Happy! Creativity: UN Creativity & Innovation Day. Aspirations: Famous Liverpudlians Democracy & Peace. Equality: Families come in all shapes & sizes Our Lady: The Rosary Diversity Respect: Looking after our world Friendship & Nurture: Autism Awareness Aspirations: Aspire & Achieve Week CAFOD: God's global family Aspirations: Looking forward to next year Friendship: International Day of Friendship Joy & Happiness: Celebrating the year</p> <p>UN Creativity & Innovation Da: 21st April St George: 23rd April Ascension: 13th May International Day of Families: 15th May Pentecost: 23rd May Blessed Virgin Mary: 24th May Holy Trinity :30th May Corpus Christi: 6th June World Oceans Day:8th June Autistic Pride Day:18th June International Day of Friendship: 30th July</p>

Year 1

Year 1: Autumn Term					
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links
<p>Health and wellbeing and our lives: Learn about people who look after them: family, teachers, etc and who they can speak to for help.</p> <p>Relationships:</p> <p>The Wider World:</p>	<p>Children understand that they can explore the world through their senses. Children make simple choices for themselves. Children are aware of basic personal hygiene and how to maintain it. Children are aware of the timeline of a human life and the changes that take place.</p> <p>Build and maintain positive relationships with adults and peers. Understand that we are all part of different communities and we live in a society: home, school, parish, global</p> <p>Experience a sense of belonging within a range of communities: school, local and global.</p>	<p>Domestic Church Family Families God's love and care for every family. <i>Why do we have family & who is my family?</i></p> <p>Baptism/Confirmation Belonging Belonging Baptism an invitation to belong to God's family. <i>What does it mean to belong?</i></p> <p>Other Faith Hinduism Stories</p> <p>Advent/Christmas Loving Waiting Advent :A time to look forward to Christmas <i>Is waiting always difficult?</i></p>	<p>Social and Emotional LO:</p> <p>To recognise the signs I am loved in my family.</p>	<p>'No Outsiders' Elmer - LO I like the way I am. Going To The Volcano - LO I know we are different/I know we can play together/I can join in</p> <p>International Day of Peace (Sept)</p> <p>European Day of Languages (Sept)</p> <p>Remembrance Sunday/Armistice Day (Nov)</p> <p>Enterprise Week (Nov)</p> <p>Children In Need Appeal (Nov)</p> <p>Anti Bullying Week (Nov)</p> <p>Road Safety Week (Nov)</p> <p>e-Cadet online safety tasks</p>	<p>Joy & Happiness: Celebrating each of us as unique individuals. Equality & Friendship: Showing kindness to everyone. Forgiveness: Exploring the meaning of forgiveness. Joy & Integrity: Celebrating Harvest Festival & the world as God's creation. Courage & Peace: Our community Integrity & Honesty: Follow your conscience. Integrity: Including everyone & sharing Friendship & Nurture: I bring value to the people among whom I live Happiness: The Beatitudes Tolerance & Respect: Inter-faith week. Respect: Anti-bullying week. Preparing for Jesus: Hope, Love, Joy & Peace. Equality <i>'The Big Umbrella'</i> by Amy June Bates <i>'Lily & the Paper Man'</i> by Rebecca Upjohn</p> <p>St Teresa of Calcutta & International Day of Charity: 5th September International Day of Peace: 21st September CAFOD Brighten up for Harvest. St Michael: 29th September National Smile Day: 1st October Black History Month: October St Francis of Assisi: 4th October UN Day for the Eradication of Poverty: 17th October All Saints/All Souls: 1st November Remembrance: 11th November</p>

Year 1: Spring Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
<p>Health and wellbeing: <u>Children to know</u> the rules for keeping physically and emotionally safe (including online safety).</p> <p>Relationships: Turn taking, sharing, recognising ownership of physical items and own actions</p> <p>The Wider World: Understand that they are part of the wider community and learn that people and other living things have needs and responsibilities</p>	<p>Learn about rules that are made to keep us safe. Know how to make simple choices which improve their health and well-being - difference between 'good' and 'not so good' choices. To recognise own and others feelings and respond to them.</p> <p>Mutual respect and tolerance. Understanding that people have different thoughts and feelings</p> <p>Experience a sense of belonging within a range of communities, including the local Eucharistic Community and play an active role as members of society</p>	<p>Local Church Community Special people People in the parish family. <i>What makes a person special?</i></p> <p>Eucharist Relating Meals Mass; Jesus' special meal. <i>What makes some meals special?</i></p> <p>Lent/Easter Giving Change Lent a time for change. <i>How & why do things change?</i></p>	<p>Physical LO:</p> <p>To recognise how I am cared for and kept safe in my family.</p>	<p>'No Outsiders' Want To Play Trucks? - LO - To find ways to play together. Hair, It's a Family Affair - LO Proud to be me.</p> <p>Young Carers Week (Jan)</p> <p>Children's Mental Health Week(Feb)</p> <p>Safer Internet Day (Feb)</p> <p>International Mother Language Day (Feb)</p> <p>Chinese New Year (Feb)</p> <p>Random Acts Of Kindness (Feb)</p> <p>Fair Trade Fortnight (Feb/Mar)</p> <p>Red Nose Day (March)</p> <p>St. Patrick's Day (Mar)</p> <p>Mother's Day (Mar) e-Cadet online safety tasks</p>	<p>Integrity & Honesty: New beginnings & resolutions. Diversity & Respect: Showing respect for other faiths. Equality Martin Luther King. Forgiveness & Respect: Love thy neighbour Courage & Aspirations: Children's Mental Health Week Friendship & Nurture: Forming good friendships. Integrity: Doing the right thing for others. Courage: Women of the Bible Aspirations: Inspirational women. Lent & Easter: Passion of Christ & His Resurrection</p>	<p>Epiphany of the Lord: 6th January</p> <p>World Religion Sunday: January</p> <p>MLK Day: January</p> <p>Conversion of St Paul: 25th January</p> <p>Holocaust Memorial Day: 27th January</p> <p>Presentation of the Lord: 2nd February</p> <p>Our Lady of Lourdes: 11th January</p> <p>Fairtrade Fortnight: 22nd February-7th March</p> <p>CAFOD Fairtrade Assembly</p> <p>Women's History Month & Int. Women's Day: March</p> <p>St Patrick: 17th March</p>

Year 1: Summer Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
<p>Health and wellbeing: Communicating feelings and recognising own and others' feelings and how to respond.</p> <p>Relationships:</p> <p>The Wider World:</p>	<p>Identify strategies to listen, play and learn. Recognise what makes something fair or unfair. Learn about 'good' and 'not so good' feelings and how to communicate and manage them.</p> <p>Understand transition and how things will change going into a new year group.</p> <p>Respond to the thoughts, feelings and actions of others. Learn that people's bodies and feelings can be hurt.</p> <p>Become aware of a variety of cultures in society. Respect similarities and differences in cultures. What improves/harms the local environment and how to look after it.</p>	<p>Pentecost Serving Holidays & Holy Days Pentecost: feast of the Holy Spirit. <i>Do we need holidays & holy days?</i></p> <p>Other Faith Judaism Stories</p> <p>Reconciliation Inter-relating Being Sorry God helps us to choose well. Sacrament of Reconciliation <i>Why should we be sorry?</i></p> <p>Universal Church World Neighbours Neighbours share God's world. <i>Who is my neighbour?</i></p>	<p>Spiritual LO:</p> <p>To celebrate ways God loves and cares for us.</p>	<p>'No Outsiders' My World., Your World - LO I share the world with lots of people. Errol's Garden - LO To work together</p> <p>St George's Day (Apr)</p> <p>Father's Day (Jun)</p> <p>Refuge Week (Jun)</p> <p>Child Safety Week (Jun)</p> <p>Aspire & Achieve Week (June)</p> <p>Children's Art Week (Jun)</p> <p>Diversity Week (Jun)</p> <p>e-Cadet online safety tasks</p>	<p>Joy & Happiness: Be Healthy, Be Happy! Creativity: UN Creativity & Innovation Day. Aspirations: Famous Liverpudlians Democracy & Peace. Equality: Families come in all shapes & sizes Our Lady: The Rosary Diversity Respect: Looking after our world Friendship & Nurture: Autism Awareness Aspirations: Aspire & Achieve Week CAFOD: God's global family Aspirations: Looking forward to next year Friendship: International Day of Friendship Joy & Happiness: Celebrating the year</p>	<p>UN Creativity & Innovation Da: 21st April</p> <p>St George: 23rd April</p> <p>Ascension: 13th May</p> <p>International Day of Families: 15th May</p> <p>Pentecost: 23rd May</p> <p>Blessed Virgin Mary: 24th May</p> <p>Holy Trinity :30th May</p> <p>Corpus Christi: 6th June</p> <p>World Oceans Day:8th June</p> <p>Autistic Pride Day:18th June</p> <p>International Day of Friendship: 30th July</p>

