



# St Michael's Catholic Primary School

With Jesus we can Achieve what we Dream and Believe!

Newsletter 20

13th February 2021

The parent app provides up to date important information. If you would like an invite to download the app, please call the office on 0151 263 8460



Guion Street, Liverpool, L6 9DU

Website: <https://www.stmichaelscatholicprimary.co.uk/>

Email: [contact@stmichaelscatholicprimary.co.uk](mailto:contact@stmichaelscatholicprimary.co.uk)

Telephone: 0151 263 8460 (Press 1 to report a pupil absence)

## Family Support



Dawn Foxon, our school Family Support Worker, is available to talk privately about any concerns or issues.

Call Dawn Foxon 07712235811 or email [dawn.foxon@liverpool.gov.uk](mailto:dawn.foxon@liverpool.gov.uk)



## We are here to support you

We understand that this is a very difficult time for families. We would like to reassure you that school staff are available to support you and your children as we move forward during these most challenging times. You can call Mrs Birch confidentially, on 07921292412



## Free School Meals

Edenred e-vouchers will resume following half term for parents and carers of children who are not attending school. Emails will arrive on Monday 22nd February to cover a two week period. You can apply for free school meals via this link <https://liverpool.gov.uk/benefits/free-school-meals/application-form/>

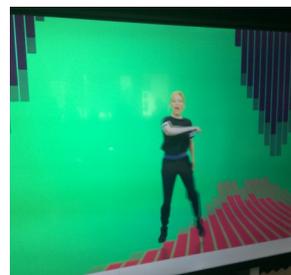
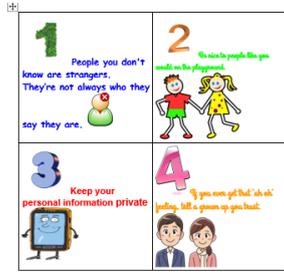


SAVE the DATE  
Safer Internet Day  
2021 Tuesday  
9 February  
[www.saferinternetday.org](http://www.saferinternetday.org)

This Tuesday was Safer Internet Day and the children have been learning about the dangers of unsafe behaviour online and how to protect themselves from the risks, while also benefiting from the many advantages that the internet offers. The children joined in with the BBC live lesson and the Liverpool Football Club online assembly.

As children are spending more time than ever on devices it is important that parents/carers are aware of their child's usage, the dangers involved and how best to support them.

<https://www.internetmatters.org/>



This week the children loved listening to stories in a variety of languages—including Polish, Czech, Spanish, Arabic, Romanian, Catalan and French. The week ended with Chinese New Year celebrations.



## New Website Goes Live Next Week

We are excited to introduce our new fantastic website. It will go live this Wednesday and there will be an opportunity for you to provide feedback. It has been designed to be easy to use, informative, clear and accessible on all devices. See for yourself and explore the site!



'With Jesus we can achieve what we dream and believe'



## Collective Worship

In Collective Worship this week we have explored the themes of **Friendship & Nurture** reflecting on words from Scripture. Daily reflections are timetabled on Google Classroom (or from their class Home Learning Timetable on the website) for children who are Home Learning.

**Gather**  
Let's prepare for ourselves for Collective Worship with a with some music

This week our Collective Worship themes are **'Friendship & Nurture'**

### Friendship & Nurture

Who makes you feel better when you are sick?

Let's think some more about healing today – there are lots of people working on healing during the Coronavirus Pandemic.

We begin by making the Sign of the Cross

**Listen**

**Jesus Heals Many People** (Mark 1:29-34)

<sup>29</sup> Jesus and his disciples, including James and John, left the synagogue and went straight to the home of Simon and Andrew. <sup>30</sup> Simon's mother-in-law was sick in bed with a fever, and as soon as Jesus arrived, he was told about her. <sup>31</sup> He went to her, took her by the hand, and helped her up. The fever left her, and she began to wait on them.

<sup>32</sup> After the sun had set and evening had come, people brought to Jesus all the sick and those who had demons. <sup>33</sup> All the people of the town gathered in front of the house. <sup>34</sup> Jesus healed many who were sick with all kinds of diseases and drove out many

God of love, help us all to follow Jesus' example of loving care, and to treat all those who are ill with kindness and tenderness.

**Amen**

**Respond**

What have you done to help yourself and others to stay safe and well?

STAY SAFE

HANDS FACE SPACE

When I see a neighbour...

**Go Forth**

Caring for Others Like Jesus Did

God of love, help us all to follow Jesus' example of loving care, and to treat all those who are ill with kindness and tenderness.

**Amen**

When I see a neighbour...

