



Food and Farming

Food is very important. It gives us energy and helps us grow. Food keeps our bodies strong and healthy. When lots of plants are grown for food, it's called farming.

There are 3 types of farm. Crop farms grow plants for food. Animal farms for meat and dairy. You can also have a mixed farm. Mixed farms have plants and animals.

R: Name 2 different types of farms.

The farmer has a busy year. In autumn the farmer ploughs the fields. Ploughing the field is like digging it. It breaks the ground up. This makes the field ready for planting.

Now the field is ready, the farmer can sow the seeds. Sowing the seeds means planting them. In spring, the seeds will start to grow. They will keep growing bigger and stronger.

V: In the sentence 'sowing the seeds' what does the word sowing mean? Circle your answer.

collecting

planting

storing



The weather is very important. Bad weather will mean a poor crop. A poor crop is not many or very small plants. A summer of good weather will mean a good crop. Lots of big strong plants!

P: How do you think the farmer would feel if he grew a poor crop?

The crops are ready at the end of summer. They need to be harvested. Harvesting the crops means to pick or collect them. Fruits and vegetables can go to the shops. Grains need to be dried. The dried grain is sent to be made into the food we eat. Then, the cycle can start again.

All around the world, people celebrate the harvest. Some people have a harvest festival. This is to celebrate and give thanks for the food.

V: What does the word harvest mean?

R: Why do people celebrate harvest?

Answers

R: Two of crop farms, animal farms and mixed farms

V: Planting

P: Accept answers that show an understanding of the emotions a farmer might feel – scared/upset/angry/worried

V: Picking or collecting the crops

R: To say thank you for the food