Year 2

Year 2: Autumn Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and wellbeing: Understand uniqueness and develop self awareness, esteem, responsibility and confidence	To develop a healthy lifestyle in body, mind and spirit. Understand the importance of a balanced diet, exercise and personal hygiene. Understand that some diseases can be controlled.	Domestic church Family Beginnings God at every beginning	Social & Emotional LO: To recognise the joy and friendship of belonging to a diverse community.	'No Outsiders': Can I Join Your Club? LO To welcome different people. How To Be A Lion LO To have self confidence. International Day of Peace (Sept) European Day of Languages (Sept) Remembrance Sunday/Armistice Day (Nov) Enterprise Week (Nov) Children In Need Appeal (Nov) Anti Bullying Week (Nov) Road Safety Week (Nov) St. Andrew's Day (Nov) e-Cadet online safety tasks	Joy & Happiness: Celebrating each of us as unique individuals. Equality & Friendship: Showing kindness to everyone. Forgiveness: Exploring the meaning of forgiveness. Joy & Integrity: Celebrating Harvest Festival & the world as God's creation. Courage & Peace: Our community Integrity & Honesty: Follow your conscience. Integrity: Including everyone & sharing Friendship & Nurture: I bring value to the people among whom I live Happiness: The Beatitudes Tolerance & Respect: Inter-faith week. Respect: Anti-bullying week. Preparing for Jesus: Hope, Love, Joy & Peace. Equality <i>'The Big Umbrella'</i> by Amy June Bates <i>'Lily & the Paper Man'</i> by Rebecca Upjohn	St Teresa of Calcutta & International Day of Charity: 5th September International Day of Peace: 21st September CAFOD Brighten up for Harvest. St Michael: 29th September Black History Month: October National Smile Day: 1st October St Francis of Assisi: 4th October UN Day for the Eradication of Poverty: 17th October All Saints/All Souls: 1st November Remembrance: 11th November
Relationships:	Identify people who are special to them and understand why. Know who they feel safe around and who they can go to for help. Learn that there are different types of bullying and that it is wrong.	Baptism/ Confirmation Belonging Signs & symbols Signs & symbols in Baptism				
The Wider World:	Recognise the different communities they belong to: home, school, parish, local. Understand they are part of a global community	Other Faith Islam Prayer / Home Advent/ Christmas Loving Preparations Advent; preparing to celebrate Christmas				

Year 2: Spring Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and Wellbeing: Know that limitations are opportunities for growth	Learn that all medicines are drugs but not all drugs are medicines Learn basic road safety rules Know how exercise and rest help a healthy body Make choices to have a positive impact on mental wellbeing. Know how to keep emotionally and physically safe	Local Church Community Books The books used in Church	Physical LO: To describe ways of being safe in communities.	'No Outsiders': The Great Big Book Of Families - LO To understand what diversity is Amazing - LO To think about what makes a good friend. Children's Mental Health Week (Feb) Safer Internet Day (Feb) International Mother Language Day (Feb) Chinese New Year (Feb) Random Acts Of Kindness (Feb) Fair Trade Fortnight (Feb/Mar) Red Nose Day (Mar) St. Patrick's Day (Mar) Mother's Day (Mar) e-Cadet online safety tasks	Integrity & Honesty: New beginnings & resolutions. Diversity & Respect: Showing respect for other faiths. Equality: Martin Luther King Forgiveness & Respect: Love thy neighbour Courage & Aspirations: Children's Mental Health Week Friendship & Nurture: Forming good friendships. Integrity: Doing the right thing for others. Courage: Women of the Bible Aspirations: Inspirational women. Lent & Easter: Passion of Christ & His Resurrection	Epiphany of the Lord: 6th January World Religion Sunday: January MLK Day: January Conversion of St Paul: 25th January Holocaust Memorial Day: 27th January Presentation of the Lord: 2nd February Our Lady of Lourdes: 11th January Fairtrade Fortnight: 22nd February-7th March CAFOD Fairtrade Assembly Women's History Month & Int. Women's Day: March St Patrick: 17th March
Relationships:	Turn taking, sharing, returning borrowed things. Respect Communicate feelings (self and others) Learn that people's bodies and feelings can be hurt.	Eucharist Relating Thanksgiving Mass a special time for saying thank you to God for everything, especially Jesus				
Wider World: Sense of belonging in a range of communities	Know that people and other living things have needs and responsibilities	Lent/Easter Giving Opportunities Lent; an opportunity to start anew in order to celebrate Jesus' new life				

Year 2: Summer Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and Wellbeing: Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe	To cooperate in work and play in different cultures. Understand uniqueness and that it is a gift to be respected. Understand transition and how things will change going into a new year group and key stage	Pentecost Serving Spread the Word Pentecost a time to spread the Good News	Spiritual LO: To celebrate ways of meeting God in our communities.	'No Outsiders' What The Jackdaw Saw - To communicate in different ways. All Our Welcome - To know I belong. St George's Day (Apr) Chrstian Aid Week (May) Father's Day (Jun) Refuge Week (Jun) Child Safety Week (Jun) Aspire & Achieve Week (June) Children's Art Week (Jun) Diversity Week (Jun) e-Cadet online safety tasks	Joy & Happiness: Be Health, Be Happy! Creativity: UN Creativity & Innovation Day. Aspirations: Famous Liverpudlians Democracy & Peace Equality: Families come in all shapes & sizes Our Lady: The Rosary Diversity Respect: Looking after our world Friendship & Nurture: Autism Awareness Aspirations: Aspire & Achieve Week CAFOD: God's global family Aspirations: Looking forward to next year Friendship: International Day of Friendship Joy & Happiness: Celebrating the year	UN Creativity & Innovation Da: 21st April St George: 23rd April Ascension: 13th May International Day of Families: 15th May Pentecost: 23rd May Blessed Virgin Mary: 24th May Holy Trinity :30th May Corpus Christi: 6th June World Oceans Day:8th June Autistic Pride Day:18th June International Day of Friendship: 30th July
Relationships:	Recognise when people are being unkind to them or others, how to respond and who to speak to for help. Know the difference between secrets and surprises and not to keep secrets - only surprises.	Other Faith Judaism Prayer / Home Reconciliation Inter-relating Rules Reasons for rules in the Christian family Sacrament of Reconciliation				
Wider World:	Understand what advertising is and how it is a part of contemporary life. Understand responsibility for the world and how to improve it locally and globally. Recognise the different sources money comes from and its difference purposes.	Universal Church World Treasures God's treasure; the world				

Year 3

Year 3: Autumn Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and wellbeing: Understand uniqueness, self-awareness, self-esteem and confidence.	Understand that they change and grow throughout life. Understand a healthy lifestyle; diet, exercise. To make informed choices about their own bodies and minds. Understand that bacteria can spread and impact health.	Domestic church Family Homes God's dream for every family Baptism/ Confirmation Belonging Promises Promises made at Baptism Other Faith Hinduism Places for worship Advent/ Christmas Loving Visitors Advent: waiting for the coming of Jesus	Social and Emotional LO: To describe and give reasons how friendships make us feel happy and safe.	'No Outsiders' This Our House-LO To understand what discrimination means We're All Wonders-LO To understand what a bystander is. International Day of Peace (Sept) European Day of Languages (Sept) Black History Month (Oct) Remembrance Sunday/Armistice Day (Nov) Enterprise Week (Nov) Children In Need Appeal (Nov) Anti Bullying Week (Nov) Road Safety Week (Nov) St. Andrew's Day (Nov) e-Cadet online safety tasks	Joy & Happiness: Celebrating each of us as unique individuals. Equality & Friendship: Showing kindness to everyone. Forgiveness: Exploring the meaning of forgiveness. Joy & Integrity: Celebrating Harvest Festival & the world as God's creation. Courage & Peace: Our community Integrity & Honesty: Follow your conscience. Integrity: Including everyone & sharing Friendship & Nurture: I bring value to the people among whom I live Happiness: The Beatitudes Tolerance & Respect: Inter-faith week. Respect: Anti-bullying week. Preparing for Jesus: Hope, Love, Joy & Peace. Equality 'Lost & Found Cat' by Amy Shrodes & Doug Kuntz 'Lily & the Paper Man' by Rebecca Upjohn	St Teresa of Calcutta & International Day of Charity: 5th September International Day of Peace: 21st September CAFOD Brighten up for Harvest. St Michael: 29th September Black History Month: October National Smile Day: 1st October St Francis of Assisi: 4th October UN Day for the Eradication of Poverty: 17th October All Saints/All Souls: 1st November Remembrance: 11th November

