

If you are bullied:-

DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- **TELL SOMEONE.**



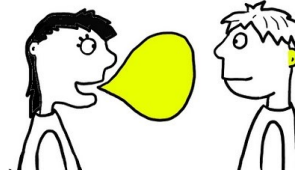
DON'T:-

- Do what they say.
- Get angry.
- Hit them.
- Think it is your fault.
- Hide it.

How do we prevent bullying?

- * School Behaviour Policy promotes positive behaviour
- * PHSE lessons & circle time activities
- * School posters remind children bullying is unacceptable & shows ways to help
- * Worry chests in all classes
- * School takes part in Anti-Bullying Week
- * School Council discuss ways to support

What should I do if I see someone else is being bullied?



- Don't walk away and ignore the bullying.
- Tell the bully to stop if it is safe to do so.
- Don't stay silent or the bullying will keep happening. Tell someone.

The Head, the Governors, the staff and the Anti-bullying Team will work together to:-

- Make our school a safe place for all. That means no bullying is allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.



St Michael's Catholic Primary School



Child Friendly Anti-Bullying Policy

Our values and beliefs

Everyone has the right to feel happy and safe at school and therefore

bullying is not acceptable!

unacceptable.

What is Bullying?

In our school a bully is someone who hurts someone more than once, by using behaviour which is meant to hurt, frighten or upset another person.



Bullying can be.....

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting hitting, pushing.

Verbal: Being teased, name calling.

Racist: Graffiti, calling you racist names.

Cyber: saying unkind things by text, e-mail and msn messenger.



When is it bullying?

Several
Times
On
Purpose

We promise to always treat bullying seriously.



Who can I tell?



- A friend
- A family member
- Teachers
- School Buddies
- Lunch time staff
- Any other adult

MOST IMPORTANTLY:-

If you are being bullied:

Start Telling Other People!

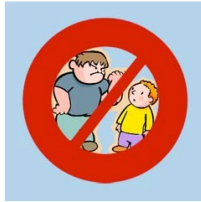


*'With Jesus we can **achieve** what we **dream** and **believe**'*



St Michael's Catholic Primary School

Anti-Bullying Charter



We at Michael's Primary School are working together to create a community where bullying is not tolerated.

We understand that Bullying is when someone makes us feel frightened by hurting us or our feelings, over a period of time.

We agree to:

- * Respect other people
- * Think before we act/talk
- * Tell someone if we are being bullied
- * Tell someone if we see bullying



Remember:

Bullying is cruel, not cool!



'With Jesus we can *achieve* what we *dream* and *believe*'



St Michael's Catholic Primary School

Behaviour Charter



At St. Michael's School we have:

- The right to be educated
- The right to be healthy
- The right to be treated fairly
- The right to be heard
- The right to be safe

Therefore we have the responsibility of:

- Being polite and respectful to adults
- Being kind to other children
- Trying to solve arguments in a calm way
- Respecting things that we own or belong to others
- Acting quietly around school
- Behaving sensibly and safely at playtimes
- Looking after the school and its grounds.

We understand that with rights, come responsibilities!



'With Jesus we can *achieve* what we *dream* and *believe*'