PEACE THOUGHTS

Wise words from Pope Francis for Lent 2021.

'Lent comes providentially to shake us out of our lethargy.'

'Do you want to fast this Lent? Then.....

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and have trust in God.

Fast from complaints and contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness and fill your hearts with joy.

Fast from selfishness and be compassionate to others.

Fast from grudges and be reconciled.

Fast from words and be silent so you can listen.'

TV WITH A CONSCIENCE

MONDAY 8.00pm C4:

BRITAIN'S COVID BILL: WHO WILL PAY?

Explores the economic cost of the pandemic and what it could mean for our futures.

TUESDAY 10.45pm ITV1: ON ASSIGNMENT

Reports from around the world including how Israel, which controls and restricts all water resources in the Occupied Palestinian Territories, plans to distribute water from the Sea of Galilee.

WEDNESDAY 10.00pm C4: ESCAPE TO THE WILD
Follows a family's search for a simpler existence in Central
America

THURSDAY 7.30pm ITV1:

ANTISOCIAL BRITAIN: TROUBLE ON OUR STREETS

Explores what can be done to help victims of anti-social behaviour.

Registered Charity 232709



THE PARISH OF ST MICHAEL AND SACRED HEART

Fr. James Nugent Pastoral Area St Michael's Church, Horne St, L6 5EH Sacred Heart Church, Low Hill, L7 8TN Tel: 0151 263 6578 Confessions: Saturday 12noon St Michael's



20th/21st February '21 1st Sunday of Lent Yr. B P.150

MASS TIMES

Monday 9.00am Sacred Heart Tuesday 9.30am St Michael Wednesday 12noon Sacred Heart Thursday 7.00pm St Michael Saturday 6.30pm Sacred Heart Sunday 10.30am St Michael

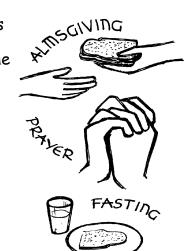
GOSPEL THOUGHTS Mark 1;12-15

Parents look after our every need and then there comes a time when we learn we are not the only one; our brothers and sisters share our parents' love and attention. We're invited to become adult and mature when we move out among the rest of the world. We discover we live among a global family as well as the family behind the front door.

Jesus, loved by his parents, discovered the wider world and, as his cousin is arrested, he steps into his place to announce

the good news. His life is to be spent among, and for others. Now aged 30yrs Jesus steps into public life. Through fasting and prayer he discovers how the love he received at home is to be shared with all those he meets.

As Lent begins we are invited to grow up and know the love God has for us has to be shared with all those we meet. This invitation comes from God and we will benefit from creating time to sit in the warmth of that love (prayer), before moving out among all those we meet.



<u>REMEMBERED</u>

...during Mass
Peter Atkinson, Doreen Laing, Kathleen McIwaine,
Barbara Furlong, Pat Ryan, John Finley
and members of our own families
who have gone before us.

SYNOD 2020-2021-2022 PROGRESS IS HAPPENING. Go on line; synod2020.co.uk

In <u>January</u> your thoughts and preferences have gone to a central Working Party. Those suggestions that are not in the power of the Archbishop to grant are collected and kept in the records. The ideas that can be sorted and planned for by our diocese and our Bishop, have been gathered and will be sent, in <u>February</u>, back to parishes so you can see and perhaps recognise how you influenced the future life of the diocese. After you have seen these proposals, the final decisions will be published in <u>March</u>. That is when we are ready for the SYNOD in <u>June</u>.

A <u>Pastoral Plan Group</u> will turn your contributions into a plan for the future development of the church in our district.

The growth of the local church will be influenced by the priorities and values of local families. <u>The Plan</u> will be given to us on the <u>1st Sunday of Advent 28th November</u> (the Church's new year)

Come Holy Spirit,
fill our hearts with wisdom, love and courage.
Guide us in prayer and action
as we journey towards Synod 2021
to become the Church you are calling us to be in 2022.
We ask this through Christ, our Lord.
Amen.

IRISH CENTRE

The Irish Centre is not open for drinks and most activities.

The Centre IS OPEN as a shop.

You can buy Irish products 7 days a week. Check opening times 263 1808 or on line, liverpoolirishcentre.org

Ring 263 1808 or on line, liverpoolirishcentre.org.uk
You need to wear a face covering and practise distancing.
They need your custom, do drop in.

LOCK DOWN GUIDANCE

The guidance for Places of Worship.
You can leave home to attend/visit a place of worship.
If you do, you should follow the protocol of
Hands, Face and Space. There must be no clustering.
This is possible because of the service of our stewards who welcome, guide and then clean the church after you have left.
The government has heard of the safe, one-way system in our churches and know you are not likely to catch anything or infect others if you visit church and strictly keep to 'One Way'.

STREAMING OF MASSES

www.liverpoolcatholic.org.uk
This also includes <u>activities for youngsters</u>.

Be careful for those you love and meet. STAY CAUTIOUS.

FUNERAL

Please pray for and think about our bereaved families who are coping with government restrictions at this time, as our parish keeps company with them.

Thursday 25th, 9.30am St Michael for Pat Ryan

RETURN TO SCHOOL After half term

Schools are NOT open except for vulnerable and front line children. Some children have returned to school. Our careful precautions are very important. 'Hands, face and space' is a call to care for each other. Our schools are amazing examples of painstaking procedures when arriving, playing, learning and eating. Our children and staff are safe.

Let us all be as conscientious!