Year 3: Spring Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and wellbeing:	To understand what has positive/negative impacts on mental and emotional health. Become aware of substances which harm the body. Become aware of choices they can make to protect their bodies.	Local Church Community Journeys Christian family's journey with Jesus	Physical LO: To describe and give reasons why friendships can break down, how they can be repaired and strengthened.	'No Outsiders' Beegu - LO To be welcoming. The Truth About Old People - LO To recognise stereotype.	Integrity & Honesty: New beginnings & resolutions. Diversity & Respect: Showing respect for other faiths.	Epiphany of the Lord: 6th January
Relationships:	To understand to ask for help and use techniques to resist pressure into doing something dangerous, uncomfortable or unhealthy.	Eucharist Relating Listening & sharing Jesus gives himself to us in a special way		Children's Mental Health Week (Feb) Safer Internet Day (Feb)	Equality: Martin Luther King. Forgiveness & Respect: Love thy neighbour Courage & Aspirations: Children's Mental Health Week.	World Religion Sunday: January MLK Day: January
The Wider World:	Explore what makes a good community and the different roles needed. Understand why rules are made and enforced - School rules, health and safety, law, democracy	Lent/Easter Giving Giving All Lent a time to remember Jesus' total giving		International Mother Language Day (Feb) Chinese New Year (Feb) Random Acts Of Kindness (Feb) St. David's Day (Mar) Fair Trade Fortnight (Feb/Mar) Red Nose Day (Mar) St. Patrick's Day (Mar) Mother's Day (Mar) e-Cadet online safety tasks	Nurture: Forming good friendships. Integrity: Doing the right thing for others. Courage: Women of the Bible Aspirations: Inspirational women. Lent & Easter: Passion of Christ & His Resurrection	Conversion of St Paul: 25th January Holocaust Memorial Day: 27th January Presentation of the Lord: 2nd February Our Lady of Lourdes: 11th January Fairtrade Fortnight: 22nd February-7th March CAFOD Fairtrade Assembly Women's History Month & Int. Women's Day: March St Patrick: 17th March

Year 3: Summer Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and wellbeing:	To further understanding and vocabulary of 'good' and 'not so good' feelings and to explain them. Understand conflicting emotions and when to listen or overcome them. Take care of their body and understand their right to protect their body.	Pentecost Serving Energy Gifts of the Holy Spirit	Spiritual LO: To celebrate the joy and happiness of living in friendship with God and others.	'No Outsiders' The Hueys In The New Jumper - LO To recognise and help an outsider Planet Omar: Accidental Trouble Magnet - LO To consider living in Britain today.	Joy & Happiness: Be Health, Be Happy! Creativity: UN Creativity & Innovation Day. Aspirations: Famous Liverpudlians Democracy & Peace. Equality: Families come in all shapes & sizes Our Lady: The Rosary Diversity	UN Creativity & Innovation Da: 21st April
Relationships:	Understand transition and how things will change going into a new year group. Understand consequences of actions - antisocial behaviour, bullying, racism, etc.	Other Faith Judaism Places for worship		St. George's Day (Apr) Chritian Aid Week (May) Father's Day (Jun) Refuge Week (Jun)	Nurture: Autism Awareness Aspirations: Aspire & Achieve Week CAFOD: God's global family Aspirations: Looking forward to next year Friendship: International Day of Friendship Joy & Happiness: Celebrating the year	St George: 23rd April Ascension: 13th May International Day of Families: 15th May
The Wider World:	Understand the importance of working together as a community. Appreciate their own and other cultures. Explore responsibilities for the environment, locally and globally.	Reconciliation Inter-relating Choices The importance of examination of conscience! Sacrament of Reconciliation		Child Safety Week (Jun) Aspire & Achieve Week (June) Children's Art Week (Jun) Diversity Week (Jun) e-Cadet online safety tasks		Pentecost: 23rd May Blessed Virgin Mary: 24th May Holy Trinity :30th May Corpus Christi: 6th June World Oceans Day: 8th June Autistic Pride Day: 18th June International Day of Friendship: 30th July

Year 4

Year 4: Autumn Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and wellbeing: Understand their uniqueness and develop self awareness, positive self esteem and confidence.	Understand how to live a healthy life - emotional, physical. To judge what kind of physical contact is acceptable or unacceptable and how to respond. Realise the nature and consequences of discrimination, bullying, etc. Know that increased independence brings increased responsibility to keeping themselves and others safe.	Domestic Church Family People The family of God in Scripture Baptism/Confirmation Belonging Called Confirmation: a call to witness Other Faith Islam Holy Books	Social and Emotional LO: To describe how we should all be accepted and respected.	'No Outsiders' Along Came A Different - LO To help someone accept difference Dogs Don't Do Ballet - LO To choose when to be assertive. International Day of Peace (Sept) European Day of Languages (Sept) Black History Month (Oct) Remembrance Sunday/Armistice Day (Nov) Enterprise Week (Nov) Children In Need Appeal (Nov) Anti Bullying Week (Nov) Road Safety Week (Nov) St. Andrew's Day (Nov) e-Cadet online safety tasks	Joy & Happiness: Celebrating each of us as unique individuals Equality & Friendship: Showing kindness to everyone. Forgiveness: Exploring the meaning of forgiveness. Joy & Integrity: Celebrating Harvest Festival & the world as God's creation. Courage & Peace: Our community Integrity & Honesty: Follow your conscience. Integrity: Including everyone & sharing Friendship & Nurture: I bring value to the people among whom I live Happiness: The Beatitudes Tolerance & Respect: Inter-faith week. Respect: Anti-bullying week. Preparing for Jesus: Hope, Love, Joy & Peace. Equality <i>'Lost & Found Cat'</i> by Amy Shrodes & Doug Kuntz <i>'Lily & the Paper Man'</i> by Rebecca Upjohn	St Teresa of Calcutta & International Day of Charity: 5th September International Day of Peace: 21st September CAFOD Brighten up for Harvest. St Michael: 29th September Black History Month: October National Smile Day: 1st October St Francis of Assisi: 4th October UN Day for the Eradication of Poverty: 17th October All Saints/All Souls: 1st November Remembrance: 11th November
Relationships:	To understand the difference between healthy and unhealthy relationships. To recognise and respond to a wide range of feelings in others. To understand that everyone is different, due to different factors: family, culture, ethnicity, race, religion, diversity, gender, etc. To be aware of different types of relationships: friends, family, etc. To be aware that marriage is a commitment freely entered into by both people, willingly.					
The Wider World: Know, appreciate and understand social justice and develop independence and responsibility	Understand that rules and laws protect them and others and there are different rules in different situations. Deepen understanding of risk and responsibility That bacteria and viruses can affect health and that following simple routines can reduce their spread	Advent/Christmas s Loving Gift God's gift of love & friendship in Jesus				

Year 4: Spring Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and wellbeing: Experience a sense of belonging within a range of communities	To recognise when and how to get help with resisting pressure to do something dangerous, unhealthy, uncomfortable or something that makes them anxious. To determine what positively and negatively affects their health, physically and emotionally. Know that limitations are also opportunities for growth and make the most of our abilities	Local church Community Community Life in the local Christian community: Ministries in the parish Eucharist Relating Giving & receiving Living in Communion Lent/Easter Giving Self Discipline Celebrating growth to new life	Physical LO: To describe how we should treat others making links with the diverse modern society we live in.	'No Outsiders' Red: A Crayon's Story - LO To be proud of who I am Alfred And Albert - LO To find common ground. Young Carers Week (Jan) Children's Mental Health Week (Feb) Safer Internet Day (Feb) International Mother Language Day (Feb) Chinese New Year (Feb) Random Acts Of Kindness (Feb) St. David's Day (Mar) Fair Trade Fortnight (Feb/Mar) Red Nose Day (March) St. Patrick's Day (Mar) Mother's Day (Mar) e-Cadet online safety tasks	Integrity & Honesty: New beginnings & resolutions. Diversity & Respect: Showing respect for other faiths. Equality: Martin Luther King. Forgiveness & Respect: Love thy neighbour Courage & Aspirations: Children's Mental Health Week. Friendship & Nurture: Forming good friendships. Integrity: Doing the right thing for others. Courage: Women of the Bible Aspirations: Inspirational women. Lent & Easter: Passion of Christ & His Resurrection	Epiphany of the Lord: 6th January World Religion Sunday: January MLK Day: January Conversion of St Paul: 25th January Holocaust Memorial Day: 27th January Presentation of the Lord: 2nd February Our Lady of Lourdes: 11th January Fairtrade Fortnight: 22nd February-7th March CAFOD Fairtrade Assembly Women's History Month & Int. Women's Day: March St Patrick: 17th March
Relationships:	Investigate harmful substances and be aware of how they affect their bodies and how to protect Know how to make informed choices about relationships - positive, negative and neutral.					
The Wider World:	Further understand the roles of society and how we all have responsibilities and duties within different communities - home, school, local and global.					

