#### PEACE THOUGHTS

'As average citizens we may feel we can do little about the world's tensions; but we can do something about our own private hostilities by examining our attitudes towards resolving conflict.

When winning at all costs, rather than negotiating to a common satisfaction is the goal of all our assaults; when the gauntlet we throw down in every conversation is, 'This way and no other', then we strip the other person of dignity, the world of new possibilities, and ourselves of spiritual growth.

We surrender peace. In a situation like this, peace becomes the victim, turmoil the environment, and agitation the underlying state of our souls. It sacrifices everything - community, success and spiritual development in order to win. The price for such a false peace is devastating. Peace? What kind of peace is that?'

'My contribution to peace must first be the cultivation of peace within me. Etty Hillesum wrote the following from her concentration camp, 'The more peace there is in us, the more peace there will be in our troubled world.'

> 'Peace requires more than the end of hostility; it demands the rebuilding of the relationship as well.'

> > From 'We Are All One' by Sr. Joan Chittister OSB

### WORTH WATCHING

#### MONDAY 7.30pm BBC1: HAS LOCKDOWN CHANGED WHAT WE EAT?

Examines the impact of the pandemic on Britain's food sector and reveals how the ways we shop, cook and eat have been transformed.

### MONDAY 9.00pm BBC2: ONCE UPON A TIME IN IRAQ

Explores the legacy of the coalition war and its impact on Iraq's population and infrastructure.

### WEDNESDAY 9.00pm C4: LOSE A STONE IN 21 DAYS!

Informative and potentially life-saving advice!

# THURSDAY 10.45pm BBC1: INSIDE THE BRUDERHOF

Follows residents of the 300-strong radical, self-sufficient Christian community in East Sussex who have relinquished all money and possessions.

# FRIDAY 10.45pm C4: UNREPORTED WORLD: TRUMP'S HOUSEWIVES

Meets a growing movement of women who idolise President Trump, putting him at the heart of their anti-feminist, traditional family values as they work hard to get him re-elected.



## THE PARISH OF ST MICHAEL AND SACRED HEART

Fr. James Nugent Pastoral Area St Michael' Church, Horne St, L65EH Sacred Heart Church, Low Hill, L7 8TN Tel: 0151 263 6578 Confessions: Saturday 12noon St Michael's



8th/9th August '20 19th Sunday Yr A P.114

## GOSPEL THOUGHTS Matt. 14: 22-33

It is no mistake that many people who are familiar with God were shepherds. Watching sheep goes with lots of quiet time. Jesus and Elijah before him, were very busy and in the public eye. Both of them, in the Bible readings today, need and seek quiet time to be in touch with God.



Jesus struggled to get some time to himself. Time with God is important in order to get on with the task of being there for other people. Where do we encounter God?

Thanks to our team of Volunteer Stewards for giving us their time.

# MASS TIMES

Monday 9.00am Sacred Heart Tuesday 9.30am St Michael Wednesday 12noon Sacred Heart Thursday 7.00pm St Michael Saturday 6.30pm Sacred Heart Sunday 10.30am St Michael

" Yes it is safe in church and nice to be back." A Parishioner

Registered Charity 232709

### REMEMBERED

...during Mass Alana Toner, Kunburima, Kieren Bimpson, Kansan Rajeswaran Marcella Dickason, Taofik Sekoni and members of our own families who have gone before us. <u>All families, slowly venturing out</u> <u>with their 'face covering' to hand,</u> you are remembered at every Mass.

### <u>SYNOD 2020 (2021)</u>

<u>NEW SCHEDULE</u> June 2021. What were your joys and anxieties during lockdown? Your family experiences, the way society and the Church reacted will be valuable material for the SYNOD. Please send your insights to this website www.synod2020 or the parish. Your contributions will be very welcome.

### RECEPTION

A young man who was to be received into the Catholic Church at Easter time has been given permission by the Archbishop to be received at St Michael's Church. Kokou Kpeglo was presented to the parish at Mass last Sunday, and this Sunday, 9th August, he will be received into the Catholic Church and then take Holy Communion for the first time. 'Thank you, Kokou, for your faith among us'.

### HIROSHIMA & NAGASAKI REMEMBERED

Last Thursday, a group of around 40 people met in St. John's Gardens to remember the horror of the dropping of nuclear bombs on the Japanese cities, which killed hundreds of thousands of people. Moving speeches, poems, poignant testimonies, thoughtprovoking songs, a wreath laying, and a minute's silence reminded us of the horror of war and the world's desperate need to work for peace.

## CHURCH IS NOW OPEN!

Church is as safe as possible for you to visit. Please ensure that you put on a <u>face mask</u> as you arrive at church and <u>sanitize your hands</u>. We have a <u>one-way system</u> and <u>only every second bench</u> will be used to ensure that social distancing takes place. You will be guided to Communion at the end of Mass and will need to follow the one-way system out of church. <u>Social distancing</u> will mean only about 30 people at any Mass! If you can go to Mass during the week, it will take the pressure off Sunday Mass.

All arrangements are to keep you safe.

## STREAMING OF MASSES

www.liverpoolcatholic.org.uk This also includes <u>activities for youngsters</u>.

## FIRST COMMUNION FAMILIES

The Archbishop has recorded a video specially for you as you wait to celebrate the sacrament. You'll find these under, 'Prayer and Other Resources' and then 'Family Life'. at www.liverpoolcatholic.org.uk The parish catechists who prepare the children for First Communion plan to meet to work out next steps. Watch this space for further developments.

### CHURCH DOORS OPEN

...for private prayer and reflection, under strict rules, Tuesday mornings, St Michael's, 9.15am 'til 12noon. Social distancing.