

St. Michael's Catholic Primary School Learning Challenge Curriculum

Progression in Skills: PSHE



	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	<p>Children can identify and name some feelings (for example through interpreting facial expressions) and express some of their positive qualities.</p> <p>Children will understand who they can talk to about negative relationships and understand who can help them.</p>	<p>Children will understand how to make positive impacts in relationships. They will be able to respect other opinions and talk about their own.</p> <p>Children will understand how to keep the global environment healthy.</p> <p>Children will talk about keeping safe on the road and online.</p> <p>Children will understand the impacts of bullying.</p>	<p>Children will understand self-respect and respect for others. They will understand their own worth and that of others.</p> <p>Children will understand how to resolve conflict and where to get help.</p> <p>Children will listen to and respect views and opinions of others.</p> <p>Children will understand how to use the internet safely.</p>	<p>Children will be able to express their views and opinions as well as listen to others. They will understand what a friend is and how to resolve friendship problems.</p> <p>Children will begin to examine violence and the excuses and responsibilities surrounding it.</p> <p>Children will have an understanding and respect for different types of families.</p>	<p>Children will understand how healthy relationships benefit the body and mind.</p> <p>Children will be able to show respect for their own views and those of others.</p> <p>Children will discuss some bodily and emotional changes and how to deal with them</p> <p>Children will understand their own identities.</p>	<p>Children will understand positive ways to face new challenges.</p> <p>Children will discuss bodily and emotional changes and demonstrate ways to deal with them in a positive way.</p> <p>Children will explore a range of jobs and explain how they will develop skills in the future.</p> <p>Children will promote inclusion.</p>
Health and Wellbeing	<p>Children will be able to recognise and talk about their own</p>	<p>Children will have an understanding about school rules.</p>	<p>Children can make choices about how to develop healthy Lifestyles.</p>	<p>Children will understand class rules and school safety.</p>	<p>Children will be able to identify some factors that affect their own emotional health and</p>	<p>Children will develop positive coping strategies for body image and the media</p>

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	<p>feelings and express them.</p>	<p>Children will understand their role in school.</p> <p>Children will understand how to keep their bodies and minds healthy and understand medicine safety.</p>	<p>Children will be able to set themselves targets for the curriculum and behaviour.</p>	<p>Children will be able to understand when they should and should not keep secrets and promises.</p> <p>Children will begin to understand the impacts of drugs, smoking and alcohol.</p>	<p>well-being and discuss the risks and how to manage and cope with them.</p> <p>Children will set personal targets for behaviour and the curriculum.</p> <p>Children will understand the difference between legal and illegal.</p>	<p>and will understand self-respect.</p> <p>All pupils will be involved in setting own targets for curriculum and behaviour</p> <p>Children will make their own decisions and peer pressure resistance.</p> <p>Children will list the commonly available substances and drugs that are legal and illegal, and can describe some of the effects and risks of these.</p>
<p>Wider World</p>	<p>Children will understand the purpose of money, how it is used in different ways.</p> <p>Children will understand road</p>	<p>Children will understand their responsibilities and the impacts of their actions</p>	<p>Children will understand how their actions have consequences and will be able to describe the consequences of bullying and how best to respond to it.</p>	<p>Children will be able to describe the consequences of bullying and understand how to respond to it. They will be able to recognise different</p>	<p>Children will be able to make decisions and judgements and list ways of resisting and preventing peer pressure.</p>	<p>Children will describe some of the different beliefs and values in society, and can demonstrate respect and tolerance towards people different from themselves.</p>

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	<p>safety and how to be safe on public transport.</p>	<p>Children will recognise the effects of their behaviour on others.</p>	<p>Children will show care for the environment.</p> <p>Children will understand how to be safe on public transport.</p> <p>Children will understand the concept of money, how things are afforded and where money comes from.</p>	<p>types of relationships and how to maintain good relationships.</p> <p>Children will understand how to save money and will understand its' value.</p> <p>Children will understand how to travel safely.</p>	<p>Children will be able to list common legal and illegal drugs and talk about the risks.</p> <p>Children will understand how much money they keep after earning, understand debt and credit.</p> <p>Children will understand their global responsibilities in relation to climate change.</p>	<p>Children will understand sec education and healthy relationships.</p>
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