Year 4: Summer Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and wellbeing: Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe.	Understand that they should not agree to keep a secret when it is right to break confidence. Deepen understand of feelings to extend vocabulary to explain range and intensity of feelings. Understand feelings can conflict Take care of their body and understand they have the right to protect their bodies from anything unwanted. Understand transition and how things will change going into a new year group.	Pentecost Serving New Life To hear & live the Easter message Other Faith Judaism Holy Books	Spiritual LO: To celebrate the uniqueness and innate beauty of each of us.	'No Outsiders' When The Sadness Comes To Call - LO To look after my mental health. Julian Is A Mermaid - LO To show acceptance. St George's Day (Apr) Christian Aid Week (May) Father's Day (Jun) Refuge Week (Jun) Child Safety Week (Jun) Diversity Week (Jun) Aspire & Achieve Week (June) Children's Art Week (Jun) e-Cadet online safety tasks	Joy & Happiness: Be Healthy, Be Happy! Creativity: UN Creativity & Innovation Day. Aspirations: Famous Liverpudlians Democracy & Peace: Equality Families come in all shapes & sizes Our Lady: The Rosary Diversity Respect: Looking after our world Friendship & Nurture: Autism Awareness Aspirations: Aspire & Achieve Week CAFOD: God's global family Aspirations: Looking forward to next year Friendship: International Day of Friendship Joy & Happiness: Celebrating the year	UN Creativity & Innovation Da. 21st April St George: 23rd April Ascension: 13th May International Day of Families: 15th May Pentecost: 23rd May Blessed Virgin Mary: 24th May Holy Trinity :30th May Corpus Christi: 6th June World Oceans Day:8th June Autistic Pride Day:18th June International Day of Friendship: 30th July
Relationships:	Explore the value of others in their communities and show respect. Become aware of how to treat others and understand the consequences of anti-social behaviour, bullying, etc.	Reconciliation Inter-relating Building Bridges Admitting wrong, being reconciled with God and each other Sacrament of Reconciliation				
The Wider World: Experience a reconciling community	Understand the range of jobs carried out by people in the community. Learn about different talents, looks and cultures. To appreciate the range of national, regional, religious and ethnic identities in the United Kingdom and know that there are some cultural practices which are against British law and universal rights. Explore how people depend on each other. Think about people living in other places with different lives, families, values. Explore how they can make the environment a better place.	Universal Church World God's People Different saints show people what God is like				

Year 5

Year 5: Autumn Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
Health and wellbeing: Understand their uniqueness self-awareness positive self-esteem and confidence.	Grow towards human wholeness and develop a healthy lifestyle in body, mind and spirit and understand the connection between knowledge and living. Know who is responsible for their safety and who to ask for help. Know that their bodies are their own and understand the difference between acceptable and unacceptable contact. Realise the nature and consequences of discrimination, bullying, etc. Know that increased independence brings increased responsibility to keeping themselves and others safe.	Domestic church Family Ourselves Created in the image & likeness of God Baptism/ Confirmation Belonging Life choices Marriage commitment and service	Social and Emotional LO: To show knowledge and understanding of the emotional relationship changes as we grow and develop.	'No Outsiders' Kenny Lives With Erica And Martina - LO To consider consequences. Rose Blanche - LO To justify my actions International Day of Peace (Sept) European Day of Languages (Sept) Black History Month (Oct) Remembrance Sunday/Armistice Day (Nov) Enterprise Week (Nov) Children In Need Appeal (Nov) Anti Bullying Week (Nov) Road Safety Week (Nov) St. Andrew's Day (Nov) e-Cadet online safety tasks	Joy & Happiness: Celebrating each of us as unique individuals Equality & Friendship: Showing kindness to everyone. Forgiveness: Exploring the meaning of forgiveness. Joy & Integrity: Celebrating Harvest Festival & the world as God's creation. Courage & Peace: Our community Integrity & Honesty: Follow your conscience. Integrity: Including everyone & sharing Friendship & Nurture: I bring value to the people among whom I live Happiness: The Beatitudes Tolerance & Respect: Inter-faith week. Respect: Anti-bullying week. Preparing for Jesus: Hope, Love, Joy & Peace. Equality 'Lost & Found Cat' by Amy Shrodes & Doug Kuntz 'Lily & the Paper Man' by Rebecca Upjohn	St Teresa of Calcutta & International Day of Charity: 5th September International Day of Peace: 21st September CAFOD Brighten up for Harvest. St Michael: 29th September Black History Month: October National Smile Day: 1st October St Francis of Assisi: 4th October UN Day for the Eradication of Poverty: 17th October All Saints/All Souls: 1st November Remembrance: 11th November
Relationships:	To recognise a wide range of feelings in others. Understand that differences in people come from several factors: age, family, culture, ethnicity, race, religion, gender, etc. To be aware of different types of relationships: friends, family, etc. To be aware that marriage is a commitment freely entered into by both people, willingly.	Other Faith Hinduism Beliefs and Festivals Advent/ Christmas Loving Hope Advent, waiting in joyful hope for Jesus, the promised one				
The Wider World: Know and understand social justice	Know what being part of a community means. Understand they are made to live in a society and the wider world. Understand rules and laws are to protect. Deepen understanding of risks and how to manage them responsibly.					

Year 5: Spring Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
<p>Health and wellbeing:</p> <p>To recognise when and how to get help with resisting pressure to do something dangerous, unhealthy, uncomfortable or something that makes them anxious. To determine what positively and negatively affects their health, physically and emotionally. Know that limitations are also opportunities for growth and make the most of our abilities. Understand transitions - key stages, schools, loss, separation. Investigate harmful substances and be aware of how they affect their bodies and how to protect. Know that there commonly available substances that are legal and illegal and their risks.</p> <p>Relationships:</p> <p>Know the benefits of a healthy lifestyle and choices that impact physical and emotional health. Know how to make informed choices about relationships - positive, negative and neutral. Understand pressures and how to overcome and react.</p> <p>The Wider World:</p> <p>Experience a sense of belonging within a range of communities</p>	<p>Local Church Community Mission</p> <p>Continuing Jesus' mission in diocese [ecumenism]</p> <p>Eucharist Relating Memorial Sacrifice</p> <p>The Eucharist the living memorial of Jesus' sacrifice</p> <p>Lent/Easter Giving Sacrifice</p> <p>Lent a time of aligning with the sacrifice already made by Jesus</p>	<p>Physical LO:</p> <p>To show knowledge and understanding of the physical changes in puberty.</p>	<p>'No Outsiders'</p> <p>Mixed - LO To consider responses to racist behaviour. How To Heal A Broken Wing - LO To recognise when someone needs help.</p> <p>Young Carers Week (Jan)</p> <p>Children's Mental Health Week (Feb)</p> <p>Safer Internet Day (Feb)</p> <p>International Mother Language Day (Feb)</p> <p>Chinese New Year (Feb)</p> <p>Random Acts Of Kindness (Feb)</p> <p>St. David's Day (Mar)</p> <p>Fair Trade Fortnight (Feb/Mar)</p> <p>Red Nose Day (March)</p> <p>St. Patrick's Day (Mar)</p> <p>Mother's Day (Mar)</p> <p>e-Cadet online safety tasks</p>	<p>'No Outsiders'</p> <p>Mixed - LO To consider responses to racist behaviour. How To Heal A Broken Wing - LO To recognise when someone needs help.</p> <p>Young Carers Week (Jan)</p> <p>Children's Mental Health Week (Feb)</p> <p>Safer Internet Day (Feb)</p> <p>International Mother Language Day (Feb)</p> <p>Chinese New Year (Feb)</p> <p>Random Acts Of Kindness (Feb)</p> <p>St. David's Day (Mar)</p> <p>Fair Trade Fortnight (Feb/Mar)</p> <p>Red Nose Day (March)</p> <p>St. Patrick's Day (Mar)</p> <p>Mother's Day (Mar)</p> <p>e-Cadet online safety tasks</p>	<p>Integrity & Honesty: New beginnings & resolutions.</p> <p>Diversity & Respect: Showing respect for other faiths.</p> <p>Equality: Martin Luther King.</p> <p>Forgiveness & Respect: Love thy neighbour</p> <p>Courage & Aspirations: Children's Mental Health Week. Friendship & Nurture: Forming good friendships.</p> <p>Integrity: Doing the right thing for others.</p> <p>Courage: Women of the Bible</p> <p>Aspirations: Inspirational women.</p> <p>Lent & Easter: Passion of Christ & His Resurrection</p>	<p>Epiphany of the Lord: 6th January</p> <p>World Religion Sunday: January</p> <p>MLK Day: January</p> <p>Conversion of St Paul: 25th January</p> <p>Holocaust Memorial Day: 27th January</p> <p>Presentation of the Lord: 2nd February</p> <p>Our Lady of Lourdes: 11th January</p> <p>Fairtrade Fortnight: 22nd February-7th March</p> <p>CAFOD Fairtrade Assembly</p> <p>Women's History Month & Int. Women's Day: March</p> <p>St Patrick: 17th March</p>

