

## Family Support Worker Information for Parents/Carers

### What is the main aim of the Family Support Worker?

The main aim of this service is to listen, support and advise.

Practical parenting strategies are offered for some of the following reasons:

- Strengthening existing parenting skills
- Managing challenging behaviour and setting boundaries
- Concerns around education including attendance, progress and homework
- Routines, mealtimes, sleep and play
- Parents becoming more involved with their child's school and learning
- Making informed choices and accessing local services

Contact Dawn

07712235811

dawn.foxon@liverpool.gov.uk

<http://>

[www.stmichaelscatholicprimary.](http://www.stmichaelscatholicprimary.co.uk/family-support-worker/)

[co.uk/family-support-worker/](http://www.stmichaelscatholicprimary.co.uk/family-support-worker/)

**Drop in sessions in school**

**every Monday 9:00-10:00 am**



**St. Michael's Catholic Primary**

Guion Street

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Family Support  
at  
St. Michael's



With Jesus we can achieve  
what we dream and believe

# What is a Family Support Worker and how can they help my family?

## What does a Family Support Worker do?

A Family Support Worker is able to offer impartial support, advice and guidance to parents/carers.

This is a School-based service that provides free support with:

- Parenting concerns
- Parenting courses
- School transition
- School attendance
- Healthy lifestyle
- Confidence building
- Mental well-being
- Relationship breakdown
- Accessing local services
- Behaviour management
- Bereavement
- School holiday activities
- Early intervention work
- Meetings with other agencies



## How does it work?

One-to-one work with parents/ carers and children including talking, listening and supporting.

Family Support Workers give support to families in many different ways including:

- Finding practical strategies with parents/carers and children to improve learning, behaviour and relationships
- Referring and signposting to local services
- Drop-in sessions every Monday 9:00-10:00 am
- Advocacy—speaking on your behalf .



## Why might you need to contact the Family Support Worker?

As parents/carers, every day a new challenge or question may arise and you may wonder what the answer or solution is.

" My child's behaviour is getting out of control"

"I'm worried about parents evening"

"I would just like someone to share my concerns with"

"I'm finding it hard to manage with my money"

Parenting is not an easy job and sometimes things can get tough.

*The Family Support Worker is here to help and point you in the right direction*