Join in extra-curricular activities

Respect yourself and others

Keep your facial expressions positive

Always do your best and be confident

Providing an inclusive caring, safe and supportive environment

Older children are a good example to others

Forgive and forget

Play buddies making sure that children aren't left alone during play time

Be willing to take turns

Remember your manners when speaking to people

Keep trying and help each other

Enjoy the friendship benches and use them to make new friends

Listen to your teachers

Be caring to others

Friendships & Nurturing

The Parish of St Michael and Sacred Heart Newsletters

**The Wednesday Word**

Good News for Families

ASH WEDNESDAY 17/02/21

# Birthdays

James Thomlinson	Prince Turay
Janine Kuambana	Noah Graham
Yasmin Vieira	Ana Hameed
Inuola Seriki	Lewis Ryder
Vanessa Mirga	Festus Shaba
Lily-May Mercer	Noah Steele
Dixie Lou Dunn	
Ava-Lou Lamkin	
Emmanuella Ahumibe	
Ovinaash Sivanesan	
Harinakshi Kesavanathan	
Miss Wright	
Mrs Smallwood	
Miss Briggs	

pageborders.org

**Mental Health & Prayer** Church is open for Mass and Communion. Visiting church is good for our spiritual and emotional well-being as well as our mental health. Come and see for yourself how safe we have made it for you. Please bring your face covering with you. Come and sit in the warmth of God's love for you.

CH & CO

# LEARNING FROM HOME

In this edition

AMANDA'S LUNCHES WEEK FIVE  
SEASONAL INGREDIENT CABBAGE  
SUPERMARKET SWAPS CHICKEN KATSU CURRY  
SUNDAY SPECIAL FLAPJACKS  
PLUS RECIPES & MUCH MORE...

FROM THE Kitchen WEEK FIVE

TAKE A LOOK

### Try this challenge at home!

## Make 37

Four bags contain a large number of 1s, 3s, 5s and 7s.

Can you pick ten numbers from the bags that add up to 37?

rich.maths.org

In Nursery we have been focusing on the children's mental health and have explored different stories such as Ruby's Worry, The Colour Monster and My Monster and Me.



A Worry Monster called 'Munch' visited nursery. He left stories and a note to say he likes to eat worries. The children have been writing their worries down and feeding them to Munch - he gobbles all of their worries up. We found that if we talk about our worries they get smaller and we don't feel anxious about them anymore. We discussed our emotions and how we are feeling.



The children have had lots of fun during continuous provision, engaging in lots of different activities and challenges with their friends. We have been working extremely hard on our cutting skills and the children really persevered using the scissors, even when it was a little bit tricky.



We love Nursery!



## Home Learning—there is no work set for over half term

Have a look on the school website for the weekly home learning time-tables (located on individual class pages):



<https://www.stmichaelscatholicprimary.co.uk/topic/class-pages>

These will be posted by Monday morning, ready for the week ahead. Remember, for year 1 to year 6, work is set daily on Google Classroom, and for Reception and Nursery, learning sessions will be scheduled each day on zoom.

If you need any help, please contact your year group email address

### Nursery and Reception –

[EYFS@stmichaelscatholicprimary.co.uk](mailto:EYFS@stmichaelscatholicprimary.co.uk)

**Year 1** – [Year\\_1@stmichaelscatholicprimary.co.uk](mailto:Year_1@stmichaelscatholicprimary.co.uk)

**Year 2** – [Year\\_2@stmichaelscatholicprimary.co.uk](mailto:Year_2@stmichaelscatholicprimary.co.uk)

**Year 3** – [Year\\_3@stmichaelscatholicprimary.co.uk](mailto:Year_3@stmichaelscatholicprimary.co.uk)

**Year 4** – [Year\\_4@stmichaelscatholicprimary.co.uk](mailto:Year_4@stmichaelscatholicprimary.co.uk)

**Year 5** – [Year\\_5@stmichaelscatholicprimary.co.uk](mailto:Year_5@stmichaelscatholicprimary.co.uk)

**Year 6** – [Year\\_6@stmichaelscatholicprimary.co.uk](mailto:Year_6@stmichaelscatholicprimary.co.uk)

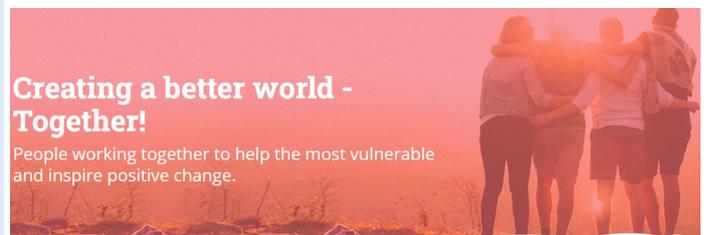
We also have a dedicated team in school to support you with any issues, questions or suggestions about home learning. So please do not hesitate to contact us via the school telephone: **0151 263 8460** or via our contact email address: [contact@stmichaelscatholicprimary.co.uk](mailto:contact@stmichaelscatholicprimary.co.uk) Please follow our school twitter account for additional home learning updates: [@STMTuebrook](https://twitter.com/STMTuebrook)



An Hour for Others is a local charity which aims to bring people together to support each other and our community.