Year 5: Summer Term						
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links	
<p>Health and wellbeing:</p> <p>Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe</p> <p>Understand that they should not agree to keep a secret when it is right to break confidence. Deepen understanding of feelings to extend vocabulary to explain range and intensity of feelings. Understand feelings can conflict. Take care of their body and understand they have the right to protect their bodies from anything unwanted. How their body will and emotions may change as they approach and move through puberty. Understand transition and how things will change going into a new year group.</p> <p>Relationships:</p> <p>To know that pressure to behave in an unacceptable or unhealthy way comes from a range of sources; people they know and the media.</p> <p>Understand the range of jobs carried out by people in the community. Learn about different talents, looks and cultures.</p> <p>The Wider World:</p> <p>To appreciate the range of national, regional, religious and ethnic identities in the United Kingdom and know that there are some cultural practices which are against British law and universal rights. Explore how people depend on each other. Explore the concept that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment</p>	<p>Pentecost Serving Transformation</p> <p>Celebration of the Spirit's transforming power</p> <p>Other Faith</p> <p>Judaism</p> <p>Beliefs and festivals</p> <p>Reconciliation Inter-relating Freedom & responsibility</p> <p>Commandments enable Christians to be free & responsible</p> <p>Universal Church World Stewardship</p> <p>The Church is called to the stewardship of Creation</p>	<p>Physical LO:</p> <p>To celebrate the joy of growing physically and spiritually.</p>	<p>'No Outsiders'</p> <p>The Girls - LO To explore friendship.</p> <p>And Tango Makes Three - LO To exchange dialogue and express an opinion.</p> <p>St. George's Day (Apr)</p> <p>Chritian Aid Week (May)</p> <p>Father's Day (Jun)</p> <p>Refuge Week (Jun)</p> <p>Child Safety Week (Jun)</p> <p>Aspire & Achieve Week (June)</p> <p>Children's Art Week (Jun)</p> <p>Diversity Week (Jun)</p> <p>e-Cadet online safety tasks</p>	<p>'No Outsiders'</p> <p>The Girls - LO To explore friendship.</p> <p>And Tango Makes Three - LO To exchange dialogue and express an opinion.</p> <p>St. George's Day (Apr)</p> <p>Chritian Aid Week (May)</p> <p>Father's Day (Jun)</p> <p>Refuge Week (Jun)</p> <p>Child Safety Week (Jun)</p> <p>Aspire & Achieve Week (June)</p> <p>Children's Art Week (Jun)</p> <p>Diversity Week (Jun)</p> <p>e-Cadet online safety tasks</p>	<p>Joy & Happiness: Be Health, Be Happy!</p> <p>Creativity: UN Creativity & Innovation Day.</p> <p>Aspirations: Famous Liverpudlians</p> <p>Democracy & Peace.</p> <p>Equality: Families come in all shapes & sizes</p> <p>Our Lady: The Rosary</p> <p>Diversity</p> <p>Respect: Looking after our world</p> <p>Friendship & Nurture: Autism Awareness</p> <p>Aspirations: Aspire & Achieve Week</p> <p>CAFOD: God's global family</p> <p>Aspirations: Looking forward to next year</p> <p>Friendship: International Day of Friendship</p> <p>Joy & Happiness: Celebrating the year</p>	<p>UN Creativity & Innovation Da: 21st April</p> <p>St George: 23rd April</p> <p>Ascension: 13th May</p> <p>International Day of Families: 15th May</p> <p>Pentecost: 23rd May</p> <p>Blessed Virgin Mary: 24th May</p> <p>Holy Trinity :30th May</p> <p>Corpus Christi: 6th June</p> <p>World Oceans Day:8th June</p> <p>Autistic Pride Day:18th June</p> <p>International Day of Friendship: 30th July</p>

Year 6

Year 6: Autumn Term					
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links
<p>Health and wellbeing: Understand their uniqueness as made in the image of God and develop self awareness, positive self esteem and confidence.</p> <p>Relationships:</p> <p>The Wider World: develop independence, interdependence and responsibility.</p>	<p>Grow towards human wholeness and develop a healthy lifestyle in body, mind and spirit and understand the connection between knowledge and living.</p> <p>Deepen understanding of risk by recognising, predicting and assessing risks in different situations and making an informed decision. Understand who is responsible for keeping them healthy and safe.</p> <p>Know what kind of physical contact is acceptable and unacceptable and how to respond.</p> <p>Realise the nature and consequences of discrimination, teasing bullying etc.</p> <p>Recognise the emotions of others and respond appropriately.</p> <p>Understand that differences in people come from several factors: age, family, culture, ethnicity, race, religion, gender, etc.</p> <p>To be aware of different types of relationships: friends, family, etc.</p> <p>To be aware that marriage is a commitment freely entered into by both people, willingly.</p> <p>To recognise ways in which relationships can be unhealthy and who to talk to if they need support</p> <p>Understand what being part of a community means. Know they are made to live in a society and the wider world.</p> <p>Understand that rules and laws are to protect and be enforced and that there are different rules in different situations.</p>	<p>Domestic church Family Loving God who never stops loving</p> <p>Baptism/Confirmation Belonging Vocation & commitment The vocation of priesthood and religious life</p> <p>Other Faith Islam Belonging and Values</p> <p>Advent/Christmas Loving Expectations Jesus born to show God to the world</p>	<p>Social and Emotional LO:</p> <p>To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.</p>	<p>'No Outsiders' King Of The Sky - LO To consider responses to immigration The Only Way Is Badger - LO To consider language and freedom of speech.</p> <p>International Day of Peace (Sept)</p> <p>European Day of Languages (Sept)</p> <p>Black History Month (Oct)</p> <p>Remembrance Sunday/Armistice Day (Nov)</p> <p>Children In Need Appeal (Nov)</p> <p>Anti Bullying Week (Nov)</p> <p>Enterprise Week (Nov)</p> <p>Road Safety Week (Nov)</p> <p>St. Andrew's Day (Nov)</p> <p>e-Cadet online safety tasks</p>	<p>Joy & Happiness: Celebrating each of us as unique individuals.</p> <p>Equality & Friendship: Showing kindness to everyone.</p> <p>Forgiveness: Exploring the meaning of forgiveness.</p> <p>Joy & Integrity: Celebrating Harvest Festival & the world as God's creation</p> <p>Courage & Peace: Our community</p> <p>Integrity & Honesty: Follow your conscience.</p> <p>Integrity: Including everyone & sharing</p> <p>Friendship & Nurture: I bring value to the people among whom I live</p> <p>Happiness: The Beatitudes Tolerance & Respect: Inter-faith week.</p> <p>Respect: Anti-bullying week. Preparing for Jesus: Hope, Love, Joy & Peace.</p> <p>Evangelium 'Lost & Found Cat' by Amy Shrodes & Doug Kuntz 'Lily & the Paper Man' by Rebecca Upjohn</p> <p>St Teresa of Calcutta & International Day of Charity: 5th September</p> <p>International Day of Peace: 21st September</p> <p>CAFOD Brighten up for Harvest.</p> <p>St Michael: 29th September</p> <p>Black History Month: October</p> <p>National Smile Day: 1st October</p> <p>St Francis of Assisi: 4th October</p> <p>UN Day for the Eradication of Poverty: 17th October</p> <p>All Saints/All Souls: 1st November</p> <p>Remembrance: 11th November</p>

Year 6: Spring Term					
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links
<p>Health and Wellbeing: Know that limitations are also opportunities for growth and make the most of our abilities</p> <p>Relationships:</p> <p>Wider World: Experience a sense of belonging within a range of communities</p>	<p>To recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy that makes them uncomfortable, anxious or that they believe to be wrong.</p> <p>To differentiate between the terms risk, danger and hazard.</p> <p>What positively and negatively affects their physical, mental and emotional health.</p> <p>About change including transitions (between key stages and schools) loss, separation, divorce and bereavement. Develop appropriate techniques to resist pressure from friends and others with regard to tobacco, alcohol and drugs</p> <p>Learn which commonly available substances and drugs are legal and illegal, their effects and risks Investigate ways to achieve a healthy body through diet, exercise, hygiene and rest</p> <p>How to make informed choices in relationships (including recognising that choices can have positive, neutral and negative consequences)</p> <p>There are different kinds of responsibilities rights and duties at home, at school and in the community and towards the environment</p>	<p>Local Church Community Sources The Bible, the special book for the Church</p> <p>Eucharist Relating Unity Eucharist enables people to live in communion</p> <p>Lent/Easter Giving Death & new life Celebrating Jesus' death & resurrection</p>	<p>Physical LO:</p> <p>To explain how human life is conceived.</p>	<p>'No Outsiders' Leaf - LO To overcome fears about difference The Island - To consider causes of racism</p> <p>Young Carers Week (Jan)</p> <p>Children's Mental Health Week (Feb)</p> <p>Safer Internet Day (Feb)</p> <p>International Mother Language Day (Feb)</p> <p>Red Nose Day (Mar)</p> <p>Chinese New Year (Feb)</p> <p>Random Acts Of Kindness (Feb)</p> <p>St. David's Day (Mar)</p> <p>Fair Trade Fortnight (Feb/Mar)</p> <p>St. Patrick's Day (Mar)</p> <p>Mother's Day (Mar)</p> <p>Crucial Crew Health & Safety Transition Initiative (April)</p> <p>e-Cadet online safety tasks</p>	<p>Integrity & Honesty: New beginnings & resolutions.</p> <p>Diversity & Respect: Showing respect for other faiths.</p> <p>Equality: Martin Luther King.</p> <p>Forgiveness & Respect: Love thy neighbour</p> <p>Courage & Aspirations: Children's Mental Health Week. Friendship & Nurture: Forming good friendships.</p> <p>Integrity: Doing the right thing for others.</p> <p>Courage: Women of the Bible</p> <p>Aspirations: Inspirational women.</p> <p>Lent & Easter: Passion of Christ & His Resurrection</p> <p>Epiphany of the Lord: 6th January</p> <p>World Religion Sunday: January</p> <p>MLK Day: January</p> <p>Conversion of St Paul: 25th January</p> <p>Holocaust Memorial Day: 27th January</p> <p>Presentation of the Lord: 2nd February</p> <p>Our Lady of Lourdes: 11th January</p> <p>Fairtrade Fortnight: 22nd February-7th March</p> <p>CAFOD Fairtrade Assembly</p> <p>Women's History Month & Int. Women's Day: March</p> <p>St Patrick: 17th March</p>

Year 6: Summer Term					
PSHE Opportunities: Children will be able to:		Come & See	RSE: A Journey in Love	Links to SMSC	Collective Worship Themes: Church, CAFOD & Global Links
<p>Health and wellbeing:</p> <p>Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe. Know when it is right to keep a secret and when we should not agree to this and when it is right to break confidence. Deepen understanding of good and not so good feelings to extend vocabulary to explain both the range and intensity of feelings. To take care of the body and know that they have autonomy and right to protect their body from inappropriate or unwanted contact. Understand that actions such as female genital mutilation (FGM) constitutes abuse, are a crime and how to get support if they have fears for themselves or peers. Know how their body will and emotions may change as they approach puberty. Recognise that emotions can conflict. Understand transition and how things will change going into a new year school</p> <p>Relationships:</p> <p>Know that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources; people they know and media. Understand the difference between positive and negative relationships.</p> <p>The Wider World: Experience a reconciling community</p> <p>Appreciate the range of national, regional, religious and ethnic identities in the United Kingdom. To know that there are some cultural practices which are against British law and universal rights Deepen awareness of current environment issues in the context of God's creation including allocation of resources Explore ways to look after money and the benefits of saving for future needs</p>	<p>Pentecost Serving Witnesses The Holy Spirit enables people to become witnesses</p> <p>Other Faith Judaism Belonging and Values</p> <p>Reconciliation Inter-relating Healing Sacrament of the Sick</p> <p>Universal Church World Common good Work of the worldwide Christian family</p>	<p>Spiritual LO:</p> <p>To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.</p>	<p>No Outsiders: Introducing Teddy - LO To show acceptance. A Day In The Life Of Marion Bundo - LO To consider democracy. St George's Day (Apr) Christian Aid Week (May) Father's Day (Jun) Refuge Week (Jun) Refuge Week (Jun) Child Safety Week (Jun) Aspire & Achieve Week (June) Children's Art Week (Jun) Diversity Week (Jun) e-Cadet online safety tasks</p>	<p>Joy & Happiness: Be Health, Be Happy! Creativity: UN Creativity & Innovation Day. Aspirations: Famous Liverpudlians Democracy & Peace: Equality: Families come in all shapes & sizes Our Lady: The Rosary Diversity Respect: Looking after our world Friendship & Nurture: Autism Awareness Aspirations: Aspire & Achieve Week CAFOD: God's global family Aspirations: Looking forward to next year Friendship: International Day of Friendship Joy & Happiness: Celebrating the year</p>	<p>UN Creativity & Innovation Da: 21st April St George: 23rd April Ascension: 13th May International Day of Families: 15th May Pentecost: 23rd May Blessed Virgin Mary: 24th May Holy Trinity :30th May Corpus Christi: 6th June World Oceans Day: 8th June Autistic Pride Day: 18th June International Day of Friendship: 30th July</p>

Appendix 2Come and See and
Relationship and Sex Education**Introduction**

The following is intended as a guide for linking Relationship and Sex Education with Come and See. Some of these aspects might be covered in the EXPLORE section where the topic is being introduced, starting with the pupil's own experience, and extending into the REVEAL and RESPOND sections. Some ideas may be used in the REVEAL process where the teaching is explicitly concerned with Scripture and the teaching of the Church. Some topics offer more explicit teaching to develop ideas about Relationship and Sex Education, some less so.

Another way of using this section is when teaching Religious Education which occurs in other aspects of the curriculum e.g. Science, P.E, PSHE etc.

EARLY YEARS		
MYSELF	God knows and loves each one	<ul style="list-style-type: none"> • Each one's name is important • I am special and have a special name • I have a family name • Everyone is precious to God
WELCOME	Baptism a welcome to God's family	<ul style="list-style-type: none"> • How we are made to feel welcome • How do we show others that they are welcomed? • How is a baby welcomed into a family?
BIRTHDAY	Looking forward to Jesus' birthday	<ul style="list-style-type: none"> • Why do we celebrate birthdays? • What a birthday is • What people do while they wait for a birthday • Some of the ways birthdays are celebrated
CELEBRATING	People celebrate in church	<ul style="list-style-type: none"> • Why is celebrating important?

		<ul style="list-style-type: none"> • What is good about celebrating together? • What a celebration is • Different elements of celebration • Different ways of celebrating
GATHERING	The parish family gathers to celebrate Eucharist	<ul style="list-style-type: none"> • Why do we gather together? • How we gather as a church/parish family • What are the things that are better done together and why? • The importance of gathering
GROWING	Looking forward to Easter	<ul style="list-style-type: none"> • The ways in which we grow • That spring is a time when things begin to grow • The ways in which we can grow in love to be more like Jesus
GOOD NEWS	Passing on the Good News of Jesus	<ul style="list-style-type: none"> • How they and others feel when they have good news. • The joy and happiness the good news brings • That everyone has good news to share
FRIENDS	Friends of Jesus	<ul style="list-style-type: none"> • how friends make us feel happy, comfortable and glad • What breaks and mends friendships: • It is good to have friends • How we can change and say sorry and forgive each other
OUR WORLD	God's wonderful world	<ul style="list-style-type: none"> • How wonderful our world is? • How we could make God's world even more wonderful • What would happen if we did not look after our world? • What we love about our world. • What fills us with wonder about our world. • Everyone shares God's world. • How we would feel if we did not work together to share God's world.