During lockdown they have organised online sessions for both adults and children, which cover many things including Cookery, Dance, Life Coaching, Mindfulness, Yoga and many more. They are all free of charge and all you have to do is refer yourself at [www.anhourforothers.co.uk](http://www.anhourforothers.co.uk). Go to the get involved page and fill in a referral form and one of An Hour For Others team will contact you.

Getting involved will not only support your health and wellbeing, but it will support your community that you live in, which are both so vital! An Hour For Others also support families at Christmas with presents, football tickets for Liverpool matches, home refurbishments, caravan stays and many more lovely gifts! For you to be considered for any of these you will have to have engaged with the courses provided.



## Home Reading Book Swap

After half term we will continue with changing books for the children who are learning from home. See the time table below for when you should bring your books to the school to be swapped for new ones. If you haven't got one already come along and get one.



Year Group	Day of Book Swap	Gate
1	Monday 2:15-2:35	Infant
2	Tuesday 2:15-2:35	Infant
3	Monday 2:15-2:35	Junior
4	Tuesday 2:15-2:35	Junior
5	Thursday 2:15-2:35	Junior
6	Wednesday 2:15-2:35	Junior
Reception	Monday 12:30-1:00	Nursery

## Device Drop-In Clinic

Due to the success of this service, we will continue to provide support in school when we return after half term. Are you finding it difficult using your device at home? Are you struggling to access Google Classroom, Google Meet or Zoom? Come along and get some help.



**Tuesday, Wednesday and Thursday - 2pm-3pm**

## School Attendance During Lockdown

Check if you qualify as a keyworker. If you wish to apply for a place complete the online application form which is available on our website. You will be required to provide some form of proof of your keyworker status such as your work ID badge or a letter from your employer.

Guidance  
Children of critical workers and vulnerable children who can access schools or educational settings



11<sup>th</sup> February 2021



Liverpool  
City Council

Dear Parents and Carers,

Thank you for your continued support in the fight against Coronavirus.

Although the number of infections in Liverpool has reduced, the rate of reduction is once again levelling out. The number of infections is still too high and we all need to continue to be careful and stay safe.

You may have seen some media around people in Liverpool being advised to get a PCR test if they have additional symptoms. For clarity, we've outlined these additional symptoms and when people should get tested.

**Anyone experiencing the main symptoms of coronavirus** must stay at home and get a test as soon as possible and remain in self-isolation until they get their results back. The main symptoms of coronavirus are:

- a high temperature
- a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to sense of smell or taste – this means you cannot smell or taste anything, or things smell or taste different to normal

**However, people who are sick with coronavirus may have other symptoms** like the flu, including body-aches, headaches, sore throat and tiredness, shortness of breath, nausea or diarrhoea.

If you have these symptoms it is important you also consider booking yourself a PCR test. If you don't have the main symptoms of coronavirus, you do not need to isolate until you get your result, however you do need to continue to take the usual measures to protect yourself and others from illness.

If individuals haven't got symptoms they shouldn't use this route, and instead should go for asymptomatic testing in the usual way.

### **Advice on how to book a test**

*To book at test due to the above symptoms the process is the same. Go to the following website, <https://www.gov.uk/get-coronavirus-test>*

*When you are booking a test, if you don't have the classic symptoms, simply say you don't.*

*A few clicks later on the website, you can then choose the option which says: 'My local council or health protection team has asked me (or someone I live with) to get a test, even though I do not have symptoms'. Alongside the vaccination programme, testing continues to be one of the most vital tools to help us reduce the spread of infection.*

We have extra testing capacity in the area for the next few days so we hope you will take advantage of this while it is available.

Yours Sincerely,

*Matt Ashton*

Director of Public Health, Liverpool

*Steve Reddy*

Director of Children's Services, Liverpool City Council

# Free COVID tests for front line workers/those unable to work from home



The Rapid Response Testing Vehicle (RRTV) will be at Lifestyles Everton Park for 3 days, offering free Lateral Flow Tests for those who are symptom free in the Everton Ward and surrounding areas.

The RRTV will be on site at Lifestyles Everton Park, from Thursday 11th Feb – Saturday 13th Feb from 9.30am – 4pm Lifestyles Everton Park, Great Homer Street, Liverpool, L5 5PH

With many of us staying indoors it's important we're getting enough Vitamin D to help keep our bones and muscles healthy. Vitamin D is found in foods including eggs, red meat and oily fish but mainly comes from the sun. PHE advise that people not getting enough Vitamin D take a supplement of 10 micrograms (400IU) per day from October to March.