YEAR 1		
FAMILIES	God's love and care for every family	<ul style="list-style-type: none"> • How families show love and care for each other. • God's love and care for them and their families. • How God shows love and care for individuals, families and all of creation
BELONGING	Baptism an invitation to belong to God's family	<ul style="list-style-type: none"> • What it feels like to belong • The experience of belonging to their family and the Church family • How babies are welcomed into the Church family.? • Parents are blessed.
WAITING	Advent a time to look forward to Christmas	<ul style="list-style-type: none"> • How we feel when we are waiting • Why waiting can be difficult at times • Others may help us as we wait • We can help others.
SPECIAL PEOPLE	People in the parish family	<ul style="list-style-type: none"> • Special people help us • What makes a person special • How we can love and serve each other • There are people who do special jobs at Mass when the parish family gathers • Some of ways in which these people help
MEALS	Mass; Jesus' special meal	<ul style="list-style-type: none"> • What important for a happy meal? • What makes a family meal special. • Preparation for a meal. • How we love and serve Jesus • How it is good to say thank you for our meals
CHANGE	Lent a time for change	<ul style="list-style-type: none"> • How the season change. • The ways we change and grow in love and kindness. • How we can change and make a new start in Lent.

HOLIDAYS AND HOLYDAYS	Pentecost: the feast of the Holy Spirit	<ul style="list-style-type: none"> • Why are holidays different from ordinary days • What makes holidays happy times • How holidays are times to relax and do something different • We should thank God for holidays and our wonderful world
BEING SORRY	God helps us to choose well	<ul style="list-style-type: none"> • Making choices that help us feel happy. • Making choices that make us feel unhappy. • What helps us to make good choices. • How would it be if everyone followed Jesus' new rule to 'love one another'? • Sometimes hard to say sorry and to forgive. • It is good to say sorry • The end of the day is a good time to reflect on the choices made and to ask God's forgiveness.
NEIGHBOURS	Neighbours share God's world	<ul style="list-style-type: none"> • Who is our neighbour? • What makes a good neighbour? • How we can be a good neighbour • What happens if someone is not a good neighbour?

YEAR 2

BEGINNINGS	God is present in every beginning	<ul style="list-style-type: none"> • How do you feel when you begin anything new? • Why some beginnings are easy and some are difficult • How we begin our day • How each day is a new beginning. • God cares for everyone. • God being present in all new beginnings
SIGNS & SYMBOLS	Signs and symbols used in Baptism	<ul style="list-style-type: none"> • The meaning and importance of some symbols in life. • The power of symbols to convey meaning • Some of the signs and symbols in daily life
PREPARING	Advent; preparing to celebrate Christmas	<ul style="list-style-type: none"> • Why is it necessary to prepare? • What would happen if you didn't prepare? • How you feel when you are preparing for special times? • What is the best way to prepare for Jesus' coming?
BOOKS	The books used in Church	<ul style="list-style-type: none"> • The importance of books in our lives. • The need for books • How books can help us
THANKSGIVING	Mass a special time for saying thank you to God for everything, especially Jesus	<ul style="list-style-type: none"> • How you feel when you thank others • How you feel when you are thanked • Why we thank God our Father • How the parish family can spread the message of thanksgiving and peace?
OPPORTUNITIES	Lent an opportunity to start anew in order to celebrate Jesus' new life	<ul style="list-style-type: none"> • How each day offers opportunities for good? • What helps a person choose well • The opportunity of Lent offers to make a new start.

SPREAD THE WORD	Pentecost a time to spread the Good News	<ul style="list-style-type: none"> • The importance of messages in daily life • The responsibility of passing on messages • The new life of Jesus • How the Holy Spirit helps Christians. • Jesus has promised us new life
RULES	Reasons for rules in the Christian family	<ul style="list-style-type: none"> • The importance for ourselves and others of keeping rules. • How rules are necessary in life • How it is sometimes hard to say sorry • How it is sometimes hard to forgive others • The good feeling when people make up • The difference between doing something accidentally and on purpose. • The importance and helpfulness of examining your conscience every day. • A sorry prayer
TREASURES	God's treasure; the world	<ul style="list-style-type: none"> • What we treasure • What treasures do we share? • We are God's treasure • How we thank God for the treasures of our world • How we should treat the treasures of this earth

Year 3

HOMES	God's vision for every family	<ul style="list-style-type: none"> • What makes a house a home • What makes home a special place for you • What makes a house a home • Why is family important? • The respect of parents and children for one another • What do you like to do at home, on your own and as a family? • What do people do for you at home, that makes you feel special • What is sometimes difficult about sharing and being part of a group at home? • God's dream for every family • God is always there
PROMISES	The meaning of the commitment and promises made at Baptism	<ul style="list-style-type: none"> • What is good about being in a group • Why we have rules • The importance of making promises • How some promises are more difficult to keep than others • The link between the promises made the consequences of actions following the promise. • The role of parents and godparents in bringing up the child in the Faith • What it means to live a child of the Light
VISITORS	The coming of Jesus	<ul style="list-style-type: none"> • How we welcome visitors • How we feel as a visitor • The importance of preparing for visitors. • The joys and demands of visitors
JOURNEYS	Christian family's journey with Jesus	<ul style="list-style-type: none"> • Each year has its special times and seasons • Life is a journey • Who is with you on the journey • What makes it good

		<ul style="list-style-type: none"> • difficulties times in the life's journey • What/who helps • How we help one another on the journey
LISTENING & SHARING	Jesus gives himself to us in a special way	<ul style="list-style-type: none"> • The cost of sharing • The joys of sharing • The importance of listening well and sharing. • The joys and difficulties of listening and sharing • How feelings affect our own and others desire to listen and to share.
GIVING ALL	Lent a time to remember Jesus' total giving	<ul style="list-style-type: none"> • Why people are brave and give themselves to others • The demands of total giving in terms of time and giving up something you what to do • How people give themselves to others • Those in need and how we might help them. • Lent an opportunity for giving, growing in goodness. • Jesus' total giving
ENERGY	Gifts of the Holy Spirit	<ul style="list-style-type: none"> • The energy of wind and of fire. • The best use of power of wind and fire • The inspiration of the Holy Spirit • The power and energy of the Holy Spirit • The prayer to the Holy Spirit • The gifts of the Holy Spirit • Christians can use the gifts of the Holy Spirit to help others.
CHOICES	The importance of examination of conscience	<ul style="list-style-type: none"> • The meaning of choice and consequence • The importance of making good choices • What helps in making good choices • Consequences of choices • What it means to examine your conscience • How God is always forgiving

SPECIAL PLACES	Special places for Jesus and the Christian community	<ul style="list-style-type: none">• How places become special?• What makes a place special?• Special places for you and your family?• Why is our heart a special place?• Keeping our world a special place?• Why do Christians want to keep the world a special place?
-----------------------	--	---

YEAR 4

PEOPLE	The family of God in Scripture	<ul style="list-style-type: none"> • The importance of families • Family relationships • Respect for those who gave us life.
CALLED	Confirmation a time to renew baptismal promises	<ul style="list-style-type: none"> • Our response to being chosen • What it feels like to be chosen • Why it is difficult to make a response in some situations • Giving up something else when you are chosen. • What help do you need to chose • The work of the Holy Spirit in our lives • The work of the Holy Spirit in the lives of Christians • What it is to live in the light of Christ • The commitment of people who respond to the call of God
GIFT	God's gift of love & friendship in Jesus	<ul style="list-style-type: none"> • What you value most about the gift of friendship • What you offer others in your friendship • Why the gift of love and friendship is important • The joys and demands of friendship • The commitment required by the gift of love and friendship.
COMMUNITY	life in the local Christian community: ministries in the parish	<ul style="list-style-type: none"> • The meaning of <i>community</i> • The advantages of being part of a <i>community</i>? • What helps to build up <i>community</i> • The demands of being part of a community? • Why people give time and service in helping others in their community • The causes of a breakdown of a <i>community</i> • How the parish community celebrates together and supports one another