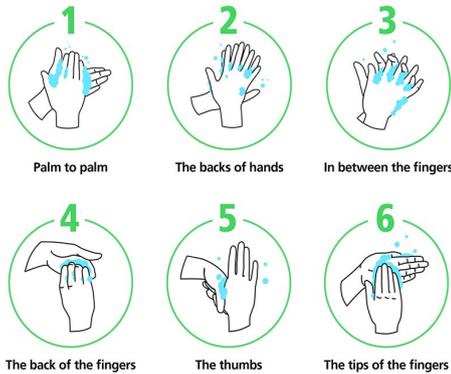


Public Health England



## Coronavirus

Wash your hands with soap and water more often for 20 seconds



Use a tissue to turn off the tap. Dry hands thoroughly.

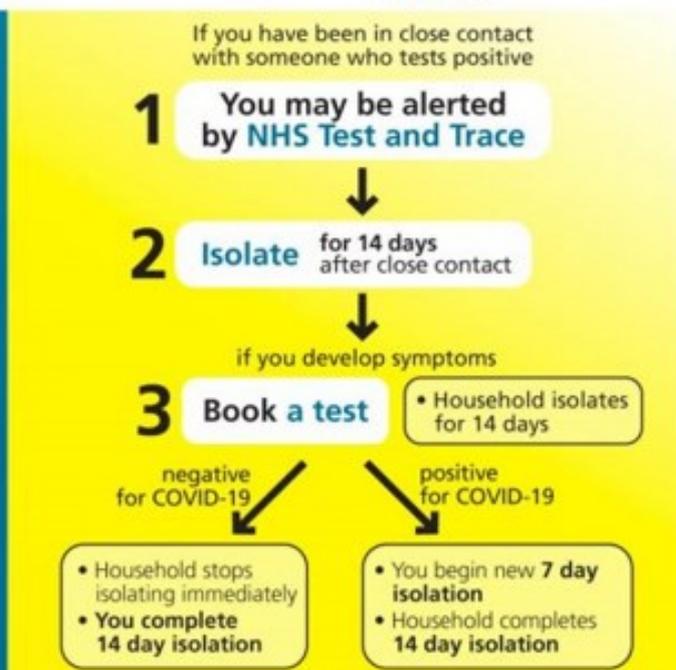
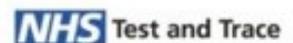
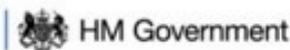


Self-isolation for contacts of people with confirmed coronavirus will be shortened from 14 to 10 days across the UK from Monday 14th December. The change will also apply to people instructed to quarantine after returning from high-risk countries. It means anyone who has been self-isolating for 10 days or more will be able to end their quarantine on Monday. The announcement comes as data shows Covid cases falling in most of England and Northern Ireland.



NHS COVID-19 app, now available to download for free in England and Wales, is the fastest way to see if you're at risk from coronavirus. The faster you know, the quicker you can alert and protect your loved ones and community.

The app has a number of tools to protect you, including contact tracing, local area alerts and venue check-in. It uses proven technology from Apple and Google, designed to protect every user's privacy. If your postcode district becomes high risk, the app will let you know – and give you advice on what action to take.





# St Michael's Catholic Primary School



## Term Dates 2020-2021



### Autumn Term 2020

**Term:** Wednesday 2<sup>nd</sup> September to Friday 18th December 2020

**Half term:** Friday 23rd October to Friday 30<sup>th</sup> October 2020

**Terms ends:** Friday 18th December 2020



### Spring Term 2021

**Term:** Tuesday 5<sup>th</sup> January 2021 - Friday 26<sup>th</sup> March 2021

**Half term:** Monday 15<sup>th</sup> February – Friday 19<sup>th</sup> February 2021

**Term ends:** Friday 26th March 2021



### Summer Term 2021

**Term:** Monday 12th April to Tuesday 20<sup>th</sup> July 2021

**Half term:** Monday 31<sup>st</sup> May to Friday 4th June 2021

**Term Ends:** Tuesday 20<sup>th</sup> July 2021

**May Bank Holiday:** Monday 3<sup>rd</sup> May 2021

### Staff Development /Training Days—School Closed for Pupils

Tuesday 1<sup>st</sup> September 2020

Friday 25<sup>th</sup> September 2020

Friday 23rd October 2020

Friday 15<sup>th</sup> January 2021

Guion Street, Liverpool, L6 9DU. 0151 263 8450 [michaels-ao@st-michaels.liverpool.sch.uk](mailto:michaels-ao@st-michaels.liverpool.sch.uk)



*'With Jesus we can **achieve** what we **dream** and **believe**'*