GIVING & RECEIVING	Living in communion	<ul style="list-style-type: none"> Your experience of giving and receiving. The importance of giving and receiving? The joys and demands of giving and receiving? Why it is important to live in communion Ways in which we live and grow in communion. How the Eucharist challenges and enables living and growing in communion?
SELF DISCIPLINE	Celebrating growth to new life	<ul style="list-style-type: none"> The experience of giving up something and be very disciplined for a good reason. How to be self disciplined How self-discipline helps people to grow and make the best use of their potential Lent; the opportunity to make change and to prepare for Christ's Resurrection on Easter Sunday.
NEW LIFE	To hear & live the Easter message	<ul style="list-style-type: none"> What you do when life is difficult The experience of good news bringing life and happiness. How the power of the Holy Spirit helps Christians today
BUILDING BRIDGES	Admitting wrong, being reconciled with God and one another.	<ul style="list-style-type: none"> What makes friendships strong How decisions about friendship are informed by beliefs and values. How friendships are built How friendships may be restored when they have been broken Sin and the importance of examining of your conscience The greatest commandment, love of God and others The meaning of contrition and of absolution Forgiveness of others
GOD'S PEOPLE	Different saints show people what God is like.	<ul style="list-style-type: none"> What makes a person do extraordinary things? How ordinary people do extraordinary things. The qualities you admire in others How true happiness can be found

- How you can do extraordinary things

YEAR 5

OURSELVES	Created in the image and likeness of God	<ul style="list-style-type: none"> • Talents and qualities you admire in others • Your own talents and qualities and how you use them • Identify qualities in anyone else • How talents and qualities are developed. • We are made in the likeness of God • What being unique means • God's love for us • How Christians are called to live in peace. • How people are made in God's image and likeness might live
LIFE CHOICES	Marriage, commitment and service	<ul style="list-style-type: none"> • The ingredients of a good friendship • What fidelity means and how it applies to friendship • Responsibilities friends have for one another • Difficulties and joys of friendships • What is important for friendship to thrive • What it feels like to have faithful friend • Jesus' advice about relationship? • The importance of fidelity, loyalty and commitment in maintaining a friendship • The importance of commitment and responsibility in relationships. • What it means to be committed • The work of Christian service • The Sacrament of Marriage • The symbols of the promises and the blessing of rings • All are called to live in love and service
HOPE	Advent; waiting in joyful hope for Jesus; the promised one	<ul style="list-style-type: none"> • Your experience of waiting • How people wait in different ways, for different things. • Why waiting is a mystery • How you can best use the time you spend waiting and what might help you

		<ul style="list-style-type: none"> • What you think about when you are waiting for something exciting • How you behave when you are waiting • The difference between <i>hope</i> and <i>expect</i> • Why people wait with hope • The coming of Jesus at the end of time • Advent is a time of waiting hopefully
MISSION	Continuing Jesus' mission in diocese. [ecumenism]	<ul style="list-style-type: none"> • The demands and joys being dedicated in your mission • Discovering your mission? • What inspires people in their mission • The joys and demands of engaging in a mission • The reasons why people want to help others. • How people carry out Jesus' mission today • Jesus' prayer for unity
MEMORIAL SACRIFICE	The Eucharist; the living memorial of Jesus	<ul style="list-style-type: none"> • Why memories are important • How it is possible to keep important memories alive • About sacrifice in daily life
SACRIFICE	Lent a time of giving in order to celebrate the sacrifice of Jesus	<ul style="list-style-type: none"> • How you feel when you give • How you feel when you refuse to give. • The cost of giving. • How people decide whether or not to give • How those decisions are informed by beliefs and values • The costs or rewards of giving can be • That Lent is a season of giving to prepare for the Easter
TRANSFORMATION	Celebration of the Spirit's transforming power	<ul style="list-style-type: none"> • How people can use the energy of their minds for the good of others. • How people can use time and physical energy for the well being of others and why they should. • How energy can transform • How we can use our energy to transform ourselves

		<ul style="list-style-type: none"> • How we can use the energy from the earth's resources in a fair and sustainable way. • How the power of the Holy Spirit helps Christians today
FREEDOM & RESPONSIBILITY	Commandments enable Christians to be free & responsible	<ul style="list-style-type: none"> • What freedom parents have a right to • What freedom children have a right to. • What is responsible and irresponsible behaviour. • How rules can bring freedom • How people know the boundaries that their personal freedom gives them. • How freedom and responsibility are linked. • How people's perception of what their freedom allows may conflict with the expectation of others. • How importance of the Ten Commandments for Christians today. • How the Beatitudes show us a positive way of life. • Jesus teaching on the greatest commandments, love of God and others.
STEWARDSHIP	The Church is called to stewardship of Creation	<ul style="list-style-type: none"> • What I really care about • Showing concern for what I care for • The meaning of stewardship • Understanding the wonders of God's creation • People are made in the image and likeness of God • Christians can be good stewards. • The Christian's responsibility to take care of, to be a steward of the earth • The importance of ecology

YEAR 6

LOVING	God who never stops loving	<ul style="list-style-type: none"> • What unconditional love means • How love is shown • How you are loved and cared for • What members of your family do for each other • How you show love to others • How people have inspired and influenced you to show unconditional love to others • What it means to be truly loving • How people show unconditional love to others • The beliefs and values which have inspired and influenced you to be loving? • The scripture text that demonstrate God's unconditional love for everyone even when times are hard. • The challenge these passages present to Christians. • The Beatitudes and their meaning for today. • God's unconditional love and what this means. • By living in God's way, as Jesus showed us, we can grow in love.
VOCATION AND COMMITMENT	The vocation of priesthood and religious life	<ul style="list-style-type: none"> • What it means to be committed? • Why people are committed? • The implications of lack of commitment • Whom shows commitment • How commitment affects the level of job satisfaction <p>Responding to the call of Jesus Our mission in living out our baptismal vows</p>
EXPECTATIONS	Jesus born to show God to the world	<ul style="list-style-type: none"> • The expectations you have of yourself • Having high expectations of others • Trusting and believing in one another • What happens if you let people down or others let you down? • Patience is important in expectations

		<ul style="list-style-type: none"> • The difference between wishing and expecting. • The meaning of Advent
SOURCES	The Bible, the special book for the Church	<ul style="list-style-type: none"> • The kind of books which are the most helpful • Our lives are enriched by books. • The wonder of books and how they take a person beyond themselves • The presence of God in the words of Scripture • The care and reverence with which the Word of God is treated
UNITY	Eucharist enables people to live in communion.	<ul style="list-style-type: none"> • Why friendships are important • The most important value in friendship • What helps a friendship to flourish • The kinds of behaviour that break a friendship • Those affected when a friendship is broken • Mending broken friendships • Becoming one with Christ and one another in Holy Communion • The unity which Holy Communion brings
DEATH & NEW LIFE	Celebrating Jesus' death and resurrection	<ul style="list-style-type: none"> • The affect of loss in everyday life • The change it brought • What remained the same • What is the best way to cope with loss • How people cope with loss and death • How death brings new life • Lent, a time to remember the suffering and death of Jesus
WITNESSES	The Holy Spirit enables people to become witnesses	<ul style="list-style-type: none"> • When to be a witness • How to be a witness • Why it sometimes needs courage to be a witness • Examples of modern witnesses • The witness of a local charity,
HEALING	Sacrament of the Sick	<ul style="list-style-type: none"> • Showing compassion and care for those who are ill • Our attitude towards people suffering with mental illness.

		<ul style="list-style-type: none"> • Helping, caring and understanding those with a learning disability. • What gives a person comfort when they are very ill? • Why people give time and commitment to caring for others • Why we care for the sick • The Sacrament of Anointing brings comfort to those who are sick • The Christian responsibility for caring for these in need
COMMON GOOD	Work of Christians for the good of all	<ul style="list-style-type: none"> • How we build a fair and just world • The difference between fairness and justice, unfairness and injustice • Helping to promote the dignity and common good of one another • Beatitudes; a guide from Jesus about how to live life. • The ways we can act justly, love tenderly and walk humbly with God • How Christians can work for the common good • Something about Catholic Social Teaching

Appendix 3

Statutory Science Curriculum

Early Years Foundation Stage children learn about life cycles. Through on-going personal, social and emotional development they develop the skills to form relationships and think about relationships with others.

In Key Stage 1 children learn:

- That animals, including humans, move, feed, grow and use their senses and reproduce
- To recognise and compare the main external parts of the bodies of humans
- That humans and animals can reproduce offspring and these grow into adults
- To recognise similarities and differences between themselves and others
- To treat others with sensitivity

In Key Stage 2 children learn:

- That the life processes common to humans and other animals including nutrition, growth and reproduction
- About the main stages of the human life cycle